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ABSTRACT

The guide lists and summarizes publications designed to help parents of children with disabilities. In the first section, publications covering general aspects of handicaps--including personal accounts of parents, early home intervention, schooling, adulthood, and additional information resources--are described. Section II presents information about specific disabilities, including autism, epilepsy, hearing handicaps, learning disabilities, mental retardation, and physical handicaps. Specific topics of interest featured in the third section include attitudes, behavior modification, genetics and genetic counseling, prevention, and sexuality and sex education. Section 4 lists books about specific handicaps designed for the younger reader. Two final sections provide references by persons with disabilities and information on journals and directories. (CL)

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## An Update to:

# A READER'S GUIDE

## For Parents of Children With Mental, Physical, or Emotional Disabilities

## 1983

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MARYLAND STATE PLANNING COUNCIL ON DEVELOPMENTAL DISABILITIES

# A Reader's Guide

for Parents of Children With
Mental, Physical, or Emotional Disabilities

by

Cory Moore
Kathryn (Peg) Gorham Morton
and
Anne Southard

Family and Community Resources
Montgomery County (Maryland)
Association for Retarded Citizens

The Maryland State Planning Council
on Developmental Disabilities
201 West Preston Street
Baltimore, Maryland 21201

1983

## DEDICATION

**A READER'S GUIDE** *is dedicated to the memory of Kathryn (Peg) Gorham Morton, one of its co-authors.*

*Peg's daughter Beckie was the youngest of her five children. Profoundly retarded, her needs directed Peg's all-too-few years in ways that have impacted on the lives and thoughts of parents and professionals throughout the community of handicapping conditions.*

*Peg was tireless in the quest that went far beyond her own. She accepted all challenges. Where there were no services, she created them. She listened and acted; she wrote and shared. Peg was a leader. She was also a warm, caring human being who strengthened all of us who knew her, a woman of unique intelligence and talent, a loving daughter, sister, aunt, a devoted wife and mother, a rare and special friend.*

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Dear Reader:

The Maryland Developmental Disabilities Council is pleased to have provided the resources for An Update to A Reader's Guide. The authors carefully have reviewed the body of literature on disabilities and have compiled the most current information available in the field. We know that their work will be a great help to families and their children with disabilities, professionals and everyone interested in people who have disabilities.

Our goal, as a task force, is to continue to provide timely, accurate information and resource materials about developmental disabilities. To that end, we would like you to help us identify any useful publications that you have found, not listed in this edition, so that they may be included in future updates of the Guide. We have provided response cards in the back of the book for you to complete and return to us.

It is our hope that A Reader's Guide will be an invaluable resource to all who use it.

Information and Communications Task Force
Maryland Developmental Disabilities Council

- Lois Shofer, Chairperson
- Rosemary DiCrispino
- Charlotte Glick
- Michelle Marlow
- Judy Volkman

## PREFACE

Many new parents approach the task of raising their children with no special preparation, yet advice, assistance, models to emulate, and other parents to talk with are abundant -- usually no further away than the house next door. Parents of children with disabilities are also unprepared for the job of raising their children, but advice, assistance, models to emulate, and other parents to talk with who have similar problems may well be far more difficult to find. And these parents unquestionably need specific knowledge, awareness, and understanding, in order to help their children grow up successfully and as physically and emotionally healthy as possible.

Raising a child who is handicapped requires more knowledge and understanding -- of the child, of oneself, and of others -- than is required in raising a child who is not handicapped. And since parents are the monitors of their child's well-being throughout life, they would do well to prepare themselves the best they can to meet this challenge. Reading about the experiences of others, learning about sources of help, and becoming familiar with what professionals are advising, are activities that can provide a bewildered parent with some of the tools that will make the job of child-rearing more successful and satisfying. This, then, is the intention of this **READER'S GUIDE.**

As parents of children with disabilities, we have clearly realized one fact -- "Ignorance is not bliss." We have learned from talking with parents of handicapped children and adults, we have drawn on our own experiences, and we have read as widely as practical. We have found reading helpful in our own effort to grow with our children. In compiling this guide, we have tried to provide the kinds of information that will make relatively simple the tasks of surveying the current literature, selecting what is of particular interest, locating it in libraries, or ordering it from publishers, organizations, or agencies.

Books in Part I are relevant to all disabilities. In this edition we have divided selections into six categories: (1) basic reading -- books about persons with disabilities and their families; (2) personal accounts -- books which are written by handicapped persons about their own lives or by parents and others describing their experiences in living or working with handicapped children; (3) books that tell how to teach, train, and play at home during the early years of a child's life; (4) books about the school years and special education; (5) books about adult years; and (6) further sources to write to for information.

Part II contains selections on specific disabilities -- autism, chronic illness, emotional and behavioral handicaps, epilepsy, hearing handicaps, hyperactivity, learning disabilities, mental retardation, multiple

handicaps, physical handicaps, speech handicaps, and visual handicaps. Again, books within each section are divided, wherever possible, into the six categories.

Part III has selections under specific topics of interest to parents, to handicapped persons, or to those who work with them. Part IV has books for children about children with handicaps. Part V is a listing of the references in **THE READER'S GUIDE** written by persons with disabilities, and Part VI contains listings of journals, directories, and indexes of organizations, authors, titles, and publishers.

We have selected books primarily on the basis of their suitability for reading by parents of children with disabilities. But as federal legislation and sound practice are causing more and more parents to participate with professionals in diagnostic and educational procedures, their need for information expands and a large body of "professional" literature becomes relevant. The problems of selection are compounded, too, by an information explosion in the field. An enormous number of books, organizations, and other resources have come into being since the 1976 edition of **THE READER'S GUIDE**. We believe this new edition offers a substantial and useful base of literature for any reader, with plenty of guideposts for further investigation. (Prices and addresses were accurate at the time of compilation; use them, also, as guideposts.)

Throughout the publication, "handicap" and "disability" are used interchangeably in their most general sense.

We would like to express our sincere appreciation to the Montgomery County (Maryland) Public Library System for all the help its staff provided, and to Katherine Yamagata, Sandy Bokelman, Joyce Glenner, Joni Goodman, and Cindy Love for their significant contributions.

Cory Moore
Kathryn (Peg) Gorham Morton
Anne Southard

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# PART I

## ALL DISABILITIES

## ALL DISABILITIES

### *BASIC READING*

*Apgar, Virginia; Beck, Joan.* **IS MY BABY ALL RIGHT?** *Trident, 1973. 492 pp. (Out of Print.)*

This informative, comprehensive and readable book describes the causes and manifestations of various birth defects -- among them cerebral palsy, cleft lip and cleft palate, hearing loss, hydrocephalus, mental retardation, spina bifida, and visual impairments.

*Batshaw, Mark L.; Perret, Yvonne M.* **CHILDREN WITH HANDICAPS, A MEDICAL PRIMER.** *Paul H. Brookes, 1981. 447 pp. $18.95.*

This textbook helps to answer questions about what might have happened before, during, or after birth to cause a developmental disability. Beginning with an introduction to genes, chromosomes, and heredity, the growth of a human being is traced. Mental retardation, cerebral palsy, epilepsy, hyperactivity, learning disabilities, autism, hearing loss, speech and language disorders, and blindness are described. Sensitive discussions, clear illustrations, and a readable style provide both basic information and insights about children with handicaps.

*Brown, Sara L.; Moersch, Martha S.* **PARENTS ON THE TEAM.** *University of Michigan Press, 1978. 192 pp. $8.50 (Paper).*

The 70's gave increasing recognition to the impact of family lifestyle and a parent's teaching style on children, whether handicapped or not. Brown and Moersch explore the possibilities of parent involvement and the benefits of parent-professional partnership in a collection of essays written by both professionals and parents.

*Buscaglia, Leo.* **THE DISABLED AND THEIR PARENTS: A COUNSELING CHALLENGE.** *Slack, 1975. 392 pp. $14.00.*

With a well-established reputation for warmth, vitality, and sensitivity among parents of children with disabilities -- especially learning disabilities -- Leo Buscaglia promises good reading. This older book is a collection of chapters on the challenge as seen by the researcher, by the family, by the person with a disability, and by the counselor; contributors are both professional and non-professional.

*Chinn, Philip C.; Winn, Joyce; Walters, Robert H.* **TWO-WAY TALKING WITH PARENTS OF SPECIAL CHILDREN.** *C. V. Mosby, 1978. 195 pp. $12.95 (Paper).*

How people communicate -- parents with children, professionals with parents, parents with each other -- is discusssed and analyzed. Some chapters are heavy with jargon (family members are "components" which

"interact") but the discussion of the feelings and needs of families who have handicapped children is enlightening, and the guidelines for good communication are helpful.

*Cohen, Shirley.* **SPECIAL PEOPLE.** *Prentice-Hall, 1977. 177 pp. $11.95; $5.95 (Paper).*

The author discusses the problems of people with disabilities in our society and points the way to a "brighter future for everyone with physical, mental, and emotional disabilities."

*Darling, Rosalyn Benjamin.* **FAMILIES AGAINST SOCIETY.** *Sage, 1979. 256 pp. $7.95 (Paper).*

The author has studied the reactions of parents to children with birth defects. She documents how, after the initial shock of the discovery of a handicap and despite the difficulties in finding professionals, family members, and friends who recognize the worth and value of their children, many parents go on to become "parental entrepreneurs," advocates for the services that their children require.

*Deppe, Philip R.; Sherman, Judith L.; Engel, Sydelle.* **THE HIGH-RISK CHILD.** *Macmillan, 1981. 198 pp. $12.95.*

This instructive guidebook shows the influence of talking directly with parents. The subjects it covers include a description of the factors that most often place a child at risk of developing a disability: heredity, fetal injury during pregnancy, and post-natal accident or illness. Other topics are genetic counseling and tests; charting developmental milestones through a child's first eight years; and how to deal effectively with the doctors, specialists, educators, and bureaucrats parents will meet.

*Featherstone, Helen.* **A DIFFERENCE IN THE FAMILY: LIFE WITH A DISABLED CHILD.** *Basic, 1980. 262 pp. $14.95. Penguin, 1982. 288 pp. $4.95 (Paper).*

An honest, remarkable book; the definitive work about how it really feels to raise a child with a severe disability. By "speaking publicly about private matters," Featherstone, both a parent and educator, has produced an important consciousness-raising guide that should help parents feel less alone and professionals appreciate the problems and pleasures of those who live with and love a child who is different.

*Gitler, David; Vigliarolo, Diane (Eds.).* **THE HANDICAPPED CHILD AND HIS FAMILY: SELECTIONS FROM A PROGRAM OF THE NEW YORK CITY AFFILIATE ASSOCIATION FOR THE CARE OF CHILDREN IN HOSPITALS.** *Institute of Rehabilitation Medicine, New York University Medical Center, 1978. 99 pp. $3.00 (Paper).*

Professionals who are sensitive to the stresses and problems so commonly faced by families with handicapped children have contributed to a

collection of conference papers that should help raise the sensitivities of others.

*Gliedman, John; Roth, William.* **THE UNEXPECTED MINORITY: HANDICAPPED CHILDREN IN AMERICA.** *Harcourt Brace Jovanovich, 1980. 525 pp. $17.95.*

In a study sponsored by the Carnegie Council on Children, the authors call for a change in attitudes toward the treatment of handicapped children and adults. They stress the need for parents to participate in any decision about their children made by professionals and to take political action when services are inadequate or when discrimination is evident. The views of handicapped individuals are effectively expressed and carry their own weight in the discussion of issues.

*Gordon, Sol.* **LIVING FULLY: A GUIDE FOR YOUNG PEOPLE WITH A HANDICAP, THEIR PARENTS, THEIR TEACHERS, AND PROFESSIONALS.** *John Day, 1975. 296 pp. $8.95.*

Sol Gordon, well-known psychologist, professor, and lecturer, has assembled contributing authors who, with him, present constructive and honest guidance. The first part of the book addresses young people with a handicap, discussing in a friendly, supportive way how they can best achieve full and happy lives. The second part, for parents and families, ranges from concerns of brothers and sisters to working through the maze of vocational rehabilitation. A "Bill of Rights for Parents" should help liberate any parent who reads it. The third part offers suggestions to professionals.

*Hobbs, Nicholas (Ed.).* **THE FUTURES OF CHILDREN.** *Jossey-Bass, 1975. 339 pp. $19.95.*

This lucid, thought-provoking report grew out of a massive study on the classification and labeling of exceptional children conducted at Vanderbilt University from 1973 to 1975. It deals with theoretical and practical aspects of labeling and presents recommendations for improving policies, services, and the delivery system so that all children are better served. The report had a major impact on the shape and substance of Public Law 94-142.

*Hobbs, Nicholas (Ed.).* **ISSUES IN THE CLASSIFICATION OF CHILDREN: A SOURCEBOOK ON CATEGORIES, LABELS AND THEIR CONSEQUENCES.** *Jossey-Bass, 1975. 1104 pp. $50.00.*

These two volumes contain papers written by the 31 task forces participating in the Vanderbilt study on the classification of children. Papers on various disabilities, schools, mental health services, experiences of parents, and the perspective of labeled children are of special interest to parents.

*Institute for Information Studies.* **LEARNING TO LIVE WITH A DISABILITY: A GUIDEBOOK FOR FAMILIES.** *Institute for Information Studies, 1980. 80 pp. $5.00 (Paper).*

The intent of this booklet is to help the families of disabled persons learn "to cope more effectively with disability and thereby minimize its disruptive impact upon the family."

*McCleary, Elliott H.* **YOUR CHILD HAS A FUTURE.** *National Easter Seal Society, 1978. 49 pp. $1.00 (Paper).*

This is a brief discussion about parenting children with disabilities, which includes dealing with feelings, the diagnosis, family life, available help, managing treatment plans, and the child's rights and opportunities.

*Menashe, Abraham (Photographer).* **INNER GRACE.** *Alfred A. Knopf, 1980. 105 pp. $8.95 (Paper).*

Striking black-and-white photographs capture the dignity, courage, and inner grace of children and adults who are mentally and physically handicapped.

*Mitchell, Joyce Slayton.* **TAKING ON THE WORLD: EMPOWERING STRATEGIES FOR PARENTS OF CHILDREN WITH DISABILITIES.** *Harcourt Brace Jovanich, 1982. 172 pp. $12.95.*

How to be a successful advocate for one's child and retain one's own self-esteem is outlined concretely and specifically. The chapters progress from "Taking on the Family World" through the medical, school, church, and bureaucratic "worlds." Parent suggestions on how to stabilize (broken heart exercises), mobilize (overcome powerlessness), and activize (making what you want happen) round out the empowering strategies.

*Murphy, Albert T.* **SPECIAL CHILDREN, SPECIAL PARENTS.** *Prentice-Hall, 1981. 198 pp. $4.95 (Paper).*

The author, a clinical psychologist and professor, calls his book "a very personal and even a sentimental journal." He uses the words of many parents with whom he has worked as a springboard for discussing their thoughts and feelings from the time of first knowing of their child's special needs.

*Office for Handicapped Individuals.* **THE WHITE HOUSE CONFERENCE ON HANDICAPPED INDIVIDUALS.** *3 Vols. 1496 pp. U. S. Government Printing Office, 1977-78. $16.50. Stock No. 040-000-00388-6.*

The results of a conference of more than 150 persons including Members of Congress, federal officials, professionals, and handicapped individuals,

are presented in this collection of working papers and recommendations for action. The ***Conference Report Summary*** can be obtained at no charge by writing to the Clearinghouse on the Handicapped, U. S. Department of Education, Room 3106, Switzer Building, Washington, D. C. 20202.

*Ozer, Mark N.* **SOLVING LEARNING AND BEHAVIOR PROBLEMS OF CHILDREN.** *Jossey-Bass, 1980. 258 pp. $18.95.*

The author asks that we abandon the traditional approach to assessment and planning in which professionals had sole responsibility without the involvement of parents or children. He recommends a system in which parents and child work with professionals to identify the child's abilities and needs in real-life terms and plan services accordingly. Interviews with children and their parents and teachers show how the system can work.

*Pearlman, Laura; Scott, Kathleen Anton.* **RAISING THE HANDICAPPED CHILD.** *Prentice-Hall, 1981. 186 pp. $10.95.*

The authors are a physical therapist and a speech/language clinician who are part of a team of professionals in a home-based parent-infant program. Their book is a compendium of ideas, suggestions, and facts that parents may draw on in raising a child with a handicap. Coping, dealing with family and friends, identifying medical problems, special education, discipline, socialization, alternative living arrangements, financial considerations, developing a good self-image, and looking at the future are among the subjects discussed.

*Perske, Robert.* **HOPE FOR THE FAMILIES: NEW DIRECTIONS FOR PARENTS OF PERSONS WITH RETARDATION OR OTHER DISABILITIES.** *Abingdon, 1981. 96 pp. $4.95 (Paper).*

Written "for families who are trying to turn a tough situation into a rich experience," this helpful, hopeful book deals simply and honestly with parents' feelings, fears, and hopes. Optimism, humor, and sound advice abound. Martha Perske's remarkable drawings add a special appeal.

*Prensky, Arthur; Palkes, Helen.* **CARE OF THE NEUROLOGICALLY HANDICAPPED CHILD.** *Oxford University Press, 1982. 331 pp. $24.95.*

The book describes normal and abnormal development, what can be expected from the various specialists parents may consult, and seven of the most common neurological disorders: epilepsy, cerebral palsy, birth defects, mental retardation, neuromuscular disease, learning disabilities and langauge disorders, and hyperactivity. It is intended to help parents be informed, ask the right questions, and define where to best apply their energies and efforts in helping their children.

*Ross, Bette M.* **OUR SPECIAL CHILD: A GUIDE TO SUCCESSFUL PARENTING OF HANDICAPPED CHILDREN.** *Walker, 1981. 242 pp. $12.95.*

The author offers sound practical advice, framed in delightful humor, based on her own 18-year experience of mothering a son with Down's syndrome. "[P]roblems remain the same. What does change are ways of looking at the problems, and ways of coping." Ross writes of workable ways of coping -- at home, in school, with professionals, with relatives, in the community, in the mainstream.

*Sherry, Paul H. (Ed.).* **LOOKS CAN KILL!** *Journal of Current Social Issues, (287 Park Avenue South, New York, New York 10010), Spring, 1979. 70 pp. $3.75 (Paper).*

This collection of articles should help readers understand the experiences of people with handicaps and their families. Topics include medical needs, education and mainstreaming, employment, attitudinal barriers, sexuality, housing and architectural design considerations, and support from the religious community.

*Smith, Barbara Gosline.* **ALTHOUGH . . . THOSE WHO OVERCAME.** *Padre Productions, 1981. 168 pp. $9.95 (Paper).*

This unique compilation of hundreds of mini-biographies of people who have overcome their disabilities is indexed by specific handicaps.

*Thain, Wilbur S.; Casto, Glendon; Peterson, Adrienne.* **NORMAL AND HANDICAPPED CHILDREN: A GROWTH AND DEVELOPMENT PRIMER FOR PARENTS AND PROFESSIONALS.** *PSG, 1980. 258 pp. $16.50.*

The authors discuss and describe the growth and development of average children and distinguish the physical, mental, motor, and neurologic growth of children with developmental disabilities and developmental delay. Specific handicapping conditions -- cerebral palsy, mental retardation, epilepsy, emotional and psychological problems, and learning disabilities -- are detailed. How to foster optimal development is explained.

*Webster, Elizabeth J.* **PROFESSIONAL APPROACHES WITH PARENTS OF HANDICAPPED CHILDREN.** *Charles C Thomas, 1976. 268 pp. $29.75.*

A number of models for parent-professional dialogue are included in this book for practicing professionals who deal with handicapped children and their families.

*Zuckerman, Lawrence; Yura, Michael T.* **RAISING THE EXCEPTIONAL CHILD: MEETING THE EVERYDAY CHALLENGES OF THE HANDICAPPED OR RETARDED CHILD.** *Hawthorn, 1979. 206 pp. $11.95.*

The authors take a close look at typical misbehaviors that may baffle the parents of children with handicaps, since it is often hard to tell what stems from the disability and what can and should be controlled. Consistency, structure, and routine are recommended, along with weekly family council meetings and a steady dose of fun as a family. Advice is based on the Dreikurs approach to child-rearing.

## PERSONAL ACCOUNTS -- FROM THOSE WHO HAVE LIVED IT

*Baum, Dale D. (Ed.)* **THE HUMAN SIDE OF EXCEPTIONALITY.** *University Park Press, 1982. 283 pp. $14.95 (Paper).*

Articles from popular magazines explore the "humanistic dimensions of handicapping conditions." The book is designed to be used as a supplement in professional training programs and includes commentaries and discussion questions on a variety of disabilities. The selections make interesting reading; many are by parents.

*Blank, Joseph P.* **19 STEPS UP THE MOUNTAIN: THE STORY OF THE DEBOLT FAMILY.** *Harper & Row, 1976. 234 pp. $9.95. Jove, $1.95 (Paper).*

Bob and Dorothy DeBolt are the remarkable couple who are raising 19 children, six of their own and 13 others, whom they have adopted or assumed guardianship for. They have established a home in which normal and severely handicapped children develop their capabilities in an atmosphere of love, humor, and discipline. Their story is full of sentiment (but not sentimentality), problems, and triumphs.

*Bowe, Frank.* **COMEBACK.** *Harper & Row, 1981. 172 pp. $12.50.*

**COMEBACK** introduces the reader to "six people with varying disabilities whose lives . . . exemplify the simple but remarkable fact that disabled people can." The six are a political activist, a sex counselor, a poet/director of community relations, a busboy, a theoretical physicist, and a neurochemist. Their disabilities are loss of vision, childhood polio, deaf-blindness, mental retardation, amyotrophic lateral sclerosis, and loss of hearing.

*Campling, Jo (Ed.).* **IMAGES OF OURSELVES: WOMEN WITH DISABILITIES TALKING.** *Routledge & Kegan Paul, 1981. 140 pp. $9.75 (Paper).*

This is a collection of thoughts and personal insights from 25 English women, ranging in age from 17 to 75, from a variety of backgrounds, with many different disabilities. They talk about their experiences, relationships, sexuality, motherhood, education, employment, and, most significantly, their own attitudes and the attitudes of others toward disability.

*Jones, Ron.* **THE ACORN PEOPLE.** *Abingdon, 1978. 76 pp. $4.95 (Paper). Bantam. $1.75 (Paper).*

Ron Jones relates the experiences of his group of handicapped children at a summer camp. The children grow together, give themselves a name, conquer a mountain, participate in a water extravaganza, and captivate the reader. A touching, funny, and inspiring account.

*Orlansky, Michael D.; Heward, William L.* **VOICES: INTERVIEWS WITH HANDICAPPED PEOPLE.** *Charles E. Merrill, 1981. 263 pp. $8.95 (Paper).*

Fifty-three randomly-selected persons were interviewed -- almost half have physical handicaps, 9 have a visual impairment, 8 are mentally retarded, 8 have hearing impairments. They talk about themselves: their lives, their disabilities, their personal relationships, their frustrations, their victories, and their dreams.

*Roth, William.* **THE HANDICAPPED SPEAK.** *McFarland, 1981. 211 pp. $15.95.*

The author has interviewed a number of people with different disabilities. All of them are articulate and perceptive in sharing their thoughts about themselves, their lives, their reactions, and, in some instances, the more global perspectives of their experiences. The author's comments indicating the pressing need for changes in public policy are direct and thoughtful.

*Turnbull, Ann P.; Turnbull, III, H. Rutherford (Eds.).* **PARENTS SPEAK OUT: VIEWS FROM THE OTHER SIDE OF THE TWO-WAY MIRROR.** *Charles E. Merrill, 1979. 210 pp. $8.50 (Paper).*

The contributors to this book are all professionals in special education or other areas of work with handicapped children and their families. Each is also the parent of a child with a handicap. As professionals they see the weaknesses and follies of fellow professionals, as well as their strengths; as parents they have experienced the problems encountered by other parents of handicapped children. They plead for bridging the gap between parent and professional. Their candor in relating their own

experiences as parents reveals the need for understanding and assistance to a far greater degree than is commonly provided by professionals. (A 1984 update is planned).

*Wakefield, Tom.* **SOME MOTHERS I KNOW: LIVING WITH HANDICAPPED CHILDREN.** *Routledge & Kegan Paul, 1978. 93 pp. $10.95.*

Writing because some parents wanted him to, British teacher and author Tom Wakefield selected four mothers, taped interviews, and had them describe what they feel about their handicapped children. Good sense and humor pervade. As one mother says, "[A]ccepting cuts out a lot of worry, you know." More good reading by Wakefield is contained in an earlier book, *Special School*, from the same publisher.

*Zola, Irving Kenneth (Ed.).* **ORDINARY LIVES.** *Applewood, 1982. 221 pp. $12.95.*

This is an interesting collection of stories, poems, and excerpts from books by people who have lived with a disability or chronic disease. The selections all deal with coping and living day to day, "the human condition."

## THE EARLY YEARS -- HOW TO TEACH, TRAIN, AND PLAY AT HOME

*Amdur, Jeanette R. (Ed.).* **KITCHENER-WATERLOO INFANT STIMULATION PROGRAM.** *The United Church of Canada, 1978. 122 pp. $5.00.*

This collection of activities for stimulating the development of delayed children from infancy through 2 or 3 years of age was developed by a team of parents and professionals. Activities are sequenced and easy to follow.

*Baker, Bruce L.; Brightman, Alan J.; Heifetz, Louis J.; Murphy, Diane M.* **STEPS TO INDEPENDENCE: A SKILLS TRAINING SERIES FOR CHILDREN WITH SPECIAL NEEDS.** *Research Press, 1977-79. Books in the series, each containing fewer than 100 pages, $7.95 (Paper).*

This is behavior modification at its best -- attractively presented, easy to follow, almost guaranteed to work. Titles include *Early Self-Help Skills, Intermediate Self-Help Skills, Toward Independent Living, Advanced Self-Help Skills, Toilet Training, Speech and Language: Level 1, Speech and Language: Level 2, Behavior Problems.* The books are written for parents to use at home.

*Bluma, Susan M.; Shearer, Marsha S.; Frohman, Alan J.; Hilliard, Jean M.* **PORTAGE GUIDE TO EARLY EDUCATION: PARENT EDITION.** *The Portage Project, 1977. 324 pp. $12.00 (Paper).*

A curriculum guide for teaching children from birth through age 5, developed especially for parents, describes what to do with babies and small children in the areas of infant stimulation, socialization, language development, self-help skills, cognitive and motor development. Checklists are provided for each area. The Portage Project also issued *Parent Readings*, designed to help parents learn to be better managers of their children's behavior. Amusing cartoons make some points better than words could.

*Bowman, Mary; Calkin, Abigail B.; Grant, Patrick A.* **EATING WITH A SPOON: HOW TO TEACH YOUR MULTIHANDICAPPED CHILD.** *Ohio State University Press, 1975 (Rev. Ed.). 110 pp. $5.95 (Paper).*

The authors provide a commonsense approach to teaching eating skills to a child who has coordination difficulties, muscular weakness, or general delay of mental or motor functions.

*Butler, Dorothy.* **CUSHLA AND HER BOOKS.** *The Horn Book, 1981. 128 pp. $15.00; $12.50 (Paper).*

Born with hearing and visual impairments, poor motor control, and suspected mental retardation, Cushla progressed to above average intellect. Books were read to her daily from the time she was four months old.

*Caldwell, Bettye; Stedman, Donald (Eds.)* **INFANT EDUCATION: A GUIDE FOR HELPING HANDICAPPED CHILDREN IN THE FIRST THREE YEARS.** *Walker, 1977. 167 pp. $9.95; $8.95 (Paper).*

This collection of articles will be useful to parents who want to learn about the work done throughout the country by infant educators.

*Gordon, Ira J.* **BABY LEARNING THROUGH BABY PLAY.** *St. Martin's Press, 1970. 121 pp. $8.95; $4.95 (Paper).*
*Gordon, Ira J.; Guinagh, Barry; Jester, R. Emile.* **CHILD LEARNING THROUGH CHILD PLAY.** *St. Martin's, 1972. 116 pp. $5.95 (Paper).*

These two books describe games to enhance development while providing fun for child and parents. Although directed to the nonhandicapped child, both of these books are easily adapted to the child with a handicap.

*Hartman, Harriet.* **LET'S PLAY AND LEARN: AN ACTIVITY BOOK FOR PARENTS AND YOUNG CHILDREN.** *Human Sciences Press, 1976. 138 pp. $11.95 (Paper).*

This is a collection of teaching games for parents to play with their young children -- handicapped or nonhandicapped.

*Jeffree, Dorothy M.; McConkey, Roy; Hewson, Simon.* **LET ME PLAY.** *State Mutual, 1977. 252 pp. $20.00.*

All kinds of play -- exploratory, energetic, skillful, social, imaginative, and "puzzle-it-out" -- are related to children's levels of development. Appropriate games and activities using commonplace or home-made toys are described. This book and its companion volume, *Let Me Speak*, (Taplinger, $7.95), are goldmines of information for parents of young and severely handicapped children. Both are written in an easy style, with good, clear instructions.

*Jordan, June B.; Hayden, Alice H.; Karnes, Merle B.; Wood, Mary M.* **EARLY CHILDHOOD EDUCATION FOR EXCEPTIONAL CHILDREN: A HANDBOOK OF IDEAS AND EXEMPLARY PRACTICES.** *Council for Exceptional Children 1977. 320 pp. $10.00 (Paper).*

This is a collection of articles by expert educators of infant and preschool-aged children with handicaps. The authors trace the history and development of quality early childhood programs.

*Junior League of Spartanburg.* **THE COOK BOOK.** *Junior League of Spartanburg, 1977. 46 pp. $9.95 (Paper).*

Pictures illustrate nutritious meals, table settings, cooking techniques, meal planning and simple recipes. Color-coded measuring cups and spoons are provided with the booklet. Methods have been pretested with children with various disabilities, as well as with young, nonhandicapped children.

*Karnes, Merle B.* **CREATIVE GAMES FOR LEARNING.** *Council for Exceptional Children, 1977. 153 pp. $8.50 (Paper).*

This notebook gives directions for 50 games to make and play with young children and suggestions for their adaptation for use with handicapped children. Clear instructions and illustrations show how to construct each game from simple materials, how to use the game, what learning purpose it serves, variations to promote learning in other areas, and suggestions for easy storage. Useful for teachers and parents.

*Koch, Jaroslav.* **TOTAL BABY DEVELOPMENT.** *Wyden, 1976. 351 pp. $10.95. Pocket Books, $3.95 (Paper).*

This book offers 333 exercises and games suitable for use during the first year of a baby's life. For parents who can't squeeze it all in, the author provides a mini-program.

*Kolucki, Barbara.* **SHARING THE STREET: ACTIVITIES FOR ALL CHILDREN.** *Community Educational Services Division, Children's Television Workshop, 1978. 96 pp. $2.00 (Paper).*

Sesame Street is for every child. This workbook describes activities designed to help nonhandicapped children understand and appreciate the special child, and to help the special child make the most of his abilities. Activities can be conducted by anyone who works with disabled children; the book is divided into sections dealing with sight, sound, feel, and sensitivity. Concepts of self-esteem, cooperation, and cultural diversity are included in each activity and are illustrated by the familiar Muppet characters from the TV program.

*Lévy, Janine.* **THE BABY EXERCISE BOOK.** *Pantheon, 1973. 111 pp. (Out of Print.)*

A well-written manual, illustrated with photographs, describes simple exercises to use with babies at various developmental stages spanning the first 15 months.

*Mather, June.* **LEARNING CAN BE CHILD'S PLAY: HOW PARENTS CAN HELP SLOWER-THAN-AVERAGE PRESCHOOL CHILDREN LEARN AND DEVELOP THROUGH PLAY EXPERIENCES.** *Abingdon, 1976. 63 pp. $3.95 (Paper).*

Play activities that can start in infancy and continue through early childhood are presented.

*Mayer, Colleen A.* **UNDERSTANDING YOUNG CHILDREN** (Series). *ERIC Clearinghouse on Elementary and Early Childhood Education, 1974. 5 booklets, $7.00/set; $1.75 each for first two titles if ordered individually; $1.25 each for other three titles if ordered individually (Paper).*

The series of booklets offers practical, easy-to-read suggestions for working with nonhandicapped and handicapped young children. Titles are *The Handicapped Child in the Normal Preschool Class; Emotional and Behavioral Development and Disabilities; Learning Development and Disabilities; Language Development and Disabilities;* and *Intellectual Development and Disabilities.*

*Millman, Joan; Behrmann, Polly.* **PARENTS AS PLAYMATES: A GAMES APPROACH TO PRESCHOOL YEARS.** *Human Sciences Press, 1979. 139 pp. $9.95 (Paper).*

This imaginative collection of activities is planned to help parents turn "ticklish times into enriching ones" for themselves and their preschoolers.

*Mollan, Renée.* **YES THEY CAN! A HANDBOOK FOR EFFECTIVELY PARENTING THE HANDICAPPED.** *Reality Productions, 1981. 104 pp. $11.95 (Paper).*

The aim of this pleasant and informal handbook is to give parents some keys to guide a child with a handicap toward independence and responsibility. The author is a speech pathologist who has worked with children and their families; her message is a good one.

*Rogovin, Anne.* **LET ME DO IT!** *John Day, 1980. 152 pp. $14.95. Crowell, $7.95 (Paper).*

Geared to children, parents, home, and fun -- this book describes more than 300 projects to solve the problem of "nothing to do." The ideas are for activities using low-cost, easily available materials. The book is charmingly illustrated with photographs of handicapped and nonhandicapped children at play and at work.

*Sparling, Joseph; Lewis, Isabelle.* **LEARNINGAMES FOR THE FIRST THREE YEARS: A GUIDE TO PARENT/CHILD PLAY.** *Walker, 1979. 226 pp. $14.50.*

The authors point out that since the real beginning of learning starts very early -- long before the school years -- and since parents are natural teachers of their children, knowing how to make more learning occur becomes essential. Activities for building trust, showing feelings, making sounds, and playing games with words and toys are prescribed for each age level. Plentiful photographs illustrate the activities.

*Sternlicht, Manny; Hurwitz, Abraham.* **GAMES CHILDREN PLAY: INSTRUCTIVE AND CREATIVE PLAY ACTIVITIES FOR THE MENTALLY RETARDED AND DEVELOPMENTALLY DISABLED CHILD.** *Van Nostrand Reinhold, 1981. 117 pp. $12.95.*

This sourcebook of games designed to stimulate the senses, improve abilities, and foster the development of logical reasoning and judgment, as well as encourage a sense of humor, creativity, and imagination, offers valuable and pleasant encouragement for parent interaction with their children.

## SCHOOL YEARS -- SPECIAL EDUCATION

*Anderson, Winifred; Chitwood, Stephen; Hayden, Deidre.* **NEGOTIATING THE SPECIAL EDUCATION MAZE.** *Prentice-Hall, 1982. 156 pp. $16.95; $7.95 (Paper).*

A practical, useful, step-by-step guide, based on a training program to teach parents to be educational advocates, explains how to plan, secure, and oversee a child's special education.

*Arena, John.* **HOW TO WRITE AN I.E.P.** *Academic Therapy Publications, 1978. 95 pp. $4.50 (Paper).*

This is a clear and simple handbook, as useful to parents as it is to teachers, which presents all the basic information on the process of developing Individualized Educational Plans for children with disabilities.

*Barnes, Ellen; Eyman, Bill; Bragar, Maddy.* **TEACH AND REACH.** *Human Policy Press, 1977 (Rev. Ed.). 200 pp. $7.00 (Paper).*

A very lively format and a lot of information make this book one of the best and most useful for teachers and for parents who want to help teachers be good advocates for children with disabilities.

*Blatt, Burton; Biklen, Douglas; Bogdan, Robert (Eds.).* **AN ALTERNATIVE TEXTBOOK IN SPECIAL EDUCATION: PEOPLE, SCHOOLS AND OTHER INSTITUTIONS.** *Love, 1977. 402 pp. $12.00.*

Authorities Blatt, Biklen, Bogdan, and others set down issues that special educators and parents alike ought to be thinking about more than they do. The effect on the people involved of institutionalization, of labeling, of segregation, of handicapism (stereotyping, prejudice, and discrimination aimed at persons with disabilities) are laid out for scrutiny. How and where the service system and the people in it can change are also described. Stimulating reading.

*Borba, Michele; Borba, Craig.* **SELF-ESTEEM: A CLASSROOM AFFAIR.** *Winston, 1978. 136 pp. $7.95 (Paper).*

This charming, helpful book was written to show teachers how to build a child's sense of achievement in the classroom. It is a companion volume to *Self-Esteem: A Family Affair.*

*Brolin, Donn E.; Kokaska, Charles J.* **CAREER EDUCATION FOR HANDICAPPED CHILDREN AND YOUTH.** *Charles E. Merrill, 1979. 433 pp. $22.95.*

The authors view career education as a "whole life process." They describe the concept and its development, and present competencies in daily living skills, personal-social skills, and occupation guidance and

preparation that can be taught in home, school, and community. This readable textbook contains much useful information for parents from a developing historical perspective as well as on a day-to-day practical basis.

*Cutler, Barbara Coyne.* **UNRAVELING THE SPECIAL EDUCATION MAZE.** *Research Press, 1981. 300 pp. $7.95 (Paper).*

The author, a parent, educator, trainer, and advocate, understands well why parents dealing with the special education system often fail to participate effectively. She understands, too, that problems in special education are the result of an inadequate organization of services and not a lack of commitment by school personnel. Parents can become effective advocates for change; this book points directions.

*Haring, Norris G. (Ed.).* **BEHAVIOR OF EXCEPTIONAL CHILDREN.** *Charles E. Merrill, 1978 (2nd Ed.). 479 pp. $14.95.*

This text is especially attractive, well illustrated, and useful to parents who want to learn about the field of special education. It reviews the traditional categories of disabilities, but it also presents the stages of development from infancy to adulthood. The great differences among the levels of handicapping conditions are interwoven. Throughout the book there are vignettes of children in model programs, profiles of outstanding theoreticians and practitioners of special education, and descriptions of the major parent and professional organizations. Unusually lively reading for a textbook.

*Heward, William L; Dardig, Jill C.; Rossett, Allison.* **WORKING WITH PARENTS OF EXCEPTIONAL CHILDREN.** *Charles E. Merrill, 1979. 299 pp. $18.95.*

This is a text designed to teach professionals to utilize parents as equal partners in dealing with handicapped children. A book long overdue, it should be helpful to both the professional and the parent. There is extensive discussion of behavior management, with emphasis on continuing cooperation between teachers and parents. Suggestions on home management are specific and useful.

*Jordan, June B. (Ed.).* **EXCEPTIONAL STUDENTS IN SECONDARY SCHOOLS.** *Council for Exceptional Children, 1978. 120 pp. $8.75 (Paper).*

Parents often "drop out" of communication with the schools when their children are of age to attend secondary schools. But their watchful involvement is just as necessary then, if not more so. Very little is written about the problems to watch for and the roles parents can play at that stage in their child's education. Although written for teachers and administrators, this CEC publication lays out essential issues and deals with the role of parents.

*Kappelman, Murray M.; Ackerman, Paul.* **BETWEEN PARENT AND SCHOOL.** *Dial, 1977. 296 pp. $8.95.*

Dealing effectively with the variety of professionals who staff a school system requires that parents know what to expect, what questions to ask, and how to help bring about solutions to problems that are likely to arise. Parents cannot afford to stand by and assume that no errors will be made and no problems will need solving. This book tells who staffs a school, what their jobs are, and how to use them as allies. Parents' and children's rights and the various disabilities are among other topics covered.

*Klein, Stanley D.* **PSYCHOLOGICAL TESTING OF CHILDREN: A CONSUMER'S GUIDE.** *Psy-Ed Corporation, 1978. 41 pp. $4.95 (Paper).*

Articles on psychological testing that first appeared in *The Exceptional Parent* are gathered together in this publication. Easily understood, the collection should help parents who need to know what testing can and cannot accomplish.

*Lillie, David L.; Place, Patricia A.* **PARTNERS: A GUIDE TO WORKING WITH SCHOOLS FOR PARENTS OF CHILDREN WITH SPECIAL INSTRUCTIONAL NEEDS.** *Scott Foresman, 1982. 106 pp. $7.50 (Paper).*

This helpful, easy-reading workbook/guide, with pages perforated and three-hole punched for easy filing, has nine training sections with clear objectives and exercises that test the fundamental knowledge acquired concerning helping children with special needs receive the appropriate education that is due them. It stresses the need for a positive attitude on the part of parents in working with a school system.

*Markel, Geraldine; Greenbaum, Judith.* **PARENTS ARE TO BE SEEN AND HEARD: ASSERTIVENESS IN EDUCATIONAL PLANNING FOR HANDICAPPED CHILDREN.** *Impact, 1979. 145 pp. $3.00 (Paper).*

The goal of this handbook is to create knowledgeable parents who can communicate what they know and want for their disabled children, parents who can assert themselves as authoritatively as school personnel so often do. Skills in verbal and nonverbal (body language) communication, listening, and note-taking are discussed.

*School, Beverly A.; Cooper, Arlene.* **THE IEP PRIMER.** *Academic Therapy Publications, 1981 (Rev. Ed.). 129 pp. $6.00 (Paper).*

Intended to help teachers design individual programming that conforms to the requirements of the law, this handbook includes a brief but good chapter giving tips for parents.

*Seligman, Milton.* **STRATEGIES FOR HELPING PARENTS OF EXCEPTIONAL CHILDREN: A GUIDE FOR TEACHERS.** *The Free Press, 1979. 240 pp. $14.95.*

Parent-educator Seligman has studied the literature on counseling parents of children with disabilities; he also writes from his own personal and professional experience. The book offers practical, sensible guidelines for improving relationships between parents and teachers. The author is unusually sensitive to parents' feelings and needs.

*Simon, Sidney B.; O'Rourke, Robert D.* **DEVELOPING VALUES WITH EXCEPTIONAL CHILDREN.** *Prentice-Hall, 1977. 140 pp. $7.95 (Paper).*

Work with emotionally disturbed and learning disabled children in a special school in Colorado led to this enthusiastic sharing of ways to help children make choices, act on their convictions, and introduce more understanding into their lives. Ideas and strategies are thoughtful and imaginative.

*Wilson, Nancy O.* **PARENTS' GUIDE TO "TEACHERESE."** *Special Child Publications, 1981. 94 pp. $7.50 (Paper).*

Those words and phrases used by professionals in the processes of diagnosis and remediation of a child's disability are defined. This informal sourcebook will be helpful to parents trying to understand or decode messages and school records.

## SPECIAL EDUCATION -- RIGHTS UNDER PUBLIC LAW 94-142

*Martin, Reed.* **EDUCATING HANDICAPPED CHILDREN: THE LEGAL MANDATE.** *Research Press, 1979. 179 pp. $8.95 (Paper).*

This readable book discusses the various laws and court cases mandating education for handicapped children. Questions about what constitutes an "appropriate" education are clarified in the context of court precedents. This book is helpful in clarifying the elusive meanings of "appropriate" education and "least restrictive environment", among other concepts.

*Mopsik, Stanley I.; Agard, Judith A. (Eds.).* **HANDBOOK FOR PARENTS OF HANDICAPPED CHILDREN.** *Abt Books, 1980. 282 pp. $22.50 (Paper).*

This handbook opens with chapters describing the persons and places where help can be found in the course of rearing a child with a handicap and the legislation and litigation which figure most prominently in establishing the rights of persons with disabilities. The major portion is devoted to a lucid, very detailed explanation of what can and should take place as parents and teachers guide children with special needs through the educational process. Assessment, evaluation, IEPs, special placements, related services, due process, and all the other mandates of Public Law

94-142 will no longer seem difficult to fathom after reading Judith Agard's chapters on them. The book concludes with an outline of techniques for "changing the system" -- lobbying techniques for administrative or legislative reforms.

*Shrybman, James A.* **DUE PROCESS IN SPECIAL EDUCATION.** *Aspen, 1982. 512 pp. $37.00.*

For parents who find they must go beyond partnership with school systems and obtain rights for their child in a due process hearing, this comprehensive, well-organized sourcebook will provide answers to all their questions.

*Yohalem, Daniel; Dinsmore, Janet.* **94-142 AND 504: NUMBERS THAT ADD UP TO EDUCATIONAL RIGHTS FOR HANDICAPPED CHILDREN, A GUIDE FOR PARENTS AND ADVOCATES.** *Children's Defense Fund, 1978. 47 pp. $1.75 (Paper).*

This booklet offers a clear explanation of rights, mandated procedures in evaluation, placement, development of individualized educational programs, and due process. Resources to help parents advocate for their children are listed.

## SPECIAL EDUCATION -- MAINSTREAMING

*Aiello, Barbara (Ed.).* **MAKING IT WORK: PRACTICAL IDEAS FOR INTEGRATING EXCEPTIONAL CHILDREN INTO REGULAR CLASSES.** *Council for Exceptional Children, 1975. 112 pp. $5.50 (Paper).*

Two sections of this collection will be especially interesting to parents. One is practical advice to teachers on "Preparing Children for a Handicapped Classmate" from Elizabeth Pieper, who fought long and hard to have her own physically handicapped child educated with nonhandicapped children. The other offers Barbara Aiello's interviews with teachers, parents, and students who are involved in mainstream education.

*Barnes, Ellen; Berrigan, Carol; Biklen, Douglas.* **WHAT'S THE DIFFERENCE? TEACHING POSITIVE ATTITUDES TOWARD PEOPLE WITH DISABILITIES.** *Human Policy Press, 1978. 165 pp. $6.00 (Paper).*

This how-to-do-it guide to teaching positive attitudes about the handicapped is "must" reading for parents and teachers. But -- as the authors point out -- what's really required is doing the activities, not merely reading about them. Although designed to help children in the classroom understand and accept those with disabilities, the activities may also be useful for siblings, neighbors, and friends.

*Fairchild, Thomas N.; Henson, Ferris O.* **MAINSTREAMING EXCEPTIONAL CHILDREN.** *Teaching Resources Corporation, 1976. 114 pp. $6.75 (Paper).*

This is one in a series of cartoon-illustrated books for regular classroom teachers who want to prepare themselves for educating children with special needs. The cartoons are amusing and tastefully done. Parents will find this title and others in the series easy reading about important issues. Other titles (paperbound at $6.75 per book) include: *Managing the Hyperactive Child in the Classroom, Behavior Disorders: Helping Children with Behavioral Problems, Mainstreaming Children with Learning Disabilities, Mainstreaming the Mentally Retarded, Keeping in Touch with Parents -- The Teacher's Best Friends,* and *The Public Law Supporting Mainstreaming: A Guide for Teachers and Parents.*

*Hutchison, Peggy; Lord, John.* **RECREATION INTEGRATION: ISSUES AND ALTERNATIVES IN LEISURE SERVICES AND COMMUNITY INVOLVEMENT.** *Leisurability Publications, 1979. 152 pp. $9.95 (Paper).*

Two Canadian authors make convincing arguments that people of all ages with disabilities belong in the mainstream of community activities, that physical integration can help to facilitate social integration, and that with proper planning, development, and action, communities can make a significant difference in the lives of all their members. Parents can help in the process by being involved advocates, community educators, and team members with service systems; this book describes how.

*Long, Kate.* **"JOHNNY'S SUCH A BRIGHT BOY, WHAT A SHAME HE'S RETARDED": IN SUPPORT OF MAINSTREAMING IN PUBLIC SCHOOLS.** *Houghton Mifflin, 1977. 361 pp. $10.00; $4.95 (Paper).*

The author uses a fictional story of a warm, sensible special education supervisor to dramatize the painful effects on children of labeling and placement in segregated schools and classes. The book is interspersed with chapters giving information about the issues involved in mainstreaming. Altogether, the result is a very engrossing work in support of integrating children as much as possible with their nonhandicapped peers.

*Neff, Herbert; Pilch, Judith.* **TEACHING HANDICAPPED CHILDREN EASILY: A MANUAL FOR THE AVERAGE CLASSROOM TEACHER WITHOUT SPECIALIZED TRAINING.** *Charles C Thomas, 1976. 256 pp. $16.50.*

This is a sound, sensible, and very practical argument for including children with mild and moderate learning and behavior problems in the regular classroom. It is free of jargon, informal in style, and full of information that should motivate and reassure both teachers and parents.

*Pappanikou, H. J.; Paul, James L. (Eds.).* **MAINSTREAMING EMOTIONALLY DISTURBED CHILDREN.** *Syracuse University Press, 1977. 139 pp. $9.95.*

Thoughtful arguments concerning the problems and benefits of mainstreaming an emotionally disturbed child into the regular classroom are presented. The book discusses the perils of wholesale mainstreaming as well as the advantages of selective mainstreaming.

*Reynolds, Maynard C.; Birch, Jack W.* **TEACHING EXCEPTIONAL CHILDREN IN ALL AMERICA'S SCHOOLS.** *Council for Exceptional Children, 1982 (Rev. Ed.) 559 pp. $19.95 (Paper).*

For parents interested in the fullest possible range of information on mainstreaming children with any handicapping condition, this book is both complete and readable.

## WHEN CHILDREN BECOME ADULTS

*Appleby, Judith A.* **TRAINING PROGRAMS AND PLACEMENT SERVICES.** *Olympus, 1978. 358 pp. $16.95.*

Parents of severely handicapped children who are looking ahead to the adult years may find this compendium of 152 vocational training and placement programs throughout the country a useful reference book. The major features of each program are briefly described and where to write for more detailed information is included. Program descriptions are grouped by region.

*Bowe, Frank.* **REHABILITATING AMERICA: TOWARD INDEPENDENCE FOR DISABLED AND ELDERLY PEOPLE.** *Harper & Row, 1980. 203 pp. $11.95.*

Bowe documents the heavy costs spent by our society to keep people dependent, costs we can no longer afford. He makes a compelling argument for a sensible five-step plan to turn tax users into taxpayers.

*Cook, Paul F.; Dahl, Peter R.; Gale, Margaret Ann.* **VOCATIONAL OPPORTUNITIES.** *Olympus, 1978. 163 pp. $7.95 (Paper).*

Findings are presented from a project conducted by the American Institute for Research to assess the vocational training and employment possibilities of persons with severe and permanent physical, mental, and/or emotional disabilities. Intended for those professionals who provide vocational training and job placement services, the handbook should prove useful as well to parents and advocates in assessing potential vocational opportunities and identifying particular job requirements.

*Hermann, Anne Marie C.; Walker, Lucinda.* **HANDBOOK OF EMPLOYMENT RIGHTS OF THE HANDICAPPED: SECTIONS 503 AND 504 OF THE REHABILITATION ACT OF 1973.** *RRRI-ALLB (Regional Rehabilitation Research Institute on Attitudinal, Legal and Leisure Barriers), 1978. 87 pp. $3.00 (Paper).*

This analysis of Sections 503 and 504 of the 1973 Vocational Rehabilitation Act offers both general information and specific guidelines to aid disabled people obtain and keep employment. Examples and case studies are included, with helpful suggestions for how to combat discriminatory practices in employment situations.

*Koestler, Frances A.* **JOBS FOR HANDICAPPED PERSONS: A NEW ERA IN CIVIL RIGHTS.** *Public Affairs Committee, 1978. 28 pp. $.50 (Paper).*

This informative and hopeful booklet describes the long overdue recognition by America of the rights of individuals who are handicapped and how laws have influenced their ability to participate fully in the job market.

*Levitan, Sar A.; Taggart, Robert.* **JOBS FOR THE DISABLED.** *The Johns Hopkins University Press, 1977. 129 pp. $3.50 (Paper).*

This detailed study includes a number of illustrative figures and tables as well as discussion of employment problems of people with disabilities. A description of the vocational rehabilitation system is provided. The authors challenge the current emphasis toward serving the most severely disabled population as being unrealistic in light of the realities of the labor market, suggesting, as a substitute, income support.

*Rusalem, Herbert; Malikin, David (Eds.).* **CONTEMPORARY VOCATIONAL REHABILITATION.** *New York University Press, 1976. 250 pp. $25.00.*

"Controversial" topics and ideas about vocational rehabilitation are explored by two well-known authorities in the field. Though directed to professionals and students, parents might find the discussion of these issues helpful and stimulating.

## WHERE TO WRITE FOR INFORMATION

*American Alliance for Health, Physical Education and Recreation, 1900 Association Drive, Reston, Virginia 22091.*

Publications include *Information Update, Practical Pointers,* and bibliographies on physical education, recreation, and leisure activities for persons with various handicapping conditions including multiple

handicaps. AAHPER is the home of the Information and Research Utilization Center (IRUC) which provides information on people, programs, and research in physical education and recreation.

*American National Red Cross, 431 - 17th Street, Northwest, Washington, D. C. 20006.*

Information is available on special programs for people with handicaps.

*Center on Human Policy, 216 Ostrom Avenue, Syracuse University, Syracuse, New York 13210.*

The Center provides basic information regarding legal rights, strategies for change, and community programs and services. It also supports activist groups, and issues publications, films, slide shows, and posters, with a strong emphasis on the integration of children with handicaps into the mainstream.

*Commonwealth Mental Health Foundation, 4 Marlboro Road, Lexington, Massachusetts 02173.*

Print materials include *Exploring Materials with Your Young Child with Special Needs* ($3.50) and *Home Stimulation for the Young Developmentally Disabled Child* ($3.50). Both available in Spanish.

*Consumer Information Center, Pueblo, Colorado 81009.*

The center, an arm of the Government Services Administration, distributes free and low-cost government publications by mail. The Consumer Information Center Catalog lists over 200 current publications on a variety of subjects. Some are related to handicapping conditions and their management.

*Coordinating Council for Handicapped Children, Parent Information Center, 407 South Dearborn Street, Chicago, Illinois 60605.*

Free publications include *Special Education (P.L. 94-142); No Discrimination/No Barriers/Sec. 504, Rehabilitation Act of 1973, P.L. 93-112; Tax Exemptions and Deductions; Supplementary Security Income (SSI),* and others, some of which carry a reasonable charge.

*Council for Exceptional Children, 1920 Association Drive, Reston, Virginia 22091.*

Members receive two journals, *Exceptional Children* and *Teaching Exceptional Children*, and a newsletter, *Update*. CEC has a State-Federal Information Clearinghouse for Exceptional Children where one can obtain information on legislation and litigation. CEC publishes extensively. Be sure to ask for its publications list. Among its titles is a useful

reference called *Getting the Buck to Stop Here: A Guide to Federal Resources for Special Needs.* It is also the home of the Educational Resources Information Center Clearinghouse on Handicapped and Gifted Children (ERIC), a comprehensive information center on areas including research, programs, evaluation methods, administration, services, teacher education, parent education and counseling, and curricula. Ask for a listing of its *Exceptional Child Bibliography Series.* CEC has special divisions in each of the following categories: Behavioral Disorders, Communication Disorders, Learning Disabilities, Early Childhood, Mental Retardation, Physically Handicapped, and Visually Handicapped.

*THE EXCEPTIONAL PARENT, Phys-Ed Corporation, Suite 700, Statler Office Building, 20 Providence Street, Boston, Massachusetts 02116.*

Besides its bimonthly journal, *The Exceptional Parent*, which is very helpful reading for any parent of a handicapped child, TEP offers reprints of many useful articles. It also has a bookstore through which some of the current books for parents can be ordered at a small discount. A free brochure describes the bookstore and the magazine. It includes a directory of private and government agencies serving children with disabilities and their families.

*HEATH RESOURCE CENTER, American Council on Education, One Dupont Circle, Washington, D. C. 20036.*

HEATH (Higher Education and The Handicapped) Resource Center is the national clearinghouse on postsecondary education for people with disabilities. It circulates a newsletter, *INFORMATION FROM HEATH*, a resource directory, and free fact sheets and information packets.

*The John F. Kennedy Institute for Handicapped Children, Nutrition Division, Room 20, 707 North Broadway, Baltimore, Maryland 21205.*

A package of information that describes nutritional factors for children with developmental disabilities and suggests clinical strategies is called *Eating For Good Health* ($5.50). It is intended for both families and health professionals.

*Loma Linda University, School of Medicine, Department of Pediatrics, Loma Linda, California 92354.*

This university has published a series of pamphlets called *An Introduction to Your Child*, each of which provides basic information on a handicapping condition. Individual titles (at 50 cents each) include *Down Syndrome, Phenylketonuria, Mental Retardation, Cerebral Palsy, Epilepsy, Hydrocephalus, Hearing Impairment, Cystic Fibrosis, Hyperkinesis, Speech Disorder,* and *Asthma.*

*March of Dimes Birth Defects Foundations, 1274 Mamaroneck Avenue, White Plains, New York 10605.*

Publication lists include pamphlets for the general public and professional education material. One successful pamphlet is called *Be Good to Your Baby Before it is Born: What To Do and What To Expect During Pregnancy.*

*National Adoption Resource Exchange, 67 Irving Place, New York, New York 10003.*

NARE is dedicated to finding adoptive families for exceptional children and to breaking down barriers that prevent children with disabilities from being adopted. Publications include *Adoption Report* and *Waiting Children.*

*National Association of State Directors of Special Education (NASDSE), 1201 - 16th Street, Northwest, Washington, D. C. 20036.*

The organization's publication list includes some items useful for parents. *Liaison Bulletin* is its newsletter.

*National Committee, Arts for the Handicapped, 1701 K Street, Northwest, Suite 801, Washington, D. C. 20006.*

NCAH puts out a bimonthly newsletter called *Rainbows*, which provides information on model projects, research and training programs, curriculum materials, resource people, and special projects pertaining to arts for handicapped children and youth.

*National Committee for Citizens in Education, Suite 410, Wilde Lake Village Green, Columbia, Maryland 21044.*

NCCE is an education-advocacy organization committed to improving education for all children by increasing parent-citizen participation in the public schools. It is the home of the Parents' Network, open to any individual or groups interested in participating. The national newsletter is called *Network*, and every issue contains some item of interest to parents of children with disabilities. The organization has a toll-free number (800-NET-WORK) for parents to call when their "child's school system is more system than school". Send for the list of publications. Some of the most popular titles include *The Rights of Parents in the Education of Their Children; Parents Organizing to Improve Schools; The School Budget: It's Your Money, It's Your Business;* and *Parents Can Understand Testing.*

*National Easter Seal Society, 2023 West Ogden Avenue, Chicago, Illinois 60612.*

Many publications, lists of pamphlets, bibliographies on various disabilities, journals, and organizations are available through the NESS

library service. The monthly journal is entitled *Rehabilitation Literature*. The organization sponsors workshops, conferences, and advocacy programs.

*National Endowment for the Arts, 2401 E Street, Northwest, Washington, D. C. 20506.*

One of its many purposes is to promote overall accessibility of the arts to handicapped persons. Send for its *Guide to Programs*.

*National Endowment for the Arts, Arts and Special Constituencies Project, 1419 - 27th Street, Northwest, Washington, D. C. 20507.*

The project provides information and referral services to make arts programs and facilities more accessible to handicapped people.

*National Information Center for Educational Media (NICEM), University of Southern California, University Park, Los Angeles, California 90007.*

NICEM provides information on a wide variety of instructional materials that can be used in classrooms to educate handicapped children. Bibliographies on many handicapping conditions are available at $3 to $5 each.

*National Information Center for Handicapped Children and Youth, 1555 Wilson Boulevard, Rosslyn, Virginia 22209.*

Established in 1982, NICHCY provides publications about specific disabilities, addresses of parent organizations and disability related groups on a national, state, and local level, resource information, and newsletters.

*National Information Center for Special Education Materials, University of Southern California, University Park, Los Angeles, California 90007.*

The center issues a *Catalog of Special Education Materials*, information on publications and audio-visual materials related to education for handicapped children, bibliographies on a variety of topics, and a quarterly newsletter called *The Directive Teacher*.

*National Library Service for the Blind and Physically Handicapped, Library of Congress, Washington, D. C. 20542.*

Ask for the publications list and the listing of regional libraries. The free library service for talking-books, tapes, and other aids extends to those with learning disabilities and other impairments that impede ability to learn from the printed word.

*National Rehabilitation Association, 633 South Washington Street, Alexandria, Virginia 22314.*

Send for general information on rehabilitation services. The Association's quarterly journal is called *Journal of Rehabilitation*. The *NRA Newsletter* is published bimonthly.

*National Rehabilitation Information Center, 4407 - 8th Street, Northeast, Catholic University of America, Washington, D. C. 20064.*

Information on research reports, bibliographies, and computer searches are available. A two-volume report on housing for disabled persons, called *Freedom of Choice: Report to the President and to the Congress on Housing Needs of Handicapped Individuals*, is available at no charge.

*National Therapeutic Recreation Society, National Recreation and Park Association, 1601 N. Kent Street, Arlington, Virginia 22209.*

Information on specialized programs for the handicapped is provided.

*Parentele, 1301 East 38th Street, Indianapolis, Indiana 46205.*

This national coalition, conceived, organized, and operated by volunteer parents and friends of those with special needs, was designed to provide a linkage between parent groups and facilitate the sharing of current information which crosses geographic boundaries and diagnostic labels. They do this through their quarterly newsletter, *The Crisscross*. Write for a sample copy and membership information.

*Parenting Materials Information Center, Southwest Education Development Laboratories, 211 East Seventh Street, Austin, Texas 78701.*

General information on parenting as well as special materials on raising a handicapped child are available.

*Parents' Campaign for Handicapped Children and Youth/Closer Look, 1201 - 16th Street, Northwest, Washington, D. C. 20036.*

Write for their extensive list of booklets, fact sheets, lists of resources, guides to helpful reading, and newsletter reprints. All their fine publications are written "to inform and encourage parents, professionals, disabled adults, and others who are concerned about handicapped people." Parents new to the world of developmental disability will get parent-to-parent comfort and advice from *One Step at a Time* ($2.00) and *Practical Advice to Parents* ($2.00).

*President's Committee on Employment of the Handicapped, Washington, D. C. 20210.*

The following publications are among those available free of charge from PCEH: *Getting through College with a Disability, "Job-Ready" Handicapped Americans are Finding More Business Acceptance, Halfway is a Long Way,* and *Rehabilitation for Independent Living: A Selected Bibliography.* PCEH also puts out lively and informative newsletters called *Tips and Trends in the Employment of Mentally Handicapped People* and *Special Report*, as well as a monthly journal called *Disabled U.S.A.* All are free of charge.

*Public Affairs Committee, 381 Park Avenue South, New York, New York 10016.*

Public Affairs pamphlets have been a source of basic information on widely varied topics for many years. Titles of interest to parents of handicapped children include *Helping the Handicapped Teenager Mature; Help for Your Troubled Child; Helping Children Face Crises; Recreation for Disabled Persons;* and *Jobs for Handicapped Persons: A New Era in Civil Rights.* Each pamphlet costs fifty cents.

*Regional Rehabilitation Research Institute on Attitudinal, Legal, and Leisure Barriers (RRRI-ALLB), George Washington University, 603 Park Lane Building, 2025 Eye Street, Northwest, Washington, D. C. 20052.*

Pamphlets, brochures, and bibliographies are available for a reasonable charge on law and disability, human sexuality, leisure and recreational opportunities for disabled persons, and attitude-changing.

*Special Learning Corporation, 42 Boston Post Road, Guilford, Connecticut 06437.*

The Special Learning Corporation puts out a series of "Readings" on all disabilities and in all areas of special education. Send for the free list of titles. Each book presents a smorgasbord of views. The price is $10.95 each. Among the 60 or more titles are *Readings In: Special Education; Diagnosis and Placement; Mainstreaming; Dyslexia; Hyperactivity; Language and Writing Disorders; Down's Syndrome; Individualized Education Programs;* and *Emotional and Behavioral Disorders.*

*United Cerebral Palsy Association, Governmental Activities Office, Suite 141, Chester Arthur Building, 425 I Street, Northwest, Washington, D. C. 20001.*

*Word from Washington*, with information on legislation important to all disabled children and adults, is prepared and distributed by UCPA.

***United States Government.***

For general information about U. S. Government programs serving disabled persons, write: Clearinghouse on the Handicapped, U. S. Department of Education, Office of Special Education and Rehabilitative Services, Washington, D. C. 20202. The Government also has within its vast structure a number of sources of information of interest to parents of children with disabilities. Write to any of the following agencies and request publications lists. Generally, single copies of pamphlets, reports, and monographs are free.

*U. S. Department of Education, Office of Special Education and Rehabilitative Services, Clearinghouse on the Handicapped, Room 3106, Switzer Building, Washington, D. C. 20202.*

Publications available from the clearinghouse include *Selected Federal Publications Concerning the Handicapped; Federal Assistance for Programs Serving the Handicapped; The White House Conference on Handicapped Individuals: Summary of Final Report; Resource Guide: Recreation and Leisure for Handicapped Individuals;* and *Youth Volunteers and the Disabled: Getting It Together.* A free bimonthly newsletter is called *Programs for the Handicapped.*

*U. S. Department of Education, Rehabilitation Services Administration, 330 C Street, Southwest, Washington, D. C. 20202.*

RSA provides general information on rehabilitation programs and a listing of state Vocational Rehabilitation offices. It also publishes the bimonthly *American Rehabilitation.*

*U. S. Department of Health and Human Services, Office of Human Development Services, 200 Independence Avenue, Southwest, Washington, D. C. 20201.*

*Human Development News*, a tabloid published eight times a year, reports on activities of the Administrations for Children, Youth, and Families and Developmental Disabilities, as well as other components of OHDS. To obtain a copy, write to *Human Development News*, Room 356-G, HHH Building, at the address above. A HDS publications list is also available.

*U. S. Department of Health and Human Services, Office of Human Development Services, Administration for Children, Youth, and Families, 400 - 6th Street, Southwest, Washington, D. C. 20201.*

*Children Today*, a bimonthly magazine for parents and people who work with children, publishes articles about children with handicaps and their families. Other ACYF publications discuss many aspects of child development and topics of concern to parents. Titles include *Child Development in the Home, A Handicapped Child in Your Home,* and *Young Children and Accidents in the Home.* Two Head Start series, available only

through the Government Printing Office, offer useful information to parents: *Mainstreaming Preschoolers*, about young children with handicaps, and *Caring for Children*, directed to staff of child care facilities.

*U. S. Department of Health and Human Services, Office of Human Development Services, Administration on Developmental Disabilities, 330 Independence Avenue, Southwest, Washington, D. C. 20202.*

Publications include *What Are Developmental Disabilities?* Upon request, the Administration provides a listing of state agencies and state protection and advocacy services that offer legal advocacy to persons with disabilities and their families.

*U. S. Department of Health and Human Services, Public Health Service, Alcohol, Drug Abuse, and Mental Health Administration, National Clearinghouse for Mental Health Information, 5600 Fishers Lane, Rockville, Maryland 20857.*

The clearinghouse distributes many publications, including the *Caring about Kids* series: *Dyslexia, Helping the Hyperactive Child, Stimulating Baby Senses,* and *Talking to Children about Death;* and the *Plain Talk* series: *Plain Talk About -- Dealing with the Angry Child, Learning Disabilities, Raising Children* and *Stress.* Other titles are *Labeling the Children* and *Mental Health Matters: Child Mental Health.* Single copies can be ordered free of charge. Subject files maintained at the clearinghouse include the following topics: autism, mental illness, child mental health, death and grief, genetics, group therapy, and rehabilitation for mentally restored persons.

*U. S. Department of Health and Human Services, Public Health Service, Health Services Administration, Bureau of Community Health Services, 5600 Fishers Lane, Rockville, Maryland 20857.*

BCHS has a number of brochures and pamphlets on health problems, including sickle cell anemia, phenylketonuria (PKU), and sudden infant death syndrome. Among them are *Management of Newborn Infants with PKU, PKU and the Schools, So I Have the Sickle Cell Trait, Crib Death -- Sudden Infant Death Syndrome, Rubella, Books That Help Children Deal with a Hospital Experience* by Anne Altshuler, and *Learning Together: A Guide for Families with Genetic Disorders.* Single copies are free.

*U. S. Department of Health and Human Services, Public Health Service, National Institute of Child Health and Human Development, Office of Research Reporting, Bethesda, Maryland 20205.*

Pamphlets for the general reader include *Developmental Dyslexia and Related Reading Disorders.* Most publications are for professionals.

All Disabilities

*U. S. Department of Health and Human Services, Public Health Service, National Institute of Neurological and Communicative Disorders and Stroke, Office of Scientific and Health Reports, 9000 Rockville Pike, Bethesda, Maryland 20205.*

Titles of publications for the general public include the *Hope Through Research* series: *Aphasia, Cerebral Palsy, Epilepsy, Hearing Loss, Muscular Dystrophy, Learning Disabilities Due to Minimal Brain Dysfunction,* and *Spina Bifida.* Fact Sheets explain many disorders, including *Autism* and *Hydrocephalus.* Monographs, reports and bibliographies for professionals are also available.

*U. S. Department of Housing and Urban Development, Washington, D. C. 20410.*

Write to the Office of Independent Living for the Disabled, Room 9106, for information and publications. Two useful pamphlets are *Changing Environments for People With Disabilities* and *Pathways to Independent Living.*

*U. S. Government Printing Office, Superintendent of Documents, Washington, D. C. 20402.*

The GPO distributes the monthly *Selected U. S. Government Publications*, which lists some available pamphlets and reports by topic. The GPO has developed an index of over 270 subject bibliographies that list publications on a single subject or field of interest. The *Index*, subject bibliographies, and price lists are free of charge. *Price List 36* covers government periodicals and subscription services. Titles of special interest include *Least Restrictive Alternatives for Handicapped Students* (Stock No. 017-080-01953-1), which describes mainstreaming approaches to vocational education, and *Job Placement and Adjustment of the Handicapped* (Stock No. 017-080-01970-1), a bibliography. The Head Start series are *Caring for Children*, which includes booklets priced from 45 cents to $1.00; and *Mainstreaming Preschoolers*, which includes eight reports, priced from $6.00 to $6.50.

# PART II

# SPECIFIC DISABILITIES

## AUTISM

### *BASIC READING*

*DeMyer, Marian K.* **PARENTS AND CHILDREN IN AUTISM.** *Halsted, 1979. 277 pp. $17.95.*

This is an important study which followed up the development of 155 autistic children and their families and compared them with matched families with normal and retarded children from birth through adolescence to adulthood. The book contains very complete information on what parents of autistic children may expect during the growth of their child. Chapters deal with problems of speech and communication, feeding, toilet training, sleeping, social behavior and discipline, effects of autism on the other members of the family, and finding and using professional services and treatment. The text is clearly written and provides valuable insights and information for parents of autistic children.

*Morgan, Sam B.* **THE UNREACHABLE CHILD.** *Memphis State University Press, 1981. 197 pp. $8.50.*

In a most readable format with illustrative examples, this book is a general introduction to the autistic child and the controversial issues surrounding him or her: definition, diagnosis, treatment techniques, prognosis, and theories regarding the cause of the disorder.

*Paluszny, Maria J.* **AUTISM: A PRACTICAL GUIDE FOR PARENTS AND PROFESSIONALS.** *Syracuse University Press, 1979. 179 pp. $9.95 (Paper).*

This is a clearly written description of the autistic syndrome, its possible causes, treatments and remedies, an overview of educational responsibilities under current law, and how to plan for the future. A chapter on the importance of parent involvement is included.

*Rutter, Michael; Schopler, Eric.* **AUTISM: A REAPPRAISAL OF CONCEPTS AND TREATMENT.** *Plenum, 1978. 552 pp. $27.50.*

Dr. Rutter presents a comprehensive overview of current knowledge of the autistic syndrome. Sections include contributions on social and psychological characteristics, psychological studies, biological investigations and treatments, family characteristics, psychotherapy, biological and behavioral treatments, education, and follow-up.

*Wing, Lorna M.* **AUTISTIC CHILDREN: A GUIDE FOR PARENTS AND PROFESSIONALS.** *Citadel, 1974. 157 pp. $3.95 (Paper).*

This is a lucid, sympathetic guide, by a world-renowned authority, to the condition of autism in children. Behaviors are described and autism is

compared with and distinguished from other childhood handicaps and problems. A wealth of practical suggestions are offered to parents in the management and education of their autistic children. An earlier work, *Early Childhood Autism: Clinical, Educational and Social Aspects,* is still available from Pergamon Press for $12.75.

## PERSONAL ACCOUNTS -- FROM THOSE WHO HAVE LIVED IT

*Betts, Carolyn.* **LABEL ME JEFF.** *(Available from The National Society for Children and Adults with Autism), 1979. 113 pp. $4.50 (Paper).*

The author gives an honest, tough-minded description of her attempt to raise a severely disturbed son, her struggles to control his behavior, to find a proper school, and to obtain help for the child and for herself.

*Greenfeld, Josh.* **A PLACE FOR NOAH.** *Washington Square, 1978. 310 pp. $2.50 (Paper).*

This is a continuation of the painfully honest, often angry, diary of Josh Greenfeld's life with his autistic son, Noah, begun in his previous book, *A Child Called Noah* (1970). The compelling account covers Noah's life from age 5 through 11.

*Park, Clara Claiborne.* **THE SIEGE.** *Atlantic-Little, Brown, 1982. 328 pp. $14.95; $8.95 (Paper).*

This is a mother's absorbing and inspiring account of her family's attempt to lay siege to the invisible fortress surrounding their autistic daughter. This new edition includes an epilogue, written fifteen years after their story was first told.

## *THE EARLY YEARS -- HOW TO TEACH, TRAIN, AND PLAY AT HOME*

*Bachrach, Ann W.; Mosley, Ada R.; Swindle, Faye L.; Wood, Mary M.* **DEVELOPMENTAL THERAPY FOR YOUNG CHILDREN WITH AUTISTIC CHARACTERISTICS.** *University Park Press, 1978. 185 pp. $18.50.*

The authors lay out by specific areas a curriculum for teaching and managing autistic children. Classroom and at-home activities are outlined, and explicit directions are given for parents to help their pre-schoolers. Parent involvement is strongly recommended and educational strategies are clearly described.

*Kozloff, Martin A.* **REACHING THE AUTISTIC CHILD: A PARENT TRAINING PROGRAM.** *Research Press, 1973. 245 pp. $9.95.*

The author reviews theories and therapies and presents in detail a parent training program employing behavior modification. Four case histories are included.

*Luce, Stephen C.; Christian, Walter P.* **HOW TO REDUCE AUTISTIC AND SEVERELY MALADAPTIVE BEHAVIORS.** *H & H Enterprises, 1981. 37 pp. $4.00 (Paper).*

The manual identifies procedures that can be used to reduce a variety of maladaptive child behaviors with examples for readers to analyze.

## *THE SCHOOL YEARS -- SPECIAL EDUCATION*

*Everard, Margaret P. (Ed.).* **AN APPROACH TO TEACHING AUTISTIC CHILDREN.** *Pergamon, 1976. 158 pp. $17.75; $7.00 (Paper).*

Written for the National Society for Autistic Children, this book presents practical information for teachers and others who are concerned with methods of teaching and behavior management of autistic children. A useful chapter on the autistic child at home contains reviews of books about children written by their parents.

*Furneaux, Barbara; Roberts, Brian (Eds.).* **AUTISTIC CHILDREN: TEACHING, COMMUNITY AND RESEARCH APPROACHES.** *Routledge & Kegan Paul, 1977. 193 pp. $17.95; $7.95 (Paper).*

British authors write about the problems of training and educating the autistic child. Schools and educational practices in Britain and America are described.

*Harris, Sandra L.* **TEACHING SPEECH TO A NON-VERBAL CHILD.** *H & H Enterprises, 1976. 78 pp. $4.90 (Paper).*

Behavior modification techniques are used to teach communication skills. Two case histories illustrate the techniques. Specific step-by-step instructions are given for parent training.

*Kaplan-Fitzgerald, Karen.* **REACH ME, TEACH ME: A PUBLIC SCHOOL PROGRAM FOR THE AUTISTIC CHILD. A HANDBOOK FOR TEACHERS AND ADMINISTRATORS.** *Academic Therapy Publications, 1977. 80 pp. $5.00 (Paper).*

The author outlines a comprehensive program for teaching autistic children in a public school, giving explicit guidelines for the maximum number of children per classroom teacher, classroom environment, qualifications of the teacher, types of support services needed, and parent participation. Curriculum objectives are listed and specific activities are described to

fulfill them. Parent participation is considered essential in the educational process, and a section is included describing what parents can contribute to the school program and what educational activities can be conducted at home.

*Oppenheim, Rosalind C.* **EFFECTIVE TEACHING METHODS FOR AUTISTIC CHILDREN.** *Charles C Thomas, 1974. 116 pp. $11.50.*

The author, a director of the Rimland School for Autistic Children, presents teaching ideas and techniques gleaned from 13 years of working with initially nonverbal autistic children. The book was written for teachers, and is highly recommended for parents, too, because of its clear and usable approach.

***WHERE TO WRITE FOR INFORMATION***

*American Alliance for Health, Physical Education and Recreation, 1900 Association Drive, Reston, Virginia 22091.*

The AAHPER distributes a publication which contains useful information for parents or professionals called *Physical Education, Recreation and Related Programs for Autistic and Emotionally Disturbed Children.* Write for this and other publications on autism.

*Autism Services Center, 101 Richmond Street, Huntington, West Virginia 25702.*

ASC is a private, nonprofit agency established to offer information, technical assistance, advocacy, and professional training through a roster of associates and consultants who are educators, therapists, researchers, and parent-professionals. Write for information on services and costs.

*Benhaven, 9 St. Ronan Terrace, New Haven, Connecticut 06511.*

Benhaven, a school for autistic children, circulates several publications including *Benhaven's Manual for Handling Severe Agression and Self-Abuse.* Write for names and prices.

*Institute for Child Behavior Research, 4157 Adams Avenue, San Diego, California 92116.*

The primary purpose of the Institute is to conduct research on methods of preventing, diagnosing, and treating children with severe behavioral disorders, particularly infantile autism and childhood schizophrenia. It serves as a link between parents and researchers, accepting case study referrals from either parents or from professionals with parents' permission. Through its newsletter and reports it disseminates research findings. Write for its publications list and book list. Dr. Bernard Rimland is the Institute's director.

*NSAC--The National Society for Children and Adults with Autism, 1234 Massachusetts Avenue, Northwest, Washington, D. C. 20005.*

Through its information and referral service, NSAC provides answers to questions about autism, treatment, education, and other services, about advocacy, about state and federal laws pertaining to the child with autism, state and federal programs, and other information. It also offers a free job exchange for people working in the field of autism. The list of books available directly from the Society is growing. Write and request a price list. A good, basic pamphlet available is Lorna Wing's *Children Apart: Autistic Children and Their Families. How They Grow: A Handbook for Parents of Young Children With Autism* is a 1980 publication. Newsletters to members are *NSAC Advocate* and *NSAC Communicator*.

*Special Learning Corporation, 42 Boston Post Road, Guilford, Connecticut 06437.*

Selected articles on autism are collected in *Readings in Autism,* updated periodically. $10.95.

*U. S. Department of Health and Human Services, National Clearinghouse for Mental Health Information, Public Inquiries Section, 5600 Fishers Lane, Rockville, Maryland 20857.*

Ask for *New Light on Autism and Other Puzzling Disorders of Childhood.* Single copies are free.

*U. S. Department of Health and Human Services, National Institute of Neurological and Communicative Disorders and Stroke, Bethesda, Maryland 20205.*

Ask for the pamphlet called *Fact Sheet Autism,* free of charge.

*U. S. Government Printing Office, Superintendent of Documents, Washington, D. C. 20402.*

Send for Report No. 3 in the Parent-Child Program series called *Parents as Co-Therapists with Autistic Children.* Order Stock No. 017-024-00840-1. ($.90).

*University of Minnesota, Special Education Programs, 150 Pillsbury Drive, S.E., Minneapolis, Minnesota 55455.*

Request *Autism Sourcebook for Parents and Professionals* by Bruce Balow and Guynel Reid which provides an overview of autism, a bibliography on teaching language, self-help and socialization skills, and motor coordination, a listing of films, video and audio tapes on autism, and a directory of agencies concerned with autistic children.

## CHRONIC ILLNESS

### *BASIC READING*

*Baker, Lynn S.* **YOU AND LEUKEMIA: A DAY AT A TIME.** *W. B. Saunders, 1978 (Rev. Ed.). 205 pp. $7.95 (Paper).*

This book is addressed to children. It contains a wealth of information for parents as well about leukemia, its cause, treatments, and complications, and offers help in learning how to adapt and live with the disease.

*Cooper, Irving S.* **LIVING WITH CHRONIC NEUROLOGIC DISEASE: A HANDBOOK FOR PATIENTS AND FAMILY.** *W.W. Norton, 1976. 318 pp. $8.95; $4.95 (Paper).*

Dr. Cooper offers practical advice on what a family can do to understand and help the patient with chronic neurologic disease, and what the patient can do to help himself, select and relate to a physician, understand his condition and its treatment, deal with chronic pain, and find out where to seek help.

*Court, John M.* **HELPING YOUR DIABETIC CHILD.** *Taplinger, 1975. 223 pp. $8.95; $4.95 (Paper).*

Specifically written for parents of diabetic children, this book gives a broad, illustrated summary of information about the disorder, a detailed description of the treatment, and a final section answering questions commonly asked by diabetic children and adolescents. Appendices give information concerning foods, diets, recipes, and a list of summer camps for children with diabetes. A most helpful book.

*Magrab, Phyllis R. (Ed.).* **PSYCHOLOGICAL MANAGEMENT OF PEDIATRIC PROBLEMS, Vol. I: EARLY LIFE CONDITIONS AND CHRONIC DISEASES.** *University Park Press, 1978. 349 pp. $24.95.*

This is a collection of excellent articles on the psychological care of children with various chronic handicapping conditions and their families. The book is addressed to physicians, but is so clearly written and jargon-free that the lay reader can enjoy the text and benefit from the descriptions of first-rate standards of sensitive pediatric care.

*McCollum, Audrey T.* **THE CHRONICALLY ILL CHILD.** *Yale University Press, 1981. 273 pp. $25.00; $5.95 (Paper).*

This sensitive guide for the family of a child with acute or chronic illness or disability offers sound practical advice and supportive insights into feelings and attitudes. Family relationships, methods of

helping the child deal with the challenges of his illness at various ages, and sources of help are explored. An earlier version was titled *Coping With Prolonged Health Impairments in Your Child.*

*Schulman, Jerome L.* **COPING WITH TRAGEDY: SUCCESSFULLY FACING THE PROBLEM OF A SERIOUSLY ILL CHILD.** *Follet, 1976. 335 pp. (Out of Print).*

The author, a child psychiatrist, deals with the tragedy of severe childhood illness by interviewing parents and professionals who have coped with the situation in constructive ways. Coping techniques vary, but certain characteristics such as good self-concept and ability to avoid a sense of guilt seem to help a parent adjust to the presence of childhood illness or handicap.

*Travis, Georgia.* **CHRONIC ILLNESS IN CHILDREN: ITS IMPACT ON CHILD AND FAMILY.** *Stanford University Press, 1976. 565 pp. $25.00.*

The author examines the effect of long-term illness on the child and the family and describes supports that families and professionals can use to deal with problems of stress, pain, separation, depression, prolonged hospitalization, and death.

## *PERSONAL ACCOUNTS — FROM THOSE WHO HAVE LIVED IT*

*Massie, Robert; Massie, Suzanne.* **JOURNEY.** *Alfred A. Knopf, 1975. 417 pp. $12.50.*

Written specifically about hemophilia, the chronic, debilitating disease with which their son lives, these articulate, involved parents have much to say to families of children with any handicapping condition. A substantial and memorable book.

*Murray, J. B.; Murray, Emily.* **AND SAY WHAT HE IS: THE LIFE OF A SPECIAL CHILD.** *MIT Press, 1975. 232 pp. $12.00.*

This is the poignant story of the life and death of a child with an undefined degenerative disease told in diary and letter-excerpt form by his parents. Compelling and intensely real.

*Weisman, Mary-Lou.* **INTENSIVE CARE.** *Random House, 1982. 306 pp. $13.95.*

The life of a family whose youngest member lives with muscular dystrophy until his death in his fifteenth year is recounted. His mother presents an intense, remarkable picture of real people, true happenings, and honest emotions.

***WHERE TO WRITE FOR INFORMATION***

*Asthma and Allergy Foundation of America, 19 West 44th Street, New York, New York 10036.*

The AAFA distributes a number of basic brochures of interest: *Questions and Answers about Asthma and Allergic Diseases, Allergy in Children, Handbook for the Asthmatic, Tips for Teachers: The Allergic Child* and brochures on hay fever, skin allergies, allergy to molds, foods, drugs, and insect stings.

*American Cancer Society, 777 Third Avenue, New York, New York 10017.*

Publications include reports on cancer incidence in children and the proceedings of a national conference on childhood cancer, a collection of technical papers. A sensitive and reassuring pamphlet called *On Caring for the Patient With Cancer* is as applicable to children as it is to the adults for whom it was written.

*American Heart Association, 7320 Greenville Avenue, Dallas, Texas 75231.*

Among the pamphlets distributed by the Association are *You, Your Child and Rheumatic Fever* and others on heart surgery, congestive heart failure, and heart attack.

*Arthritis Foundation, 3400 Peachtree Road, Northeast, Atlanta, Georgia 30326.*

The Foundation provides information on local chapters, answers inquiries from individuals, and distributes brochures and pamphlets on the many conditions falling under the general rubric of arthritis and rheumatism.

*Association for the Care of Children's Health, 3615 Wisconsin Avenue, Northwest, Washington, D. C. 20016.*

This organization advocates for hospitalized children and for more humanizing health care for children and their families. The Association also provides information on such topics as preparation of a child for hospitalization, emotional care, environments for children, and parenting education. Send for a listing of local affiliates, publications, and bibliographies. Three pamphlets are *The Chronically Ill Child and Family in the Community, Preparing Your Child for Repeated or Extended Hospitalizations,* and *Activities for Children With Special Needs.*

*Candlelighters Foundation, 123 C Street, Southeast, Washington, D. C. 20003.*

Formed in 1976 by parents "dedicated to the conquest of cancer," the Foundation promotes self-help groups, puts parents in touch with other parents for support, and works to improve the quality of information

available to parents of children with cancer. Its quarterly newsletter offers book reviews, information on research in progress, and commonsense suggestions to parents for handling children's crises. Information on Candlelighters groups in states and localities is also available.

*Cystic Fibrosis Foundation, 6000 Executive Boulevard, Suite 309, Rockville, Maryland 20852.*

The organization distributes free of charge several booklets and brochures: *Questions and Facts about Cystic Fibrosis and Children's Lung-Damaging Diseases, A Teacher's Guide to Cystic Fibrosis,* and *Living with Cystic Fibrosis: A Guide for the Young Adult.*

*Juvenile Diabetes Foundation, 23 East 26th Street, New York, New York 10010.*

The organization was founded in 1970 by parents of diabetic children who were determined that a cure for diabetes be found through research. There are chapters throughout the United States. Send for a basic pamphlet called *What You Should Know About Juvenile Diabetes.*

*Loma Linda University, School of Medicine, Department of Pediatrics, Loma Linda, California 92354.*

Loma Linda publishes a series of pamphlets called *An Introduction to Your Child Who Has . . .,* each of which provides basic information on a handicapping condition. Titles include *Hydrocephalus, Cystic Fibrosis, Phenylketonuria, Asthma, Congenital Heart Disease,* and *Leukemia.*

*March of Dimes Birth Defects Foundation, 1275 Mamaroneck Avenue, White Plains, New York 10605.*

The March of Dimes publishes an *International Directory of Genetic Services* which lists medical centers providing genetic counseling and analyses of genetic conditions. Public education pamphlets and brochures include *Birth Defects -- Tragedy and Hope, Questions and Answers on Birth Defects, Spina Bifida and Hydrocephalus, Are You Positive About Your RH Blood Factor?,* and *Tay-Sachs Disease -- A Birth Defect.*

*Muscular Dystrophy Association, 810 Seventh Avenue, New York, New York 10019.*

The MDA answers individual inquiries and sends brochures, bibliographies, and abstracts. Basic brochures include *Milestones in Muscle Disease Research, MDA Services to the Patient, the Family, the Community, Around the Clock Aids for the Child with Muscular Dystrophy,* and fact sheets on *Friedreich's Ataxia,* the *Myotonias, Myotonic Dystrophy,* and *Periodic Paralysis.*

*National Association for Sickle Cell Disease, 3460 Wilshire Boulevard, Los Angeles, California 90010.*

Send for a brochure entitled *How to Help Your Child to "Take It in Stride": Advice for Parents of Children with Sickle Cell Anemia,* a pamphlet called *Fact Sheet on Sickle Cell Trait and Anemia,* and other information.

*National Hemophilia Foundation, 19 West 39th Street, Room 1204, New York, New York 10010.*

Write to the foundation for *Your Child and Hemophilia: A Manual for Parents* (available in Spanish, also), *The Hemophiliac Child in School,* a brochure for teachers and other school personnel, *The Psychological Aspects of Hemophilia* and *What You Should Know about Hemophilia,* all free of charge.

*National Kidney Foundation, 2 Park Avenue, New York, New York 10016.*

The Kidney Foundation distributes a large number of public education pamphlets which are sent on request. Titles include: *Questions Parents Ask about Nephrosis, Your Kidneys -- Master Chemists of the Body,* and *Polycystic Kidney Disease.*

*National Multiple Sclerosis Society, 205 East 42nd Street, New York, New York 10017.*

Good basic booklets available from the NMSS include *What Everyone Should Know about Multiple Sclerosis, Living with MS: A Practical Guide,* and *Nutrition and MS.*

*National Tay-Sachs Foundation and Allied Diseases Association, 122 East 42nd Street, New York, New York 10017.*

The organization puts out a list of Tay-Sachs test centers in the United States, Canada, and other countries called *Test Center Directory and Guide.* Ask for basic pamphlets entitled *Consider the Odds* and *Tay-Sachs: Are You Gambling with Your Family's Future?*

*U. S. Department of Education, Office of Special Education and Rehabilitative Services, Clearinghouse on the Handicapped, Room 3106, Switzer Building, Washington, D. C. 20202.*

The clearinghouse answers inquiries from individuals about government programs, legislation, and voluntary and consumer organizations concerned with handicapped children and adults. The 1982 edition of its *Directory of National Information Sources on Handicapping Conditions and Related Services,* designed for use by information and service providers, offers very complete descriptions of the purposes and functions of hundreds of

organizations, all of which in turn provide information to the individual inquirer.

*U. S. Department of Health and Human Services, Public Health Service, Health Services Administration, Bureau of Community Health Services, 5600 Fishers Lane, Rockville, Maryland 20857.*

BCHS has a number of pamphlets on health problems for parents and the general public. Among them are *Books that Help Children Deal with a Hospital Experience* by Anne Altshuler, *Crib Death -- Sudden Infant Death Syndrome, Diet Management of PKU for Infants and Preschool Children, Learning Together -- A Guide for Families with Genetic Disorders, PKU and the Schools, Rubella,* and *So I Have the Sickle Cell Trait.* Single copies are free.

*U. S. Department of Health and Human Services, Public Health Service, Health Services Administration, Bureau of Community Health Services, National Clearinghouse for Human Genetic Diseases, 805 Fifteenth Street, Northwest, Suite 500, Washington, D. C. 20005.*

The *Human Genetics Informational and Educational Materials* catalog and its supplements are distributed by the clearinghouse free of charge. Books, brochures, pamphlets, journal articles, and audio-visual materials are listed for the various chronic diseases and genetic disorders, along with information on the organizations or publishers that distribute them.

## EMOTIONAL AND BEHAVIORAL HANDICAPS

### *BASIC READING*

*Arieti, Silvano.* **UNDERSTANDING AND HELPING THE SCHIZOPHRENIC: A GUIDE FOR FAMILY AND FRIENDS.** *Basic Books, 1974. 239 pp. $12.95.*

A look at schizophrenia written for the layman by a distinguished psychiatrist discusses the causes and warning signs of schizophrenia and typical manifestations of the condition. The book gives practical suggestions for the patient's family and friends.

*Bernheim, Kayla F.; Lewine, Richard J.* **SCHIZOPHRENIA: SYMPTOMS, CAUSES AND TREATMENTS.** *W.W. Norton, 1979. 256 pp. $19.95; $7.95 (Paper).*

This well-written book proposes to provide a broad understanding of schizophrenia, its symptoms, its causes, its treatment, and prognosis. An interesting section is included comparing present knowledge of treatments with preventive treatments which may be available in the future. An excellent book for the family coping with the recovering patient.

*Brehm, Sharon S.* **HELP FOR YOUR CHILD: A PARENT'S GUIDE TO MENTAL HEALTH SERVICES.** *Prentice-Hall, 1978. 170 pp. $10.95; $4.95 (Paper).*

Organized as a consumer's guide to mental health facilities, this book is designed to help parents locate proper mental health services for their emotionally disturbed child. It gives step-by-step procedures as to where to go for help, what to expect, what kinds of treatment may be recommended, evaulation of treatment, how to pay for treatment, and the rights and responsibilities of parents.

*Chess, Stella; Hassibi, Mahin (Eds.).* **PRINCIPLES AND PRACTICES OF CHILD PSYCHIATRY.** *Plenum, 1978. 500 pp. $28.50.*

This clearly-written overview of child psychiatry contains sections on syndromes and methods of psychiatric intervention, personality development, descriptions of strategies, and therapeutic treatment approaches. The final chapter deals with the rights of children under the law. A comprehensive and understandable book.

*Kauffman, James M.* **CHARACTERISTICS OF CHILDREN'S BEHAVIOR DISORDERS.** *Charles E. Merrill, 1977. 311 pp. $20.95.*

Intended as a text for an introductory course in special education for emotionally disturbed children, this is a good overview of the field of minor emotional and behavioral disturbances. It gives clear descriptions

of behavior disorders and assesses means of dealing with them. The author stresses a behavioral approach.

*Mason, Robert L.; Richmond, Bert O.; Fleurant, Lucien B.* **THE EMOTIONALLY TROUBLED CHILD.** *Charles C Thomas, 1976. $18.50.*

A series of short case studies of emotionally disturbed children is used to illustrate the danger signs of instability to teachers and parents and to encourage early recognition. A checklist of warning symptoms is given in relation to the age of the child, and the need for professional referral is emphasized.

*Park, Clara Claiborne; Shapiro, Leon N.* **YOU ARE NOT ALONE.** *Little, Brown, 1976. 496 pp. $17.50; $8.95 (Paper).*

This comprehensive, lucid guide to understanding and dealing with mental illness is written for patients, families, doctors, and other professionals. A detailed chapter considers the special problems of children. Chapter subheadings, running summaries in the margin, reading lists, and "useful addresses" are especially helpful to the reader.

*Rutter, Michael.* **HELPING TROUBLED CHILDREN.** *Plenum, 1976. 376 pp. $22.50.*

Designed for the general reader, this book focuses on the psychiatric difficulties of the school-age child rather than on severe emotional disturbances. The importance of the family relationship is emphasized. Chapters deal in a reassuring and commonsense manner with subjects of child development, the child in the family, community, school, and peer groups, learning difficulties, and methods of treatment and their effect.

*Stewart, Mark A.; Gath, Ann.* **PSYCHOLOGICAL DISORDERS OF CHILDREN: A HANDBOOK FOR PRIMARY CARE PHYSICIANS.** *Krieger, 1976. 167 pp. $6.50 (Paper).*

This readable overview of mental disorders of children written for medical practitioners, students, and clinicians describes various types of disorders such as autism, hyperactivity, depression, suicidal tendencies, and conduct disorders, their origin and treatment.

*Wasow, Mona.* **COPING WITH SCHIZOPHRENIA.** *Science and Behavior Books, 1982. 160 pp. $8.95 (Paper).*

Beyond the pain of her own personal experience with her son, Wasow has summoned the courage to help other families survive the devastation of schizophrenia. Up-to-date information, practical help, and realistic support are offered; self-help groups throughout America are listed.

***PERSONAL ACCOUNTS -- FROM THOSE WHO HAVE LIVED IT***

*Axline, Virginia M.* **DIBS: IN SEARCH OF SELF.** *Houghton-Mifflin, 1965. 221 pp. $8.95. Ballantine, $2.50 (Paper).*

Still considered important reading, this old but very helpful account by a psychologist tells of the effect of play therapy on the personality of an emotionally disturbed child.

*Bernheim, Kayla F.; Lewine, Richard J.* **THE CARING FAMILY: LIVING WITH CHRONIC MENTAL ILLNESS.** *Random House, 1982. 226 pp. $13.50.*

Many families living with mentally ill relatives were interviewed in the process of writing this book which discusses common emotions and offers advice about how to handle problem behaviors and suggestions for minimizing stress. The mental health system is described as well as legal issues such as involuntary commitment, the right to refuse treatment, and providing for the future of a permanently dependent person.

*Oliver, Betty.* **THE ABC'S OF HANGING-ON WHILE RAISING A FAMILY WITH A DISTURBED CHILD.** *(Available from the author, Box 311, Westwego, Louisiana 70094), 1976. 188 pp. $3.95 (Paper).*

This is a very personal, down-to-earth account of the problems of maintaining the mental health of parents and siblings of a disturbed child with suggestions for coping.

*Rothenberg, Mira.* **CHILDREN WITH EMERALD EYES.** *Dial, 1977. 293 pp. $11.95. Pocket Books, 1978. $2.75 (Paper).*

This is a tender and beautiful account of case histories involving the treatment of several severely disturbed children. The author is the co-founder and clinical director of the Blueberry Treatment Center.

*Vine, Phyllis.* **FAMILIES IN PAIN.** *Pantheon, 1982. 273 pp. $15.00.*

An informative handbook about chronic mental illness. The author has interviewed children, siblings, spouses, and parents of teenagers and adults who are mentally ill; her descriptions of treatments and programs may help families who are beginning to recognize early symptoms of serious problems.

*Vonnegut, Mark.* **THE EDEN EXPRESS.** *Praeger, 1975. 214 pp. $8.95. Bantam Books, 1976. $2.75 (Paper).*

The author details his life after graduating from college. He drifts into a commune, experiments with drugs, has an excruciating bout with schizophrenia, and finally recovers. A postscript chapter assesses the illness and suggests ways of dealing with it.

*WINNICOTT, D. W.* **THE PIGGLE: AN ACCOUNT OF THE PSYCHOANALYTIC TREATMENT OF A LITTLE GIRL.** *International Universities Press, 1977. 201 pp. $17.50.*

The successful treatment of an emotionally disturbed two-year-old girl is described by her English psychiatrist.

### *THE EARLY YEARS -- HOW TO TEACH, TRAIN, AND PLAY AT HOME*

*Axline, Virginia M.* **PLAY THERAPY.** *Ballantine, 1974 (Rev. Ed.). 374 pp. $3.50 (Paper).*

A child psychiatrist uses specific illustrations in describing how play therapy can work to aid the hostile child, the withdrawn child, the dependent child, and the handicapped child in learning to accept and respect himself and others.

### *THE SCHOOL YEARS -- SPECIAL EDUCATION*

*Apter, Steven J. (Ed.).* **FOCUS ON PREVENTION: THE EDUCATION OF CHILDREN LABELED EMOTIONALLY DISTURBED.** *Syracuse University Press, 1978. 135 pp. $5.00 (Paper).*

The contributions of six participants in the 1976 Syracuse University Conference on Children Labeled Emotionally Disturbed address issues concerning the prevention of mental illness in children in school and other learning situations. The role of parents is defined and their participation sought in working out solutions to emotional disturbances.

*Dickson, Mimi; Robitscher, Jean.* **LEARNING JOY.** *Whitmore, 1977. 64 pp. $4.95.*

This brief and encouraging book sets out the teaching strategies of Mimi Dickson, a gifted teacher of autistic and emotionally disturbed children. Her techniques are designed to give the child a sense of accomplishment, self-esteem, and self-control, using the reinforcements of love and praise for every positive step forward.

*Reinert, Henry R.* **CHILDREN IN CONFLICT: EDUCATIONAL STRATEGIES FOR THE EMOTIONALLY DISTURBED AND BEHAVIORALLY DISORDERED.** *C.V. Mosby (2nd Ed.), 1980. 256 pp. $18.95.*

This college text describes the major theoretical approaches to educating emotionally disturbed children. Useful appendices contain information concerning agencies which may help emotionally disturbed children, special

education teacher certification agencies, a bibliography of films and video tape recordings, and a list of publishers of books and materials for the use of teachers.

*Rubin, Judith Aron.* **CHILD ART THERAPY: UNDERSTANDING AND HELPING CHILDREN GROW THROUGH ART.** *Van Nostrand Reinhold, 1978. 288 pp. $16.95.*

This survey of art therapy techniques used with emotionally disturbed and handicapped children includes sections on family, mother-child, and group therapy, and emphasizes the healing and self-knowledge gained through art under the guidance of a sensitive and well-trained therapist. Many case histories are included.

*Walker, Hill M.* **THE ACTING-OUT CHILD: COPING WITH CLASSROOM DISRUPTION.** *Allyn & Bacon, 1979. 312 pp. $20.95; $11.95 (Paper).*

In clear, readable style, the author writes about behavior modification techniques which can be used by teachers of hyperactive or disruptive children at school. The author, who has served as the Director of the Center at Oregon for Research in the Behavioral Education of the Handicapped, believes in a management technique, using tokens and praise as reinforcement, for the successful elimination of undesirable classroom behavior.

## *WHERE TO WRITE FOR INFORMATION*

*American Alliance for Health, Physical Education and Recreation, 1900 Association Drive, Reston, Virginia 22091.*

A good source of information on services and programs for disturbed children is a publication entitled *Physical Education, Recreation, and Related Programs for Autistic and Emotionally Disturbed Children.* ($7.95).

*Council for Exceptional Children, 1920 Association Drive, Reston, Virginia 22091.*

CEC has a special division on children with behavioral disorders. Members of CEC may apply for membership in the division and receive its quarterly journal called *Journal for Behavioral Disorders* ($16.00 or with membership).

*League School for Seriously Disturbed Children, 567 Kingston Avenue, Brooklyn, New York 11203.*

The League School provides an old but useful booklet called *A Home Training Program for Young Mentally Ill Children.*

*Mental Health Association, 1800 North Kent Street, Arlington, Virginia 22209.*

Write to the Mental Health Association for the names and addresses of state and local chapters and for its publication list. The booklet *The Child Alone in Need of Help* is specifically for parents. Several of the publications for the nonprofessional may also be useful to parents.

*National Alliance for the Mentally Ill, 1234 Massachusetts Avenue, Northwest, Suite 721, Washington, D. C. 20005.*

NAMI was formed in 1979 as the first nationwide network of family advocates united on behalf of persons with severe and chronic mental illness. Write to the Alliance for information on local chapters or to receive the *NAMI News*, a bimonthly newsletter.

*President's Committee on Employment of the Handicapped, Washington, D. C. 20210.*

Several items on the publications list of PCEH are of interest to mentally ill and mentally restored persons. Among them are *Bright Future* on employment opportunities and *Halfway is a Long Way: Living in a Psychiatric Halfway House.*

*Public Affairs Committee, 381 Park Avenue South, New York, New York 10016.*

Request a pamphlet entitled *Help for Your Troubled Child* ($.50).

*Re-Ed Center, 1804 Bluegrass Avenue, Louisville, Kentucky 40215.*

This model school for emotionally disturbed children aged 6 to 12 has put out a packet of information on its program. Ask for the Re-Ed Center *Information Materials* (single copies are free).

*U. S. Department of Health and Human Services, National Clearinghouse for Mental Health Information, Public Inquiries Section, 5600 Fishers Lane, Rockville, Maryland 20857.*

Write for a publications list. Especially good are the following: *A Consumer's Guide to Mental Health Services, Mental Health Matters* series: *Child Mental Health* and *Raising Children, Guide to Mental Health Education Materials, New Dimensions in Mental Health: Responsible Community Care of Mental Health Patients,* and *New Directions in Mental Health Care: Cooperative Apartments.*

## EPILEPSY

### *BASIC READING*

*Commission for the Control of Epilepsy and Its Consequences, National Institutes of Health.* **PLAN FOR NATIONWIDE ACTION ON EPILEPSY, VOL. I.** *National Institute of Neurological and Communicative Disorders and Stroke, NIH, 1977. 249 pp. Available at no charge.*

This volume presents recommendations of the Commission for a comprehensive plan to deal with the problems of epilepsy. Data was collected from professionals and persons with epilepsy. The goals of the Commission are to reduce the number of persons suffering from epilepsy through prevention and to control seizures and ameliorate their impact. Copies are available from the Office of Scientific and Health Reports, National Institute of Neurological and Communicative Disorders and Stroke, National Institutes of Health, Bethesda, Maryland 20205. Publication No. (NIH) 78-276.

*Freeman, Stephen W.* **THE EPILEPTIC IN HOME, SCHOOL AND SOCIETY.** *Charles C Thomas, 1979. 285 pp. $14.95.*

Written in question and answer style, this practical book covers questions raised about the psychological, educational, vocational, legal, and medical problems of epilepsy. Family adjustment, effective discipline, and management are addressed. The book includes an interesting look at biofeedback as the hope of the future in treating epilepsy.

*Lagos, Jorge C.* **SEIZURES, EPILEPSY AND YOUR CHILD.** *Harper & Row, 1974. 237 pp. $10.95.*

This is a guide to the nature, origins, diagnosis, treatment, and management of epilepsy. The book seeks to answer the questions parents new to the problem of seizures might ask.

*Sands, Harry; Minters, Frances.* **THE EPILEPSY FACT BOOK.** *Charles Scribner's Sons, 1980. 116 pp. $6.50 (Paper). F. A. Davis, 1977. 116 pp. $4.95 (Paper).*

Epilepsy and how to live with it is discussed, including the condition, its treatment, and problems of daily living. Sections are included on the child with epilepsy and where to go for help.

*Silverstein, Alvin; Silverstein, Virginia B.* **EPILEPSY.** *Harper & Row, 1975. 64 pp. $9.95.*

This is an objective, readable book, written for young people, to tell them what epilepsy is, and to describe current research, treatment, and popular misconceptions. Although its audience is specifically intended to

be teenagers, this clear overview should prove of interest to parents as well.

## PERSONAL ACCOUNTS -- FROM THOSE WHO HAVE LIVED IT

*Cragg, Sheila.* **RUN PATTY RUN.** *Harper & Row, 1980. 175 pp. $9.95.*

Patty Wilson, who set the world distance record for women runners, has epilepsy. This biographical account describes her father's determination to make her famous, her running triumphs, and how her honesty in dealing with her own epilepsy has helped others.

*White, Robin.* **BE NOT AFRAID.** *Dial, 1972. 235 pp. (Out of Print.)*

A father chronicles his family's fourteen years following the diagnosis of epilepsy in his eight-year-old son. Many facts regarding the condition, medical treatment, and research of the time are included in this highly personal and moving account.

## *WHERE TO WRITE FOR INFORMATION*

*Abbott Laboratories, Public Affairs, Department 383P, North Chicago, Illinois 60064.*

Send a stamped, self-addressed long business envelope for an informative pamphlet titled *Epilepsy: Breaking Down the Walls of Misunderstanding.*

*Comprehensive Epilepsy Program, University of Minnesota, 2829 University Avenue, Southeast, # 318, Minneapolis, Minnesota 55414.*

Pamphlets and journal articles are available dealing with epilepsy. Titles include *Answers to Your Questions About Epilepsy* (for teenagers), *Epilepsy: Medical Aspects, Thoughts on Parenting the Child With Epilepsy,* and *Epilepsy and The School Age Child.* Single copies are free.

Epilepsy Foundation of America, 1828 L Street, Northwest, Washington, D. C. 20036.

Write for a listing of publications on statistics, prevention, cost, legislation, research, insurance, and other matters concerning epilepsy. An excellent booklet is called *Epilepsy, You and Your Child: A Guide for Parents* by Ann Scherer ($1.00).

*Loma Linda University, Department of Pediatrics, School of Medicine, Loma Linda, California 92354.*

Basic information is contained in a pamphlet called *An Introduction to Your Child Who Has Epilepsy* ($.50).

Specific Disabilities -- Epilepsy

*U. S. Department of Health and Human Services, Public Health Service, National Institute of Neurological and Communicative Disorders and Stroke, Office of Scientific and Health Reports, Bethesda, Maryland 20205.*

Available are reprints of scientific publications on epilepsy, research, and program summaries, and a booklet called *Epilepsy: Hope Through Research.*

## HEARING HANDICAPS

### *BASIC READING*

*Benderly, Beryl Lieff.* **DANCING WITHOUT MUSIC: DEAFNESS IN AMERICA.** *Anchor/Doubleday, 1980. 302 pp. $11.95.*

The author's intent was to write "as honest, as disinterested, as open-minded and open-hearted a study as I am capable of doing." Her accomplishment will help parents. She offers a keen look at the deaf experience -- the "holy war" waged by those who advocate oral methods and those who advocate manual methods of communication. Her conclusion is that there are no single truths to complex problems; along the way she describes the issues in provocative and fascinating fashion.

*Bess, Fred H. (Ed.).* **CHILDHOOD DEAFNESS: CAUSATION, ASSESSMENT AND MANAGEMENT.** *Grune & Stratton, 1977. 341 pp. $43.00.*

This is a scholarly work which includes contributions by leading authorities in audiology, medicine, and education of children with hearing impairments. It is useful as a source of information on specific areas of deafness.

*Freeman, Roger D.; Carbin, Clinton F.; Boese, Robert J.* **CAN'T YOUR CHILD HEAR? A GUIDE FOR THOSE WHO CARE ABOUT DEAF CHILDREN.** *University Park Press, 1981. 340 pp. $16.95.*

This is a practical, realistic, and readable guide to deafness. The authors offer facts, opinions, and experiences in writing about raising a child whose hearing loss is severe or profound and occurred before the onset of normal speech. They summarize speech, speech reading, auditory training, and sign language; their clear preference is total communication. The book has been highly praised by professionals and parents; many resource persons throughout the world aided in its development.

*Griffin, Betty F.* **MY CHILD COMES WITH DIRECTIONS: AN OPEN LETTER TO TEACHERS, FAMILY, AND FRIENDS.** *Alexander Graham Bell, 1978. 32 pp. $1.50 (Paper).*

In workbook form, this booklet describes a typical case of childhood hearing impairment. Space is provided for the reader to record the medical and educational history of his own child, as well as special observations.

*Ling, Daniel; Ling, Agnes H.* **AURAL HABILITATION: THE FOUNDATIONS OF VERBAL LEARNING IN HEARING IMPAIRED CHILDREN.** *Alexander Graham Bell, 1978. 336 pp. $12.50 (Paper).*

Written for both professionals and parents, this comprehensive book proposes to cover the current state of knowledge and skills relating to verbal learning and to describe how they may be used in teaching speech communication skills to hearing impaired children. There are chapters on communication, development of spoken language, hearing aids, audiologic assessments, use of residual hearing, language and reading, and preparation of professional personnel. Useful bibliographies appear at the end of each chapter.

*Luterman, David.* **COUNSELING PARENTS OF HEARING-IMPAIRED CHILDREN.** *Little, Brown, 1979. 193 pp. $12.95.*

Dr. Luterman, the director of a parent-centered nursery program for hearing impaired children, draws on his experience in counseling with parents and explores their deepest anxieties and concerns about their role in nurturing and educating their children. He urges sympathetic and understanding support from professionals in developing appropriate child-centered programs.

*McArthur, Shirley Hanawalt.* **RAISING YOUR HEARING-IMPAIRED CHILD: A GUIDELINE FOR PARENTS.** *Alexander Graham Bell, 1982. 238 pp. $10.95 (Paper).*

Writing with the empathy of a parent -- two of her four children are hearing impaired, and the knowledge of an educator -- she is certified as a teacher of the deaf in the State of California, the author traces steps in raising a child with a hearing impairment from first learning about hearing loss to developing communication skills (she is an oralist) to guiding a child through the school years to adulthood. The book is filled with practical ideas based on experience.

*Miller, Alfred L.* **HEARING LOSS, HEARING AIDS AND YOUR CHILD.** *Charles C Thomas, 1980. 94 pp. $7.50.*

This compact booklet will acquaint parents with testing for hearing loss, therapy, and the various possible hearing aids. Descriptions by school-aged children give insight into their feelings and attitudes toward hearing loss and the aids they wear.

*Murphy, Albert T. (Ed.).* **THE FAMILIES OF HEARING IMPAIRED CHILDREN.** *Alexander Graham Bell, 1979. 136 pp. $4.50.*

A special issue of the *Volta Review* was devoted to 13 articles concerning the problems of families with deaf children, reprinted in this book. Family feelings, relationships with professionals, schools, nonhandicapped

siblings, single parents of deaf children, and genetic counseling are among the topics discussed.

*Naiman, Doris; Schein, Jerome.* **FOR PARENTS OF DEAF CHILDREN.** *National Association of the Deaf, 1977. 57 pp. $5.95 (Paper).*

This is a folksy book which discusses the problems faced by parents in raising a deaf child. Special attention is paid to feelings of the child and other family members.

*Quigley, Stephen P.; Kretschmer, Robert E.* **THE EDUCATION OF DEAF CHILDREN.** *University Park Press, 1982. 127 pp. $12.95 (Paper).*

Highly recommended by professionals, this book is a summary of the basic issues confronting parents and educators concerning the education of children who are deaf.

*Simmons-Martin, Audrey Ann.* **CHATS WITH JOHNNY'S PARENTS.** *Alexander Graham Bell, 1975. 82 pp. $4.50 (Paper).*

A professional talks to parents of the hearing impaired child, offering practical suggestions with common sense and respect. How to help your child learn to talk, general language ideas for daily use, lip reading, how we hear sound and how to amplify it, auditory training, care of the hearing aid, speech development, and helping with basic behavior are the topics covered in this readable, informative guide.

## *PERSONAL ACCOUNTS -- FROM THOSE WHO HAVE LIVED IT*

*Bitter, Grant B. (Ed.).* **PARENTS IN ACTION: A HANDBOOK OF EXPERIENCES WITH THEIR HEARING IMPAIRED CHILDREN.** *Alexander Graham Bell, 1978. 99 pp. $5.95 (Paper).*

This is a collection of true stories by parents of deaf children with plenty of practical advice on raising, disciplining, teaching, and loving a deaf child.

*Ferris, Caren.* **A HUG JUST ISN'T ENOUGH.** *Gallaudet College Press, 1980. 94 pp. $10.95.*

Illustrated with more than 80 color and black-and-white photographs, *A Hug Just Isn't Enough* presents interviews with the parents of 29 young children with hearing impairments. They speak openly and directly about their goals for their children, early reactions, frustrations with professionals, concerns, family life needs, different modes of communication, and their decisions about regular and special education. They don't all agree.

*Glick, Ferne Pellman; Pellman, Donald R.* **BREAKING SILENCE.** *Herald, 1982. 187 pp. $10.95; $6.95 (Paper).*

A mother writes of the growing concerns about the behavior of twin sons, the misdiagnosis of aphasia, the professionals with whom the family dealt, private schooling which involved foster home arrangements for a time, family relationships, education in public school, and religion. The twins, now young men, recall along with their mother the early experiences and share their view of their deafness and its effect.

*Harris, George A.* **BROKEN EARS, WOUNDED HEARTS.** *Gallaudet, 1983. 174 pp. $10.95.*

A father writes of his child, born when her parents were 19, never definitively diagnosed. He outlines with honesty and anger his frustrations with the child, the professionals who see and work with her, and the effect of Jennifer, now 13, on his marriage. After a number of school placements, Jennifer is currently living at a state school for the deaf.

*Jacobs, Leo M.* **A DEAF ADULT SPEAKS OUT.** *Gallaudet College Press, 1980 (Rev. Ed.). 192 pp. $8.95; $6.25 (Paper).*

The author is deaf himself, the son of deaf parents, the husband of a deaf woman (now dead), the father of one deaf and one hearing child, and for many years a teacher of children with hearing impairments. He offers his own lucid ideas about being deaf in a hearing world, educational methods, and mainstreaming in schools and community. This revised second edition adds an autobiographical sketch, a chapter for parents of children who are deaf, the transcript of a panel discussion among adults who are deaf, and an update on services and programs of today.

*Norris, Carolyn (Ed.)* **LETTERS FROM DEAF STUDENTS.** *Alinda, 1975. 8 pp. $1.00 (Paper).*

Students at Gallaudet College tell what they think and feel; interesting insights.

*Ogden, Paul W.; Lipsett, Suzanne.* **THE SILENT GARDEN.** *St. Martin's Press, 1982. 227 pp. $12.95.*

While this reassuring and helpful book does outline the different modes of communication available to people who are hearing impaired, its greatest strength lies in its consideration of the whole child. It stresses "the importance of a healthy home environment, parents' intuition, social stimulation, nonverbal communication, playfulness, open affection, humor, honest anger and old-fashioned fair-mindedness." The primary author has been profoundly deaf since birth.

*Pahz, James; Pahz, Cheryl.* **WILL LOVE BE ENOUGH? A DEAF CHILD IN THE FAMILY.** *National Association of the Deaf, 1977. 20 pp. $2.00 (Paper).*

Although this is a fictional account of a mother and her deaf child, the authors present a story that is true to the experience of many families of children with hearing impairments. They stress finding the best means of teaching the child and accepting the child for what he is: a total person with special needs. The writers are also the authors of *Total Communication: The Meaning Behind the Movement to Expand Educational Opportunities for Deaf Children* (Charles C Thomas, 1978. 128 pp. $13.50).

*Spradley, Thomas S.; Spradley, James P.* **DEAF LIKE ME.** *Random House, 1978. 280 pp. $11.95.*

With great emotion, the Spradley brothers tell the story of their profoundly deaf rubella daughter and niece, Lynn. They find lip reading insufficient to teach the child until supplemented by a total communication approach with signs. This is an angry book in many ways, but it does portray the sad and difficult task of finding the best means for teaching a deaf child.

*Star, Robin Rogoff.* **WE CAN!** *Volumes 1 and 2. Alexander Graham Bell, 1980. 88 and 98 pp. $3.95 each (Paper).*

The *We Can* books are designed as a Career Education series and written at a fourth-grade readability level. They present the stories of a number of people who are hearing impaired and are leading full and independent lives in a variety of occupations.

*Wright, David.* **DEAFNESS.** *Stein & Day, 1975. 213 pp. $1.95 (Paper).*

This inspiring, exciting account of the experiences of a British poet who became deaf at the age of seven explores many aspects of the world of the deaf person. A section of the book examines the history of the education of children who are deaf. Included also is a discussion by Dr. K. P. Murphy, expert in audiology research, of hearing, causes of deafness, and methods of treatment. The author has much to say to parents of all children with handicaps.

## THE EARLY YEARS -- HOW TO TEACH, TRAIN, AND PLAY AT HOME

Courtman-Davies, Mary. **YOUR DEAF CHILD'S SPEECH AND LANGUAGE.** *Merrimack Book Service, 1979. 319 pp. $14.95.*

This book emphasizes that the natural teachers for the child who is deaf are parents; it then offers practical suggestions and describes teaching activities which parents may use with their child. Although the models are British, most of the material can be used or adapted by an American audience.

*Ling, Daniel.* **SPEECH AND THE HEARING IMPAIRED CHILD: THEORY AND PRACTICE.** *Alexander Graham Bell, 1976. 402 pp. $14.50.*

Dr. Ling, an expert in the field of aural rehabilitation, examines the problems hearing impaired children have in learning to speak and suggests training through which speech can be effected. The book is not easy reading, but it is a source of information for parents who want to know as much as possible about teaching speech to children with hearing impairments.

*Sitnick, Valerie; Rushmer, Nancy; Arpan, Roberta.* **PARENT-INFANT COMMUNICATION: A PROGRAM OF CLINICAL AND HOME TRAINING FOR PARENTS AND HEARING IMPAIRED INFANTS.** *Dormac, 1978. 228 pp. $29.95 (Paper).*

This book offers two curricula, separate but interdependent. One is to use in teaching the hearing-impaired infant and includes sequential objectives and activities designed to achieve them. The second teaches parallel skills parents will need to enhance language learning and communication in their child. Checklists, record-keeping sheets, reading lists, a glossary, and a bibliography are included. Although designed as a model for a parent-infant program, this book contains many activities which can be used by parents.

*Vaughan, Pat (Ed.).* **LEARNING TO LISTEN: A BOOK BY MOTHERS FOR MOTHERS OF HEARING IMPAIRED CHILDREN** *(Rev. Ed.). Beaufort, 1981. 197 pp. $6.95 (Paper).*

The Canadian Hearing Society sponsored this publication which describes the process of auditory training for children with hearing impairments through the experiences of six mothers who used the technique with their deaf children. This revised edition updates their progress over five years. The book also gives practical suggestions for auditory training for mothers and teachers, stresses the importance of the proper hearing aid, and reinforces the idea that residual hearing, however slight, can be stimulated and improved by having the child surrounded by talk.

## *THE SCHOOL YEARS -- SPECIAL EDUCATION*

*Froehlinger, Vira J. (Ed.).* **TODAY'S HEARING IMPAIRED CHILD: INTO THE MAINSTREAM OF EDUCATION.** *Alexander Graham Bell, 1981. 240 pp. $14.95 (Paper).*

This helpful, practical guide is written to help parents, teachers, and administrators when hearing impaired children are being considered for, or are placed in, mainstream programs. The development of oral and written language is emphasized. The role of parents within both family and school settings is sensitively discussed.

*Katz, Lee; Mathis, III, Steve L.; Merrill, Jr., Edward C.* **THE DEAF CHILD IN THE PUBLIC SCHOOLS: A HANDBOOK FOR PARENTS OF DEAF CHILDREN.** *Interstate Printers and Publishers, 1978 (2nd Ed.). 113 pp. $4.95 (Paper).*

This is an excellent handbook for the parents of the younger or school age deaf child with much information regarding educational opportunities. It offers an overview of the problems caused by deafness, tells how parents can best help their child, and provides an annotated listing of private and public organizations.

*Neyhus, Arthur I.; Austin, Gary (Eds.)* **DEAFNESS AND ADOLESCENCE.** *Alexander Graham Bell, 1978. 122 pp. $3.95 (Paper).*

This is a collection of articles from the September, 1978, issue of *Volta Review* on aspects of the deaf adolescent experience, psychological and biological development, educational needs, independent living, vocational opportunities, and other topics.

*Northcott, Winifred R. (Ed.).* **THE HEARING IMPAIRED CHILD IN A REGULAR CLASSROOM: PRESCHOOL, ELEMENTARY AND SECONDARY YEARS.** *Alexander Graham Bell, 1973. 300 pp. $8.95.*

Teacher, principal, psychologist, social worker, reading specialist, speech pathologist, hearing specialist, tutor, parent, and student are all represented in this collection of articles about the integration of children with hearing impairments into the regular classroom setting.

*Northcott, Winifred R. (Ed.).* **I HEARD THAT.** *Alexander Graham Bell, 1978. 40 pp. $3.75 (Paper).*

This is a practical book to aid teachers, parents, or therapists design activities to aid in the development of listening skills in infants and primary school age children.

*Rotter, Paul.* **A PARENT'S PROGRAM IN A SCHOOL FOR THE DEAF.** *Alexander Graham Bell, 1977 (Rev. Ed.). 108 pp. $6.50.*

Developed at the Lexington School for the Deaf, this revised monograph brings up-to-date ideas for a program designed to involve parents intimately in the school program for their deaf children.

*Streng, Alice H.; Kretschmer, Richard R.; Kretschmer, Laura W.* **LANGUAGE, LEARNING AND DEAFNESS: THEORY, APPLICATION, AND CLASSROOM MANAGEMENT.** *Grune & Stratton, 1978. 232 pp. $23.50.*

This overview of the state of the art of teaching children who are deaf is directed to teachers, but it emphasizes the importance of parents as teachers and of cooperation between parents and professionals. Specific learning techniques are discussed.

***WHERE TO WRITE FOR INFORMATION***

*Alexander Graham Bell Association for the Deaf, 3417 Volta Place, Northwest, Washington, D. C. 20007.*

The focus of the Bell Association is on speech education for people who are hearing impaired and deaf. Several of the many publications on its publications list are for parents, notably the *Parent Kit*, a collection of articles for parents, and a *Reprint Package for Parents*, useful materials for helping parents of hearing impaired children. *Family to Family* shares the feelings of several families on topics relating to deafness, deaf education, and raising a child who is hearing impaired. The Association's journal is called the *Volta Review*. Its newsletter is *Newsounds*. An affiliate, the International Parents Organization, can put parents in touch with others in nearby locations. The Bell Association also has a Children's Rights Program devoted to auditory/oral advocacy, made up of concerned individuals who can advocate for children or their parents and assist them in finding educational or other services.

*Alinda Press, Post Office Box 553, Eureka, California 95501.*

This publisher offers a number of publications ranging from sign-language primers in coloring book form to novels about people born deaf or who have become deaf. Write for their brochure.

*American Speech-Language-Hearing Association, 10801 Rockville Pike, Rockville, Maryland 20852.*

Publications include a brochure called *Hearing Impairment and the Audiologist* -- a good, basic explanation of hearing problems.

*Dormac, Inc., Post Office Box 752, Beaverton, Oregon 97005.*

Two informative booklets on hearing aids are distributed by Dormac: *Hearing Aids and You* designed to introduce hearing aids to children at the early grade school level and *Your Child's Hearing Aid*, a booklet for parents to help them answer commonly asked questions about hearing aids.

*Gallaudet College, Public Services Division, Washington, D. C. 20002.*

The College has many programs which provide information and services to parents of the hearing impaired child. The Public Services Division answers individual inquiries and can send a list of the College's own publications. In addition, the Gallaudet College Bookstore, Kendall Green, Washington, D. C. 20002, handles books published throughout the country on subjects of interest to deaf persons and their parents, including signed English, cued speech, and deaf education. Write for a list of publications available through the bookstore.

*International Association of Parents of the Deaf, 814 Thayer Avenue, Silver Spring, Maryland 20910.*

IAPD provides information and support to parents and families with children who are deaf or hard of hearing. *Endeavor*, their newsletter, is published bimonthly. Send for *Years of Challenge*, a guide for parents of hearing impaired adolescents written by two parents ($3.00).

*John Tracy Clinic, West Adams Boulevard, Los Angeles, California 90007.*

Write for information concerning the Clinic's correspondence course for parents of young deaf children. Other publications are available as well.

*National Association of the Deaf, 814 Thayer Avenue, Silver Spring, Maryland 20910.*

Write for information about the association and its list of publications. The list includes titles on signed English and total communication, as well as other subjects. The NAD is primarily an organization for professionals and deaf persons.

*Opticon Hearing Aid Company, 999 Stone Street, Union, New Jersey 07083.*

Available free is a series called *Hearing Health Care*. It includes seventeen pamphlets on protection of hearing, aids to hearing, their maintenance, tips to parents concerning home management, deaf education, basic audiology, and other topics.

*Public Affairs Committee, 381 Park Avenue South, New York, New York 10016.*

A Public Affairs pamphlet called *Helping the Child Who Cannot Hear* provides basic information for those involved with hearing-impaired children ($.50).

*Special Learning Corporation, 42 Boston Post Road, Guilford, Connecticut 06437.*

*Readings in Deaf Education* and *Readings in Speech and Hearing*, revised periodically, contain collections of articles reprinted from professional and lay journals ($10.95 each).

*U. S. Government Printing Office, Washington, D. C. 20402.*

A publication of the U. S. Department of Commerce, National Bureau of Standards called *Facts About Hearing and Hearing Aids: A Consumer's Guide* is available from GPO. Order by Stock No. 003-003-02024-9 ($1.30).

## HYPERACTIVITY

### *BASIC READING*

*Bosco, James J.; Robin, Stanley S. (Eds.).* **THE HYPERACTIVE CHILD AND STIMULANT DRUGS.** *University of Chicago Press, 1977. 191 pp. $12.00.*

The views of doctors, psychologists, teachers, philosophers, and other professionals on the use and effects of stimulant drugs on hyperactive children are here collected. The editors do not take a stand for or against these uses, but present the problem from a variety of angles. Emphasis is placed on the unanswered questions rather than on suggestions for action.

*Brown, Ruth; Connelly, Marge.* **THE HOW-TO-SURVIVE PARENTHOOD SERIES.** *Cottage Park Publications, 1980. 14 to 24 pp. $2.00 each (Paper).*

A reading specialist and a learning disabilities specialist who also happen to be mothers have written a practical, commonsense, parent-to-parent series. Titles include *If There's Nothing Wrong With My Child, Then What's Wrong With Him?* on sensitivities to everyday foods, *How To Outwit The Sugar Monster,* and *How To Have A Party For Your Hyperactive Child and Survive.*

*Crook, William G.* **CAN YOUR CHILD READ? IS HE HYPERACTIVE?** *Professional Press, 1977 (Rev. Ed.). 219 pp. $6.95 (Paper).*

The author takes a firm, clear look at hyperactivity and names allergies as a major cause. He also discusses remedies, the need for better nutrition for all children, the importance of "readiness" in deciding whether or not a child should start school, and phonics as the best method for teaching reading. The book is organized for browsing and quick understanding.

*Feingold, Ben F.* **WHY YOUR CHILD IS HYPERACTIVE.** *Random House, 1974. 211 pp. $9.95.*

Dr. Feingold believes that artificial flavorings and colorings are prime offenders in causing hyperactivity, which he defines as "excessive physical activity coupled with lack of concentration and learning difficulties." He discusses medication and treatment with drugs, offers simple diets, menus, and recipes. Dr. Feingold and Helen S. Feingold, his wife, are the authors of *The Feingold Cookbook for Hyperactive Children* (Random House, 1979, $5.95) which presents a large selection of recipes and menus which are salicilate and additive free. NOTE: Two other cookbooks are June Roth's *Cooking for Your Hyperactive Child* (Contemporary Books, 1977, $6.95) and Laura Stevens' *How to Feed Your Hyperactive Child* (Doubleday, 1977, $7.95).

*Grant, Wilson Wayne.* **HOW TO HELP YOUR HYPERACTIVE AND/OR LEARNING DISABLED CHILD.** *El Paso Rehabilitation Center, 1976. 120 pp. $6.50 (Paper).*

Dr. Grant, a pediatrician and child developmentalist, has written this book to help parents understand and aid their child. In everyday terms, he describes the puzzle of the hyperkinetic learning-disabled child, directs parents toward professional help, and gives practical suggestions for dealing with day-to-day problems.

*Heiting, Kenneth.* **WHEN YOUR CHILD IS HYPERACTIVE.** *Abbey Press, 1978. 96 pp. $2.45 (Paper).*

This is an excellent short book for parents on living with and raising a hyperactive child. Parents are given practical illustrations of the problems arising from hyperactivity and specific guidance on how to cope with them without sacrificing the self-esteem of the child. Parent-school relations, discipline, medications, and other subjects are discussed.

*Rapp, Doris J.* **ALLERGIES AND THE HYPERACTIVE CHILD.** *Cornerstone Library, 1979. 212 pp. $6.95 (Paper).*

A pediatric allergist writes in a nontechnical way of food allergies as a possible cause of hyperactivity, answers many most-often-asked questions, and suggests a simple and safe one-week diet to use with a hyperactive child to determine whether or not food allergies are a cause of the child's problem. Much information.

*Renshaw, Domeena C.* **THE HYPERACTIVE CHILD.** *Nelson-Hall, 1974. 197 pp. $17.95. Little, Brown, 1975. 195 pp. $4.95 (Paper).*

The author describes the hyperactive child and suggests means of behavior management and ways of dealing with problems arising in the family and school. Distinctions are made between hyperactivity resulting from emotional disorders and hyperactive behavior resulting from disease or brain damage.

*Stewart, Mark A.; Olds, Sally Wendkos.* **RAISING A HYPERACTIVE CHILD.** *Harper & Row, 1973. 209 pp. $12.95.*

Parents will like the authors' obvious understanding of the problems of daily life with hyperactive children. The book includes chapters describing common attributes of the hyperactive child in his early years, in adolescence, and as an adult.

*Taylor, John F.* **THE HYPERACTIVE CHILD AND THE FAMILY.** *Everest House, 1980. 251 pp. $12.95.*

The book is subtitled "The Complete What-To-Do Handbook" and is aimed at helping the family with a hyperactive child deal more effectively with the

child and themselves. It discusses various approaches to treatment -- counseling, nutrition management, and medication, the effect of the child on family relationships, and how to help the child at home, in the neighborhood, and at school. A president of the Feingold Association describes owning the book as "having my own private psychologist."

*Valett, Robert E.* **THE PSYCHOEDUCATIONAL TREATMENT OF THE HYPERACTIVE CHILD.** *Pitman Learning, 1974. 113 pp. $8.95.*

The author reviews the characteristics of the hyperactive child and briefly outlines the various treatments available for hyperactivity. The main portion of the book describes and illustrates a series of physical activities and exercises designed to be used by teachers or parents to help the child learn self-control. A chapter of suggestions for parents provides helpful insights and techniques.

*Walker, Sydney.* **HELP FOR THE HYPERACTIVE CHILD.** *Houghton Mifflin, 1977. 211 pp. $8.95.*

This book contains a description of hyperactivity and discussions of various forms of treatments -- drugs, diet, brain surgery, etc. The deficiencies of each treatment are noted. Dr. Walker stresses the need for a complete neuropsychiatric examination for the hyperactive child. He believes that hyperactivity is a symptom, not a problem in itself, and that the sources of the symptom must be accurately diagnosed and treated.

*Wender, Paul H.; Wender, Esther H.* **THE HYPERACTIVE CHILD AND THE LEARNING DISABLED CHILD: A HANDBOOK FOR PARENTS.** *Crown, 1978. 138 pp. $9.95.*

An enlarged and updated version of Dr. Wender's 1973 book, *The Hyperactive Child*, this edition brings new information concerning drug treatment of hyperactivity and the management of hyperactive and learning disabled children.

***PERSONAL ACCOUNTS -- FROM THOSE WHO HAVE LIVED IT***

*Bittinger, Marvin L.* **LIVING WITH OUR HYPERACTIVE CHILDREN.** *BPS Books, 1977. 199 pp. $8.95.*

Seven families share their intensely personal and thoughtful stories of what life with a young hyperactive child is really like. Their children are different from one another; their styles of writing are, too. The introduction is by a pediatrician who was himself a hyperactive child. Good reading.

## LEARNING DISABILITIES

### *BASIC READING*

*Brutten, Milton; Richardson, Sylvia; Mangel, Charles.* **SOMETHING'S WRONG WITH MY CHILD.** *Harcourt Brace, 1973. 238 pp. $8.95; $3.95 (Paper).*

Practical information on various aspects of raising children with learning disabilities is offered in this older, well-respected book: how to recognize the disability, where to go for help, and the specific problems of adolescence.

*Crosby, R. M.; Liston, R. A.* **THE WAYSIDERS: READING AND THE DYSLEXIC CHILD.** *Crowell, 1976. 242 pp. $9.95.*

Written in non-technical language for parents and teachers, this book offers specific guidelines for helping the child with average or above average intelligence who lags behind his or her peers.

*Cruickshank, William M.* **LEARNING DISABILITIES IN HOME, SCHOOL, AND COMMUNITY.** *Syracuse University Press, 1977. 365 pp. $14.95 (Paper).*

This excellent overview of the learning disability syndrome is a reissue of Cruickshank's 1967 *The Brain-Injured Child in Home, School, and Community.* What goes on in the process of diagnosis at school and at home is discussed, and practical suggestions are offered to make life and learning better for children with learning disabilities. Teaching activities are described, and ego reinforcement is emphasized. The book will be interesting to parents as well as professionals.

*Edge, Denail; Strenecky, Bernard J.; Mour, Stanley I.* **PARENTING LEARNING-PROBLEM CHILDREN: THE PROFESSIONAL EDUCATOR'S PERSPECTIVE.** *Ohio State University Press, 1978. 138 pp. $9.95 (Paper).*

Written by and for professional educators, this book is a welcome sign of the acceptance by professionals of the importance of parents as teachers, as agents of change, as lobbyists for better services, and as monitors of their own children's programs and welfare. The book outlines legitimate roles for parents in solving typical problems arising in the education of their learning disabled children.

*Fisher, Johanna.* **A PARENT'S GUIDE TO LEARNING DISABILITIES.** *Charles Scribner's Sons, 1978. 157 pp. (Out of Print.)*

This well-written book tells how a parent may recognize a learning disability and get help to combat it. Case studies describe various aspects of disability -- vision, auditory processing, speech and language,

motor functioning, hyperactivity, and minimal brain dysfunction. The author includes recommendations on how to help with each problem.

*McWhirter, J. Jeffries.* **THE LEARNING DISABLED CHILD: A SCHOOL AND FAMILY CONCERN.** *Research Press, 1977. 222 pp. $8.95.*

A psychologist who is also the parent of a learning disabled child has written this very practical guide. It emphasizes steps to be taken to counteract specific problems, both educational and psychological.

*Mercer, Cecil D.* **CHILDREN AND ADOLESCENTS WITH LEARNING DISABILITIES.** *Charles E. Merrill, 1979. 485 pp. $21.50.*

This comprehensive book, primarily designed for use in introductory courses in learning disabilities, offers a useful, balanced coverage of the disabilities, assessment, and diagnosis, and the range of theories and practices designed to aid the learning disabled child.

*Osman, Betty B.* **LEARNING DISABILITIES: A FAMILY AFFAIR.** *Random House, 1979. 224 pp. $10.00. Warner, $5.95 (Paper).*

A goldmine of practical advice on how to cope with the home and school problems of a learning disabled child is available here. There are useful sections on schools, community resources, and reference materials. Information is included on tax deductions available to parents, and colleges and universities offering special programs. There is also an impressive bibliography.

*Osman, Betty B.* **NO ONE TO PLAY WITH: THE SOCIAL SIDE OF LEARNING DISABILITIES.** *Random House, 1982. 170 pp. $12.50.*

A specialist in the field of learning disabilities writes about the social problems experienced by many children with whom she has worked. Osman suggests strategies for raising a child's "social quotient"; her anecdotal approach displays empathy for the child and genuine understanding for siblings and parents.

*Rowan, Ruth Dinkins.* **HELPING CHILDREN WITH LEARNING DISABILITIES.** *Abingdon, 1977. 128 pp. $5.95.*

Concise and practical suggestions for dealing with the learning disabled child in everyday situations -- at home, at school, at church, and in the community -- are provided. A very helpful book for parents.

*Schoonover, Richard J.* **HANDBOOK FOR PARENTS OF CHILDREN WITH LEARNING DISABILITIES.** *Interstate, 1976. 55 pp. $1.95 (Paper).*

The author identifies the learning disabled child by describing his characteristics and the problems which interfere with learning. He

recommends methods of treating the child in learning and behavioral situations, gives specific aids to learning which can be used in the home, and includes a chapter on behavior modification techniques. Helpful information for the college-bound learning disabled student is included in the appendices.

*White, Robin.* **THE SPECIAL CHILD: A PARENT'S GUIDE TO MENTAL DISABILITIES.** *Little, Brown, 1978. 217 pp. $8.95.*

This is a thoughtful and wide-ranging discussion of the nurturing of brain-handicapped children.

***PERSONAL ACCOUNTS -- FROM THOSE WHO HAVE LIVED IT***

*Clarke, Louise.* **CAN'T READ, CAN'T WRITE, CAN'T TALK TOO GOOD EITHER: HOW TO RECOGNIZE AND OVERCOME DYSLEXIA IN YOUR CHILD.** *Penguin, 1975. 280 pp. $3.95 (Paper).*

Mrs. Clarke narrates experiences in her 20-year struggle to find diagnosticians and teachers to meet the challenge of her son's severe language disability. The book includes a chapter in which a transcription is presented of Michael's own account of his growing-up years, dictated from the perspective of a mature Ph.D. candidate. A success story of a family's determination to think through their son's difficulties, to evaluate carefully professional advice in the light of their own knowledge, observations, and convictions, and to find therapies that would work. Engrossing and well-written. The author, a professional writer, has used a pseudonym for this book.

*Simpson, Eileen.* **REVERSALS: A PERSONAL ACCOUNT OF VICTORY OVER DYSLEXIA.** *Houghton Mifflin, 1978. 246 pp. $10.95.*

The author, a psychotherapist and wife of poet John Berryman, describes her painful, dyslexic youth and her eventual success in overcoming the handicap.

*Stevens, Suzanne H.* **THE LEARNING-DISABLED CHILD: WAYS THAT PARENTS CAN HELP.** *John F. Blair, Publisher, 1980. 196 pp. $9.95; $5.95 (Paper).*

The author, a teacher, says the object of her book is "to help parents raise their learning-disabled children so that they . . . will be happy, well-adjusted, and normally successful adults despite their learning disabilities." Her suggestions are many; her style is clear and readable; her anecdotal illustrations add interest.

### *THE EARLY YEARS -- HOW TO TEACH, TRAIN, AND PLAY AT HOME*

*Behrmann, Polly; Millman, Joan.* **EXCEL I: EXPERIENCE FOR CHILDREN IN LEARNING.** *Educators Publishing Service, 1976. 54 pp. $4.50 (Paper).*
*Behrmann, Polly; Millman, Joan.* **EXCEL II: EXPERIENCE FOR CHILDREN IN LEARNING.** *Educators Publishing Service, 1976. 48 pp. $4.50 (Paper).*

These spiral-bound manuals offer parent-directed games and activities designed to develop oral expression, visual and auditory discrimination, and motor coordination. Games are indexed to show the special skill they enhance.

*Buist, Charlotte A.; Schulman, Jerome L.* **TOYS AND GAMES FOR EDUCATIONALLY HANDICAPPED CHILDREN.** *Charles C Thomas, 1976. 228 pp. $18.75.*

Descriptions of toys and games suitable for use at home are arranged by sex and age interest, difficulty, and category (visual perception, auditory perception, retention and recall, conceptualization, fine motor skills, gross motor skills, and verbal expression).

*Lovinger, Sophie L.* **LEARNING DISABILITIES AND GAMES.** *Nelson Hall, 1979. 143 pp. $16.95; $9.95 (Paper).*

Play is not only "children's business" but a useful learning process. The author points out that learning disabilities can be helped by games which encourage skills and feelings of competence, self-esteem, and responsibility. Many games are described, and suggestions are made to help the adult inconspicuously arrange things to be sure that maximum pleasure and learning result from them.

*Stott, Denis H.* **THE PARENT AS TEACHER.** *Pitman Learning, 1974. 138 pp. $6.95 (Paper).*

The author is associated with the Centre for Educational Disabilities at the University of Guelph in Canada which works with remedial programs for teaching learning disabled children using a games approach. The book gives much commonsense advice about the character and handling of children with learning disabilities and briefly describes the use of games that a parent may use to improve learning skills.

*Weiss, Helen Ginandes; Weiss, Martin S.* **HOME IS A LEARNING PLACE: A PARENTS' GUIDE TO LEARNING DISABILITIES.** *Little, Brown, 1976. 258 pp. $6.95 (Paper).*

The authors, both professionals and parents of learning disabled children, have written a clear definition of learning disabilities, causes, and manifestations. The tensions generated in the home by the learning disabled child are discussed, and practical suggestions made to ease them. Descriptions of home structuring for learning and suggestions for home teaching and behavior management make this a helpful book for parents.

*Young, Rosalie M.; Savage, Harriet H.* **BETTER LEARNING: HOW TO HELP STUDENTS OF ALL AGES OVERCOME LEARNING PROBLEMS AND LEARNING DISABILITIES.** *Prentice-Hall, 1982. 209 pp. $6.95 (Paper).*

The practical techniques and activities in this nontechnical handbook are designed to help youngsters from preschool through college age. Reading, mathematics, writing and spelling, handwriting, and study skills necessary in the high school years are the subjects considered by the educational therapists and specialists in learning disabilities who authored this informative and helpful book.

## *THE SCHOOL YEARS -- SPECIAL EDUCATION*

*Behrmann, Polly.* **WHY IS IT ALWAYS ME?** *(Available from the author, 115 Lake Road, Framingham, Massachusetts 01701), 1979. 72 pp. $4.00 (Paper).*

The learning disabled adolescent faces many problems of disorganization, clumsiness, and insecurity when dealing with everyday situations. Mrs. Behrmann has isolated some of the most common of these situations and gives suggestions for teaching social skills, memory skills, math skills, and other skills. This book is useful for building poise and confidence in the young adult.

*Complo, Jannita Marie.* **FUNTACTICS: MOVEMENT AND SPEECH ACTIVITIES FOR YOUNG SPECIAL CHILDREN.** *Pitman Learning, 1979. 85 pp. $5.50 (Paper).*

The author provides descriptions of physical activities to teach dramatic movement to learning disabled children. The book is designed for use by an inexperienced teacher; activities are sequentially organized starting with simple physical skills and working up to dramatizations of simple stories.

*Cruickshank, William; Morse, William C.; John, Jeannie S.* **LEARNING DISABILITIES: THE STRUGGLE FROM ADOLESCENCE TOWARD ADULTHOOD.** *Syracuse University Press, 1980. 285 pp. $9.95 (Paper).*

The authors give a clear description of the difficulties of adolescence for the learning disabled child. Interviews with five adults who a decade earlier had been placed in a highly structured special education program illustrate these problems and give concrete examples of some of the possible results. The author offers descriptions, insights, and suggestions for teachers guiding adolescents with learning disabilities. Parents will find the book readable and helpful.

*DeWitt, Frances Borum.* **OUR EDUCATIONAL CHALLENGE.** *Academic Therapy Publications, 1977. 110 pp. $5.00 (Paper).*

Specific techniques devised by the author are designed to remediate problems in reading, writing, ocular control, and movement efficiency in learning disabled young adults.

*Griffiths, Anita N.* **TEACHING THE DYSLEXIC CHILD.** *Academic Therapy Publications, 1978. 128 pp. $4.00 (Paper).*

A teacher shares her gift for teaching dyslexic children. Her techniques are varied and provide for a great number of practical experiences for the child who is then encouraged and taught to describe them in writing. The author emphasizes positive, active learning experiences which may be adapted by parents.

*Hayes, Marnell L.* **OH DEAR, SOMEBODY SAID "LEARNING DISABILITIES"! A BOOK FOR TEACHERS AND PARENTS.** *Academic Therapy Publications, 1975. 89 pp. $3.00 (Paper).*

Dr. Hayes presents a set of activities designed to simulate the experiences of having a learning disability -- drawing exercises, right-to-left reading with reversed letters, a paragraph of reading from those who learn from what they hear but not from what they see, mirror writing, and other effective devices for helping the reader walk in the shoes of the learning disabled child and in this way understand him better. She suggests approaches to teaching the auditory learner, the visual learner, and the "touch-and-do" learner and gives hints on observing behavior and modifying it.

*Kronick, Doreen (Ed.).* **WHAT ABOUT ME? THE LD ADOLESCENT.** *Academic Therapy Publications, 1975. 219 pp. $7.00 (Paper).*

Mrs. Kronick, the author of *They Too Can Succeed: A Practical Guide for Parents of Learning Disabled Children* (Academic Therapy, 1970, $4.00), has collaborated with other parents to produce a collection filled with the kinds of insights that can probably only be gained from years of family living and which should be helpful and reassuring to any parent.

*Marsh, George E.; Gearheart, Carol Kozisek; Gearheart, Bill R.* **THE LEARNING DISABLED ADOLESCENT: PROGRAM ALTERNATIVES IN THE SECONDARY SCHOOL.** *C. V. Mosby, 1978. 254 pp. $17.95.*

This textbook serves the needs of parents who want a description of programs designed to help the learning disabled adolescent gain the skills and confidence necessary to enter the adult world. It contains useful information on schools which provide special help.

*Ramos, Nancy P. (Ed.).* **DELINQUENT YOUTH AND LEARNING DISABILITIES.** *Academic Therapy Publications, 1976. $4.00 (Paper).*

Eight authorities on youth contribute articles on the relationship of learning disabilities and school failure to delinquency. They call for early identification and remediation of such disabilities, and more enlightened forms of justice for the young offenders.

*Riter, Michele; Hoffman, Ann.* **SURVIVAL SKILLS FOR THE STUDENT WITH LEARNING DISABILITIES.** *Iowa ACLD, 1978. 125 pp. $7.50.*

This school curriculum, developed under the sponsorship of the Iowa Association for Children with Learning Disabilities, was designed to teach learning disabled young adults the practical skills needed in the society of today, including household maintenance, health and medical care, financial and legal affairs, tax preparation, consumer education, family living, employment skills, job applications and interviews, and recreation and use of leisure time. Objectives, instructional resources, and suggested activities for teaching comprise its approach.

*Roener, Jerome.* **HELPING CHILDREN OVERCOME LEARNING DIFFICULTIES: A STEP-BY-STEP GUIDE FOR PARENTS AND TEACHERS.** *Walker, 1979 (Rev. Ed.). 377 pp. $15.95; $8.95 (Paper).*

This book for parents and teachers offers guidelines for teaching at home and at school, with a strong admonition to work together.

*Siegel, Ernest; Paul, Rita.* **HELP FOR THE LONELY CHILD.** *E. P. Dutton, 1978. 196 pp. (Out of Print.)*

The authors relate the lonely child's symptoms to poor social perception and other characteristics of a learning disabled child. They outline problems of self-esteem and "differentness" and the reasons for them, such as atypical thinking and atypical learning styles, impulsivity, perseveration, distractibility, naivete, poor self-concept, the failure syndrome, emotional unresponsiveness, and anxiety. The authors suggest remediation techniques to be used by parents and teachers.

*Smith, Sally L.* **NO EASY ANSWERS: THE LEARNING DISABLED CHILD AT HOME AND AT SCHOOL.** *Bantam, 1980. 326 pp. $3.95 (Paper).*

The author, founder and director of the Lab School of the Kingsbury Center, provides a clearly written description of the learning disabled child, with positive suggestions for the parent and teacher on how to cope with him. This very helpful book contains useful appendices, including ones on the constructive use of TV, use of art in education, and stock phrases to encourage the disabled learner.

### *WHEN CHILDREN BECOME ADULTS*

*Brown, Dale.* **STEPS TO INDEPENDENCE FOR PEOPLE WITH LEARNING DISABILITIES.** *Parents' Campaign for Handicapped Children and Youth/Closer Look, 1980. 48 pp. $2.00 (Paper).*

Practical information is emphasized in this comprehensive booklet for and about adults with learning disabilities. The author was the first chairperson of the National Network of Learning Disabled Adults.

*Kranes, Judith Ehre.* **THE HIDDEN HANDICAP: HELPING THE MARGINALLY LEARNING DISABLED FROM INFANCY TO YOUNG ADULTHOOD.** *Simon & Schuster, 1980. 269 pp. $10.95.*

Dr. Kranes is the head of New York's Para-Educator Center for Young Adults (PEC), a program that trains marginally learning disabled young adults for work in the helping professions, primarily as teachers' aides in nursery schools. In anecdotal style, the book describes the problems of learning disabled children who experience disappointment and failure during childhood and shows the positive results of utilizing their talents as young adults by training them to work with young children. A list of U.S. learning disability centers for young adults is included in an appendix.

*Lewis, Richard S.* **THE OTHER CHILD GROWS UP.** *Times Books, 1977. 276 pp. $12.95.*

This is a sequel to *The Other Child* (1960) and justifies the author's earlier prediction that minimally brain-damaged children can become self-sufficient as adults if they receive education geared to their handicap. The book contains follow-up case histories of adults who were taught at the Cove School in the 1950's.

### *WHERE TO WRITE FOR INFORMATION*

*Academic Therapy Publications, 20 Commercial Boulevard, Novato, California 94947.*

Write for the catalog of publications. Topics include tips and guides for parents at home, for teachers at school, directories of facilities and services, and many useful books and pamphlets of a nontechnical nature. The publisher also puts out *Academic Therapy*, an interdisciplinary journal on learning disabilities.

*Association for Children and Adults with Learning Disabilities, 4156 Library Road, Pittsburgh, Pennsylvania 15234.*

This national organization for parents, adults with learning disabilities, and professionals has active state and local affiliates throughout the

country. Write for a listing. Also ask for the Association's "Literature Inventory" of books and articles available at reasonable cost. Topics include early childhood, fine and gross motor skills, hyperactivity, parenting, nutrition, physicians, and teachers. A bimonthly newsletter is called *ACLD Newsbriefs*.

*California Association for Neurologically Handicapped Children, 645 Odin Drive, Pleasant Hill, California 94523.*

Although a state organization, CANHC has a nationally-known literature center, a good publications list, and a newsletter called *CANHC Gram* with plenty of items of interest to those who live outside California.

*Charlottesville Center for Dyslexia, 170 Rugby Road, Madison House, Charlottesville, Virginia 22903.*

Write for information about diagnostic and educational facilities for people with dyslexia. An informative booklet for dyslexic children and their parents is called *Dyslexia: A Seed of Anger* ($1.95).

*Council for Exceptional Children, 1920 Association Drive, Reston, Virginia 22091.*

CEC has a special division for children with learning disabilities. Those who are members of CEC may join the division and receive *Learning Disabilities Quarterly* or subscribe independently.

*Feingold Association of the United States, 1029 Jerico Turnpike, Smithtown, New York 11787.*

Write for information on the relationship between food and hyperactivity and the "Feingold diet" as well as for a listing of local chapters, most of which have newsletters.

*National Easter Seal Society, 2023 Ogden Avenue, Chicago, Illinois 60612.*

Write to the NESS library service for its publications list and its bibliographies on learning disabilities. A publication for the learning disabled child is called *Yes You Can!*

*The Orton Society, 8415 Bellona Lane, Suite 115, Towson, Maryland 21204.*

The Society is devoted exclusively to helping children with specific reading and language learning disabilities. Its publications list includes items for parents as well as for educators and physicians.

Specific Disabilities -- Learning Disabilities

*Parents' Campaign for Handicapped Children and Youth/Closer Look, 1201 - 16th Street, Northwest, Washington, D. C. 20036.*

Write for their list of booklets, fact sheets, lists of resources, guides to helpful reading, and newsletter reprints.

*President's Committee on Employment of the Handicapped, Washington, D. C. 20210.*

Send for *Learning Disability: Not Just a Problem Children Outgrow.* Free of charge.

*Special Learning Corporation, 42 Boston Post Road, Guilford, Connecticut 06437.*

Reprints of articles from professional and lay journals on a range of issues are collected in these publications available at $10.95 each: *Readings in Dyslexia, Readings in Learning Disabilities,* and *Readings in Hyperactivity.*

## MENTAL RETARDATION

### *BASIC READING*

*Allen, David F.; Allen, Victoria S.* **ETHICAL ISSUES IN MENTAL RETARDATION: TRAGIC CHOICES, LIVING HOPE.** *Abingdon, 1979. 172 pp. $5.95 (Paper).*

This is a useful overview of the many complex ethical choices faced by parents and professionals dealing with persons who are retarded. The authors discuss the basic issues involved in prenatal diagnosis, the use of heroic medical treatment, residential alternatives (the home, community, or institution), sexual expression of retarded persons, behavior modification, and informed consent. Written for the lay reader.

*Blatt, Burton; Kaplan, Fred.* **CHRISTMAS IN PURGATORY.** *Human Policy Press, 1974. 121 pp. $3.50 (Paper).*

This pictorial portrait of life in the back wards of "State Institution, Anywhere, U.S.A." was originally published in 1965. Dr. Blatt's exposè led the way for a burgeoning of exposès in newspapers across the nation which in turn stimulated reform in several institutions.

*Blatt, Burton; Ozolins, Andrejs; McNally, Joe.* **THE FAMILY PAPERS: A RETURN TO PURGATORY.** *Longman, 1979. 144 pp. $8.95 (Paper).*

A decade after his original visits to institutions, described in *Christmas in Purgatory,* Blatt returned to the same places to see what changes had taken place. What he saw and photographed shows very little improvement. He argues persuasively that we need to end the "nightmare of institutions" by emptying them and by finding proper ways and means to provide decent community living for their inmates. Meanwhile, the "family" -- i.e., those with a vested interest in institutions -- lingers on, but it is dying, having lost its status and purpose.

*Blatt, Burton.* **IN AND OUT OF MENTAL RETARDATION: ESSAYS ON EDUCABILITY, DISABILITY, AND HUMAN POLICY.** *University Park Press, 1981. 369 pp. $19.95 (Paper).*

Blatt has collected essays that span thirty years of action, observation, and thought in the area of mental retardation. He comes to a "few connected conclusions: that all people are equally valuable and deserve to be part of a normal world; that the world isn't now, but can be, hospitable and normal; so we must try to change the world, else we contribute to its evil." Literate and thought-provoking.

*Blatt, Burton.* **SOULS IN EXTREMIS: AN ANTHOLOGY ON VICTIMS AND VICTIMIZERS.** *Allyn & Bacon, 1973. 576 pp. (Out of Print.)*

*Souls in Extremis* uses poems, pictures, photo essays, case histories, and research reports -- a bombardment of experiences for the reader -- to communicate the impact of the dehumanization of our institutions, laws, and customs, and of our violent and "nonviolent abuse" of people who are retarded. It is not an indictment only of those who run institutions; all of us are implicated. Blatt insists that the reader understand his own role as a victimizer.

*Carson, Mary.* **A GUIDE FOR FRIENDS, NEIGHBORS AND RELATIVES OF RETARDED CHILDREN.** *Claretian Publications, 1977. 64 pp. $2.45 (Paper).*

The mother of two mentally handicapped children focuses on the many ways in which her children and her faith opened her life rather than closed it. What friends, neighbors, and relatives can do to help practically, as well as attitudinally, are outlined in this small book.

*Dougan, Terrell; Isbell, Lyn; Vyas, Patricia.* **WE HAVE BEEN THERE.** *Abingdon, 1982. 283 pp. $9.95 (Paper).*

Written with honesty and humor, this "guidebook for parents of people with mental retardation" is a compilation of personal accounts on a variety of subjects: how to "survive" the initial diagnosis, raising a child who is mentally retarded, the laws affecting education, concerns of brothers and sisters, joining organizations, the service system, and dealing with feelings. The final section allows people who are mentally retarded to speak for themselves.

*Edgerton, Robert B.* **MENTAL RETARDATION.** *Harvard University Press, 1979. 125 pp. $8.95 (Paper).*

A brief but solid discussion of mental retardation, its genetic, environmental, and social causes, the state of the art of prevention, how families cope, what schools are doing, and what society's responsibilities are is written in an easy style, free of jargon.

*Evans, Daryl Paul.* **THE LIVES OF MENTALLY RETARDED PEOPLE.** *Westview Press, 1983. 306 pp. $30.00; $12.00 (Paper).*

This interesting, helpful, and sympathetic account of how integration into community life is experienced by those so long excluded is written from the perspective of a sociologist who has spent significant time in the field of classrooms, workplaces, residential homes, and institutions. For purposes of his discussion of education, social psychology of mental retardation, the family, rights, the occupational world, residential lives, the judicial and penal systems, sexuality, marriage, geriatrics,

and prevention, he uses literature, his own observations, and learnings from the people he has interviewed.

*Freeman, Roger D.* **THE USE OF DRUGS TO MODIFY BEHAVIOR IN RETARDED PERSONS: A PRACTICAL GUIDE FOR PARENTS AND ADVOCATES.** *Association for Retarded Citizens, Research and Demonstration Institute, and the Canadian Association for the Mentally Retarded, National Institute on Mental Retardation, 1978. 25 pp. $1.00 (Paper).*

Concern for responsible drug use prompted this guide for use by parents and professionals. The booklet deals with the effects of various drugs, questions most frequently asked by parents, and guidelines for fostering better communication between those who prescribe and dispense drugs and parents and others who are concerned about their use for modifying the behavior of a child or adult who is retarded.

*Hauerwas, Stanley.* **RESPONSIBILITY FOR DEVALUED PERSONS: ETHICAL INTERACTIONS BETWEEN SOCIETY, THE FAMILY, AND THE RETARDED.** *Charles C Thomas, 1982. 112 pp. $13.75.*

This transcript of a symposium dealing with moral and ethical issues concerning responsibility for mentally retarded persons makes fascinating reading. Questions raised by professionals and parents include who should speak for persons who are retarded, the role of the family, the status of citizens who are retarded, and society's responsibility.

*Isaacson, Robert.* **MEETING THE NEEDS OF THE RETARDED: A CRITICAL LOOK AT CURRENT APPROACHES.** *Argus Communications, 1977. 182 pp. $2.50 (Paper).*

The author looks at retarded people and their problems and examines common "myths", including the idea that the middle class work ethic is appropriately applied to them. He sees institutions as an important part of a continuum of residential services needed, but he feels that their walls must be "permeable" -- they must extend into the community and the community must enter the institution. Society, in the author's view, has a collective responsibility for protecting and helping retarded persons whom he considers "guests" of our society.

*Menolascino, Frank J.* **CHALLENGES IN MENTAL RETARDATION: PROGRESSIVE IDEOLOGY AND SERVICES.** *Human Sciences Press, 1977. 362 pp. $34.95.*

This is a lively exposition of trends and needs in the field of mental retardation. Topics include practical concerns in providing services for children and their families (with frequent references to Nebraska models), sexual problems encountered by persons who are retarded, the occurrence of emotional disturbance in retarded persons, and the role of the associations for retarded citizens in shaping trends.

*Nichtern, Sol.* **HELPING THE RETARDED CHILD.** *Grosset & Dunlap, 1974. 289 pp. (Out of Print.)*

Dr. Nichtern's book includes a discussion of developmental growth patterns for nonretarded as well as retarded children, a dictionary of causes, severity, and characteristics of various retarding conditions, an explanation of types of early and late interventions, and a selected bibliography.

*Pader, Olga F.* **A GUIDE AND HANDBOOK FOR PARENTS OF MENTALLY RETARDED CHILDREN.** *Charles C Thomas, 1981. 254 pp. $24.50.*

Information about the development and capabilities of children who are mentally retarded, techniques and programs for teaching appropriate behaviors, and a discussion of family relationships and parenting skills are offered. The book grew out of a course outline for parent groups.

*Pueschel, Siegfried M. (Ed.).* **DOWN SYNDROME: GROWING AND LEARNING.** *Andrews and McMeel, 1978. 173 pp. $8.95; $4.95 (Paper).*

Written in nontechnical language, this book provides up-to-date information on various aspects of rearing a Down's syndrome child to maturity. It emphasizes infant stimulation, help with feeding problems, and the importance of education, and provides many concrete suggestions for parents to apply at home.

*Rosen, Marvin; Clark, Gerald R.; Kivitz, Marvin S.* **HABILITATION OF THE HANDICAPPED: NEW DIMENSIONS IN PROGRAMS FOR THE DEVELOPMENTALLY DISABLED.** *University Park Press, 1977. 371 pp. $19.95.*

Parents with scholarly inclinations will find this book an interesting and optimistic account of the potential of habilitation programs to prepare retarded people for community living. The transformation of Elwyn Institute from a custodial institution to a center for habilitation is part of the story. The aim of habilitation as described by the authors is not only vocational and competence training, but remedying the problems caused by the "inadequate personality", an acquired trait of many retarded persons, and finding ways to help those persons function more adequately.

*Strauss, Susan.* **IS IT WELL WITH THE CHILD? A PARENT'S GUIDE TO RAISING A MENTALLY HANDICAPPED CHILD.** *Doubleday, 1975. 152 pp. (Out of Print.)*

Mrs. Strauss is a professional writer and her book reflects her skill. She is also the mother of Michael, whose diagnosis was an evolving one, as is the case with many mentally handicapped children. The author writes with sensitivity and feeling about her own experience as a parent and gives good general advice. Well worth reading for parents and the professionals who work with them.

*Wolfensberger, Wolf.* **THE PRINCIPLE OF NORMALIZATION IN HUMAN SERVICES.** *National Institute on Mental Retardation, 1972. 258 pp. $10.50 (Paper).*

With four distinguished colleagues -- Bengt Nirje, the Swedish originator of the principle of "normalization", Simon Olshansky, Robert Perske, and Phillip Roos -- Wolfensberger put together a collection of thoughtful essays on how the concept of normalization can reshape the world in which retarded people live.

## *PERSONAL ACCOUNTS -- FROM THOSE WHO HAVE LIVED IT*

*Abraham, Willard.* **YOU ALWAYS LAG ONE CHILD BEHIND (BARBARA REVISITED).** *Sunshine Press, 1980. 84 pp. $4.95 (Paper).*

Dr. Abraham's daughter Barbara had Down's syndrome and died in her infancy in 1955. This book is a revised and updated presentation of a book written in her memory. The story is personal and poignant; the insights should be helpful to families of today wrestling with similar feelings.

*Bogdan, Robert; Taylor, Steven J.* **INSIDE OUT.** *University of Toronto Press, 1982. 231 pp. $14.95.*

The autobiographical accounts of two people who carry the label "mentally retarded" and spent years in institutions before becoming independent contributing members of society should help readers to understand what life has been like for them and how they view the world and themselves. Their perceptive insights expressed in their own words challenge societal preconceptions of mental retardation; their interviewers draw important conclusions for new societal directions.

*Bondo, Ulla.* **IDA: LIFE WITH MY HANDICAPPED CHILD.** *Faber and Faber, 1980. 128 pp. $9.95 (Paper).*

A Danish mother details her daughter's progress in diary format from her birth in 1966 through the next twelve years. Ida has Down's syndrome. Helpful developmental charts are included.

*Buck, Pearl.* **THE CHILD WHO NEVER GREW.** *John Day, 1950. 62 pp. (Out of Print.)*

Pearl Buck's moving account of her discovery that her daughter was mentally retarded and of her decision to place her in a residential school is a classic.

*Cormack, Barbara Villy.* **GEORGE.** *National Institute on Mental Retardation, 1978. 67 pp. $2.50 (Paper).*

Barbara Cormack's short, lively book covers 33 years of life with her Down's syndrome son. She describes well-meaning friends who comfort her on the birth of her baby by references to the possibility of short life expectancy, she tells of her refusal to send him to the state institution and of her subsequent involvement in a parent-organized and operated school, and, as George moves on into adulthood, she describes his move into a group home run by the local association for retarded persons. The book is documentation of the author's concluding statement of advice to other parents: "Don't be too sorry for yourselves. The sky is not all black. We enjoy our children, hard as it is sometimes for outsiders to believe it. And there are many compensations."

*Dickerson, Martha Ufford.* **OUR FOUR BOYS: FOSTER PARENTING RETARDED TEENAGERS.** *Syracuse University Press, 1978. 222 pp. $7.95 (Paper).*

Martha Dickerson, a professional in the field of mental retardation, tells the story of how she and her husband became the foster parents of four retarded boys after raising their own two children. She describes openly feelings of resentment and futility as well as the more frequent times of joy and fulfillment. The preface by William Cruickshank is a call to everyone working with retarded children or youth to aim toward providing the same commitment and quality of care in residential services so evident in the Dickersons' foster-parenting.

*Gauchat, Dorothy.* **ALL GOD'S CHILDREN.** *Hawthorn, 1976. 180 pp. (Out of Print.)*

This is the story of a remarkable couple who started out taking one handicapped foster child into their home, then another, and ended up building a house for 35 children with disabilities in need of a home.

*Hannam, Charles.* **PARENTS AND MENTALLY HANDICAPPED CHILDREN.** *Penguin, 1975. 128 pp. (Out of Print.)*

This book was written because the author, father of a Down's syndrome son, feels "that the needs of parents are not sufficiently understood." Through interviews with other families and descriptions of his own experiences, he depicts the ways in which some English parents first learned they had a handicapped child and discusses many of the day-to-day problems faced within and outside their homes by these families. Comments and recommendations round out his compact, vivid picture.

*Hunt, Nigel.* **THE WORLD OF NIGEL HUNT: THE DIARY OF A MONGOLOID YOUTH.** *Garrett Publications, 1967. 126 pp. (Out of Print.)*

Anyone who wants to be cheered by the possibilities for good potential of some persons with Down's syndrome should read this classic, autobiographical essay written by a man with Down's syndrome long before infant stimulation programs, preschools, and public school classrooms were available. His parents' expectations were high, they were good teachers, and he was a reasonably apt pupil.

*Jablow, Martha Moraghan.* **CARA: GROWING WITH A RETARDED CHILD.** *Temple University Press, 1982. 205 pp. $24.95; $12.95 (Paper).*

Cara, born with Down's syndrome, was enrolled at one month of age in an intensive early intervention (infant stimulation) program. Before she was five, she was reading. Much useful information accompanies her story, told by her journalist-mother, which will hearten parents and enlighten professionals.

*Janes, Diane (Ed.).* **JAMIE.** *Livonia Public Schools, 1980. 27 pp. $3.00 (Paper).*

Jamie was a 17 year old student in a school for students who are moderately retarded at the time this booklet was compiled. His teacher has shared his observations about himself, his family, his activities, and his feelings. His teacher and parents add their comments in this remarkable collection that voices the reflections of a special person.

*Lynch, Maureen.* **MARY FRAN AND MO: THE STORY OF TWO SISTERS.** *St. Martin's Press, 1979. 169 pp. $8.95.*

Well written, lively, and totally absorbing is Maureen Lynch's account of the year she spent in Seattle with her retarded sister, Mary Fran. The final chapter situates Mary Fran in a group home in a nearby city working in a sheltered workshop, enjoying the proximity of her widowed mother. The sisters are fast friends, living satisfying, independent lives.

*MacDonald, C. Scott; Oden, Jr., Chester W.* **MOOSE: THE STORY OF A VERY SPECIAL PERSON.** *Winston, 1978. 200 pp. $4.50 (Paper).*

One of the several children and step-children of co-author Chester Oden, Moose is the focus of a lively account of life with a Down's syndrome child in the midst of a large, active, devoted family. Parents, brothers, and sisters see to it that Moose assumes every bit of independence he can muster.

*Meyers, Robert.* **LIKE NORMAL PEOPLE.** *McGraw Hill, 1978. 203 pp. $9.95.*

Washington Post reporter Robert Meyers tells the story of Roger, his retarded brother, including life with their family and Roger's marriage to Virginia Henske, also retarded. The story spans 25 years and depicts the changes in attitudes and the improvements in services for retarded people that have made independent living possible for Roger and Virginia.

*Moise, Lotte E.* **AS UP WE GREW WITH BARBARA.** *Dillon, 1980. 232 pp. $8.95.*

Lotte Moise, a leader in the movement to make services available and to help communities understand mental retardation, writes of experiences in her family and her professional life. Her daughter Barbara was born in the early 1950's when parent advocates were first organizing to work for their retarded children.

*Riess, Elizabeth Dunkman.* **FIRST YEARS OF A DOWN'S SYNDROME CHILD.** *Special Child Publications, 1978. 301 pp. $11.00 (Paper).*

Written by a journalist-educator and mother of Sarah, a Down's syndrome child, this book describes how the mother adjusted to her daughter's handicap and how she helped her each step of the way. Sarah's developmental stages are laid out, with schedules and activities for each. The parent-reader is encouraged to keep records of problems and accomplishments during the very important early years.

*Roberts, Bruce; Roberts, Nancy.* **YOU AND YOUR RETARDED CHILD.** *Concordia, 1974. 77 pp. (Out of Print.)*

Bruce and Nancy Roberts have written before about David, their son with Down's syndrome. In this book, nicely illustrated with pictures of David at age 10, they deal with the anxieties and realities of having a retarded child. Their words offer compassionate, helpful, supportive reading for any parents.

*Worswick, Marilyn E.; Selle, Robert.* **THANK YOU DAVEY, THANK YOU GOD.** *Augsburg, 1978. 151 pp. $4.00 (Paper).*

Davey's mother writes frankly and honestly about her grief, trials, and final acceptance of her son's disabilities. Faith sustains her.

### *THE EARLY YEARS -- HOW TO TEACH, TRAIN, AND PLAY AT HOME*

*Atack, Sally M.* **ART ACTIVITIES FOR THE HANDICAPPED.** *Prentice-Hall, 1982. 131 pp. $6.95 (Paper).*

This practical step-by-step handbook offers ideas and projects for stimulating self-awareness, increasing perception, developing decision-

making skills, and fostering communication for children and adults who are mentally handicapped.

*Bassin, Jeff; Dreeb, Diane Drovetta.* **REACHING OUT TO PARENTS OF NEWLY DIAGNOSED RETARDED CHILDREN: A GUIDE TO DEVELOPING A PARENT-TO-PARENT INTERVENTION PROGRAM.** *St. Louis Association for Retarded Children, 1978. 39 pp. $1.50 (Paper).*

Parents and parent organizations interested in setting up a systematic way of putting seasoned parents of retarded children in touch with new parents will find that this booklet offers a good model.

*Cunningham, Cliff; Sloper, Patricia.* **HELPING YOUR EXCEPTIONAL BABY: A PRACTICAL AND HONEST APPROACH TO RAISING A MENTALLY HANDICAPPED CHILD.** *Pantheon, 1980. 336 pp. $12.95; $6.95 (Paper).*

This practical and helpful book for parents of mentally handicapped babies (especially those with Down's syndrome) contains good advice on coming to terms with the disability, guidelines for measuring development, and suggestions for learning activities according to developmental level.

*Dmitriev, Valentine.* **TIME TO BEGIN.** *Caring, 1982. 248 pp. $30.00; $20.00 (Paper).*

Drawn from a model program at the University of Washington developed and coordinated by the author, early intervention exercises and activities to use with infants and young children with Down's syndrome are presented in easy-to-follow text with many charming pictures. The importance of the human element -- warmth, gentleness, and "a deep and tender caring for each child's uniqueness and human potential" -- is stressed as essential. Helpful basic information is also included.

*Gordon, Michael Lewis; Ryan, David H.; Shilo, Tamar.* **HELPING THE TRAINABLE MENTALLY RETARDED CHILD DEVELOP SPEECH AND LANGUAGE: A GUIDEBOOK FOR PARENTS, TEACHERS AND PARAPROFESSIONALS.** *Charles C Thomas, 1979. 68 pp. $8.75.*

Prespeech exercises and a simple program for developing listening skills and language are outlined for the use of parents or professionals.

*Hanson, Marci J.* **TEACHING YOUR DOWN'S SYNDROME INFANT: A GUIDE FOR PARENTS.** *University Park Press, 1977. 221 pp. $16.95 (Paper).*

This guide for parents of Down's syndrome babies from birth to two years of age presents encouraging information on the progress of infants taught by their parents. The author describes how to observe and analyze behavior, how to break it down into steps, and then presents activities suitable for the baby as he or she reaches each developmental stage. Directions are clear and easy to follow. With or without professional

assistance, this guide offers a program which parents can do at home in the course of caring for or playing with their child.

*Johnson, Vicki M.; Werner, Roberta A.* **A STEP-BY-STEP LEARNING GUIDE FOR RETARDED INFANTS AND CHILDREN.** *Syracuse University Press, 1977. 195 pp. $9.95 (Paper).*

A sequenced checklist for determining a child's current skills and a curriculum of activities to permit and reinforce learning each step of the way are provided in this extremely useful manual. The format is simple and clear and the approach through observable behaviors makes this a good resource for parents with or without professional assistance.

*Horrobin, Margaret J.; Rynders, John E.* **TO GIVE AN EDGE: A GUIDE FOR PARENTS OF DOWN'S SYNDROME (MONGOLOID) CHILDREN.** *Colwell, 1974. 96 pp. (Out of Print).*

This handbook for parents of Down's syndrome children is an effort to encourage parents to stimulate their child's language, social, and muscular development. It offers advice in handling relationships at home and in the community and provides information on various aspects of a Down's syndrome child s growth and development.

*Molloy, Julia S.; Matkin, Arlene.* **YOUR DEVELOPMENTALLY RETARDED CHILD CAN COMMUNICATE.** *John Day, 1975. 244 pp. $8.95.*

The book progresses from basic principles in the development of language and speaking to specific practical suggestions for parents to follow in encouraging communication. A useful appendix is included listing pictures, toys, records, books, articles, periodicals, and organizations.

*Ohio State University Research Foundation.* **TOILET TRAINING: HELP FOR THE DELAYED LEARNER.** *McGraw-Hill, 1978. 106 pp. $8.00 (Paper).*

This book presents illustrated instructions on how to go about toilet training developmentally delayed children at various ages and stages. Steps for teaching handwashing are included, too. Sample schedules are provided. This is one of the best manuals of its kind.

*Spitalnik, Deborah M.; Rosenstein, Irving (Eds.).* **ALL CHILDREN GROW AND LEARN: ACTIVITIES FOR PARENTS OF CHILDREN WITH DEVELOPMENTAL PROBLEMS.** *Temple University Development Disabilities Center, 1976. 55 pp. Single copy free (Paper).*

Delayed development is explained simply and clearly, and activities to help children learn daily living skills are described. Illustrated with photographs.

*Wabash Center for the Mentally Retarded.* **GUIDE TO EARLY DEVELOPMENTAL TRAINING.** *Allyn & Bacon, 1977 (Rev. Ed.). 568 pp. $21.95 (looseleaf binder).*

This guide is designed in such a way that it can be used for teaching infants, delayed preschoolers, severely and profoundly retarded school-age children, or mildly and moderately retarded children in their early years. It permits the teacher or parent to assess the individual and set up a program in each area of development -- motor, cognitive, self-care, and language.

***THE SCHOOL YEARS -- SPECIAL EDUCATION***

*Association for Retarded Citizens.* **MAINSTREAMING MENTALLY RETARDED STUDENTS IN THE PUBLIC SCHOOLS.** *ARC, 1978. 7 pp. Single copy free.*

This is a brief summary of the position of the Association for Retarded Citizens on the integration of retarded children in the least restrictive environment.

*Baumgartner, Bernice B.* **HELPING EVERY TRAINABLE MENTALLY RETARDED CHILD.** *Teachers College Press, 1975 (Rev. Ed.). 97 pp. $5.00 (Paper).*

Designed as a guide for teaching the school-aged, moderately retarded child, this book encourages cooperation between parents and teachers in planning and carrying out activities for learning.

*Canadian Association for the Mentally Retarded.* **GROWING . . . BY PARTICIPATING IN COMMUNITY RECREATION ACTIVITIES: A GUIDE FOR PARENTS.** *National Institute on Mental Retardation, 1978. 50 pp. $3.00 (Paper).*

This book encourages parents to take advantage of community opportunities for their son's or daughter's leisure time. Each section starts with important principles of development, followed by ideas of what can or should be expected in the way of recreation and leisure pursuits, the kind of supports parents should look for, and the crucial role they can play in increasing the growth and development of their child. Written for Canadians, but with universal application.

*Ginglend, David R.; Carlson, Bernice Wells.* **READY TO WORK? THE DEVELOPMENT OF OCCUPATIONAL SKILLS, ATTITUDES, AND BEHAVIORS WITH MENTALLY RETARDED PERSONS.** *Abingdon, 1977. 159 pp. (Out of Print.)*

The authors discuss the development of occupational skills, attitudes, and behaviors with teenagers who are mentally retarded and offer practical guidance in helping adolescents train for future employment. Lesson plans and class projects are included in the areas of basic skills and attitudes, kitchen and sewing skills, physical fitness, personal grooming, social behavior, and emotional fitness (art and music projects).

Primarily intended for teachers, the book should also prove useful to parents in understanding what the schools can and should do in prevocational training, and what they, as parents, can do to help their sons and daughters at home and in the community.

*Gorski, Berni.* **BEYOND LIMITATIONS: THE CREATIVE ART OF THE MENTALLY RETARDED.** *Charles C Thomas, 1979. 135 pp. $14.00.*

This is a collection of pictures and art objects made by mentally retarded persons in schools, institutions, and community programs, with a brief section of commentary by teachers who have worked successfully with handicapped artists.

*Johnson, Vicki M.; Werner, Roberta A.* **A STEP-BY-STEP LEARNING GUIDE FOR OLDER RETARDED CHILDREN.** *Syracuse University Press, 1977. 214 pp. $9.95 (Paper).*

How to break large tasks down into smaller ones so that step-by-step learning becomes possible is clearly demonstrated in this very useful book. It presents 265 activities, organized into various areas -- self care, fine and gross motor development, language and perception. Other chapters address behavior management and give general advice to parents. For use by parents or teachers.

*Lent, James R. (Ed.).* **MYSELF DAILY LIVING SKILLS.** *Edmark Associates, 1974-79. $5.00 to $8.00 each.*

Dr. James R. Lent and his colleagues at Project More, originally at the University of Kansas and later at Peabody College in Nashville, have developed a series of programs for teaching living skills to moderately and severely retarded children and adults. The series includes manuals on basic teaching strategy, eating, nose-blowing, hair-washing, shaving, and other basic skills.

*Rogovin, Anne.* **LEARNING BY DOING.** *Ideal School Supply Company, 1977 (2nd Ed.). 223 pp. $12.95 (Paper).*

Practical learning situations geared to show the everyday uses and applications of school skills are described. How retarded students learn from real-life situations under the guidance of a seasoned special education teacher is illustrated. Activities are designed for groups, but some are adaptable for use in a family setting.

*Sussman, Ellen J.* **ART PROJECTS FOR THE MENTALLY RETARDED CHILD.** *Charles C Thomas, 1976. 98 pp. $8.75; $5.75 (Paper).*

The author describes 39 classroom art projects, some of which can be done in the home. The text gives step-by-step instructions, lists of materials, and estimates of time needed to complete the projects. Amply illustrated.

## *WHEN CHILDREN BECOME ADULTS*

*Duaine, Patricia.* **IF . . . THEY WOULD ONLY . . . LISTEN!** *Patricia Duaine, 1981. 111 pp. $6.50 (Paper).*

True success stories of adults who attended a habilitation and training center for retarded people are chronicled by the author who is the director of the center and also the mother of a grown son with Down's syndrome.

*Gold, Marc W.* **TRY ANOTHER WAY (Training Manual).** *Research Press, 1980. 112 pp. $5.95 (Paper).*
*Gold, Marc W.* **MARC GOLD: "DID I SAY THAT."** *Research Press, 1980. 349 pp. $15.95 (Paper).*

Marc Gold was one of the best known and most imaginative developers of materials for teaching daily living skills and vocational tasks to severely and profoundly retarded persons. *Try Another Way* materials are all based on Gold's conviction that the limit of a person's functioning is determined by the availability of training technology and by the amount of resources society is willing to allocate, not by significant limitations in one's biological potential. *Marc Gold: "Did I Say That"* is a collection of 27 articles and commentaries about the *Try Another Way* system.

*Katz, Elias.* **THE RETARDED ADULT IN THE COMMUNITY.** *Charles C Thomas, 1977. 292 pp. $14.75.*

The author describes services that adult retarded persons need in the community, typical problems they face, and the dilemmas that confront their families with whom they still must live. References are outdated.

*Katz, Elias.* **THE RETARDED ADULT AT HOME: A GUIDE FOR PARENTS.** *Special Child Publications, 1970. 185 pp. $6.50 (Paper).*

This simply-written book urges training of adults in a variety of vital community living skills. Chapters give information on various areas of interest and activity. Appendix information is outdated, but the text has currently useful suggestions.

*Klein, Stanley D. (Ed.).* **TRAVEL AND TRAVEL TRAINING FOR PEOPLE WITH DISABILITIES.** *Psy-Ed Corporation, 1977. 16 pp. $1.50 (Paper).*

A reprint from the February 1977 issue of *The Exceptional Parent* magazine describes a program to teach adults who are mentally retarded how to use public transportation; travel training; some psychological and social barriers faced by a child and the parents; and a true-life experience by a parent initiating her daughter -- and herself -- in the process.

*Schulman, Eveline.* **FOCUS ON THE RETARDED ADULT.** *C. V. Mosby, 1980. 535 pp. $16.95 (Paper).*

This is a text for those training to be professionals in the field of mental retardation and it has limited value for parents. But since so little literature is available about retarded adults, parents may want to glean what they can from this book.

## *RESIDENTIAL ALTERNATIVES*

*Apolloni, Tony; Cappuccilli, Joanna; Cooke, Thomas P.* **ACHIEVEMENT IN RESIDENTIAL SERVICES FOR PERSONS WITH DISABILITIES: TOWARD EXCELLENCE.** *University Park Press, 1980. 205 pp. $14.95 (Paper).*

Various voices of experience -- those of professionals and parents -- speak for the creation of "real world" alternatives to institutions. Model programs are described, including the Macomb-Oakland Regional Center in Michigan, ENCOR in Nebraska, the Sommerset Home School in California for severely, multiply handicapped children, the Pennsylvania system, and programs in Canada. Problems of training staff, of persuading parents to shift from the institution to a community living arrangement, and funding are discussed. The chapter on "Residential Issues for the Family" by Betty Pieper and Joanna Cappuccilli makes especially good reading for parents.

*Baker, Bruce L.; Seltzer, Gary B.; Seltzer, Marsha Mailick.* **AS CLOSE AS POSSIBLE: COMMUNITY RESIDENCES FOR RETARDED ADULTS.** *Little, Brown, 1977. 265 pp. $12.50; $8.95 (Paper).*

Addressing the truism that no single form of residential care can suit the diverse needs of retarded persons, the authors made a survey of community residential resources across the nation. They visited and studied 17 residences. The result is this collection of descriptions of small and large group homes, homes for aged retarded persons, foster family homes, sheltered villages, apartments for independent and semi-independent living, and training programs. An interesting and readable survey.

*Cherington, Carolyn; Dybwad, Gunnar (Eds.).* **NEW NEIGHBORS: THE RETARDED CITIZEN IN QUEST OF A HOME.** *President's Committee on Mental Retardation, 1974. 190 pp. $4.50 (Paper).*

Authorities on mental retardation contributed to this collection of essays on various aspects of life in communities for retarded people. Views of retarded individuals, their parents, and professionals in the service system are included. (Order from U. S. Government Printing Office, Stock No. 040-000-00310-0.)

*Clarke, Bill.* **ENOUGH ROOM FOR JOY: JEAN VANIER'S L'ARCHE: A MESSAGE FOR OUR TIME.** *Paulist Press, 1974. 143 pp. $4.95.*

Father Clarke describes L'Arche (The Ark), the Christian community movement that began in France and has since spread to other countries. Working with handicapped adults, he states, "can begin that marvelous transformation from the fear of the different to a love of what is different. Other persons and other ways of living are no longer a threat because they are different but for that very reason are a source of enrichment that can release or generate great forces of creativity."

*Gollay, Elinor; Freedman, Ruth; Wyngaarden, Marty; Kurtz, Norman R.* **COMING BACK: THE COMMUNITY EXPERIENCES OF DEINSTITUTIONALIZED MENTALLY RETARDED PEOPLE.** *Abt Books, 1978. 227 pp. $19.50.*

*Coming Back* presents the results of a study of over 400 retarded persons released from institutions to live in various settings in the community. Where they are, what they do, and how they feel about their new lives emerges through their own words, as well as through the author's analysis of data. The results of the study should reassure those who are apprehensive about the risks of community living. The study also brings to light the main reasons for failures -- insufficient support services and lack of job opportunities, among others.

*Kugel, Robert B.; Wolfensberger, Wolf (Eds.).* **CHANGING PATTERNS IN THE RESIDENTIAL SERVICES FOR THE RETARDED.** *President's Committee on Mental Retardation, 1977. 435 pp. $4.45 (Paper).*

Many of the people who gave impetus to the movement known as normalization contributed to this collection of stimulating essays on the right of the retarded person to a life of dignity in the community. (Order through the U. S. Government Printing Office, Stock No. 040-000-00365-7.)

*National Institute on Mental Retardation.* **RESIDENTIAL SERVICES: COMMUNITY HOUSING OPTIONS FOR HANDICAPPED PERSONS.** *NIMR, 1975. 172 pp. $5.45 (Loose leaf binder).*

This Canadian manual presents various alternatives to residential care in institutions. In the opening section, "Listen Please," retarded persons speak persuasively about where they prefer to live. Only two out of the ten sections contain information specific to Canada; the others have wide applicability.

*Perske, Robert.* **NEW LIFE IN THE NEIGHBORHOOD.** *Abingdon, 1980. 78 pp. $5.95 (Paper).*

This book offers a compelling argument to demonstrate "how persons with retardation and other disabilities can help make a good community better."

Martha Perske's sensitive and charming illustrations complement the descriptions of "normalized environments."

*Tuttle, David R.* **TO BRIAN . . . WITH LOVE.** *Brian's House, Inc., 1981. 173 pp. $12.95.*

The father of a profoundly retarded son chronicles the history of Brian's House, a remodeled Civil War mansion converted into a licensed home for 12 retarded children.

*Vanier, Jean et al.* **THE CHALLENGE OF L'ARCHE.** *Daybreak Publications, 1981. 286 pp. $9.95 (Paper).*

Jean Vanier, one of the founders of the first l'Arche home, and 18 other authors who live or have lived in l'Arche communities sharing life with people with handicaps, speak of thoughts and experiences with gratitude and humility, and sometimes with gentle humor.

## *WHERE TO WRITE FOR INFORMATION*

*American Association of Special Educators, 107-20 - 125th Street, Richmond Hill, New York 11419.*

The AASE publishes the quarterly *Journal for Special Educators* which is divided into two sections -- one for articles on retarded children, and the other for articles on retarded adults.

*American Association on Mental Deficiency, 5101 Wisconsin Avenue, Northwest, Washington, D. C. 20016.*

The AAMD publishes the bimonthly *American Journal of Mental Deficiency* and the bimonthly *Mental Retardation* for the lay reader. Its publications are primarily for professionals.

*Association for Retarded Citizens, 2501 Avenue J, Arlington, Texas 76011.*

A bimonthly newsletter called *ARC Action* and a monthly called *Government Report* are available by subscription. *The ARC* (formerly *Mental Retardation News*) is sent to all members of local chapters 6 times a year. The Citizen Advocacy Division has a membership directory and distributes a newsletter called *Advocacy Exchange*. Information on On-The-Job Training Project, which locates employers who will hire retarded persons, is available from the Research and Demonstration Institute of ARC. The publications list includes an assortment of inexpensive pamphlets and booklets on education, prevention, recreation, religion, research, residential services, and vocational rehabilitation. *Make the Most of Your Baby* will be of particular interest to new parents. A brochure containing basic information about mental retardation and the Association

is called *The Truth About Mental Retardation.* Another title of special interest is *From Rights to Realities: Advocacy By and For Retarded People in the 1980s.* The Washington legislative office publishes and distributes *The Guide to Federal Resources for the Developmentally Disabled.* (Inquire at the Federal Programs Information and Assistance Project, ARC, 1522 K Street, Northwest, Suite 1030, Washington, D. C. 20005.)

*The Association for the Severely Handicapped, 7010 Roosevelt Way, Northeast, Seattle, Washington 98115.*

TASH distributes a monthly newsletter aimed at disseminating information on the education of severely and profoundly handicapped persons and at facilitating communication among its readers. Parents are encouraged to write for information and referral. The quarterly journal is called *JASH.* A priority of TASH is the development of integrated community-based services for severely handicapped individuals.

*Canadian Association for the Mentally Retarded, Kinsmen NIMR Building, York University Campus, 4700 Keele Street, Downsview, (Toronto) Ontario, Canada M3J 1P3.*

CAMR has prepared a number of publications of interest to parents. Among them is *Pilot Parents: An Organizer's Handbook.* The Association's monthly journal is called *Deficience Mentale/Mental Retardation.*

*Council on Exceptional Children, 1920 Association Drive, Reston, Virginia 22091.*

CEC has a Division on Mental Retardation that publishes a bimonthly journal called *Education and Training of the Mentally Retarded.* It is available to division members or to independent subscribers.

*Down's Syndrome Center, Department of Pediatrics, University of Maryland Hospital, 22 South Greene Street, Baltimore, Maryland 21201.*

Research on Down's syndrome is described in the quarterly newsletter *Down's Syndrome -- Papers and Abstracts for Professionals.* For subscription information, write to 10404 Leslie Court, Silver Spring, Maryland 20902.

*Down's Syndrome Congress, c/o Penny Schimpler, 706 South Bunn Street, Bloomington, Illinois 61701.*

The Congress is a national organization of parents and professionals concerned with promoting the welfare of persons with Down's syndrome. Its monthly newsletter is called *Down's Syndrome News.* Publications include a bibliography listing books, pamphlets, journal articles, and films about the condition and a booklet called *Down Syndrome.*

*International League of Societies for the Mentally Handicapped, 13 Rue Forestiere, B, 1050 Burxelles, Belgium.*

The ILSMH publishes reports from international meetings related to people who are mentally handicapped. A newsletter describes activities of international, regional, and national societies and contains reviews of current books and a long-range calendar; it is sent free of charge to member societies.

*Joseph P. Kennedy, Jr., Foundation, 1701 K Street, Northwest, Washington, D. C. 20006.*

The Kennedy Foundation distributes *Let's Play-to-Grow* kits, useful to both teacher and parents. Also available is a publication called *Working with Your Child; Suggestions for Families of the Developmentally Disabled Child.* The Kennedy Foundation founded and continues to support the Special Olympics. It also encourages and supports work in bio-ethics.

*La Leche League, International, Inc., 9616 Minneapolis Avenue, Franklin Park, Illinois 60131.*

One publication is entitled *Breastfeeding the Down's Syndrome Baby* ($.75).

*Media Materials Center for the Severely Handicapped, Box 318, George Peabody College for Teachers, Nashville, Tennessee 37203.*

The Center was established to gather, analyze, and assess existing instructional materials for severely handicapped people, identify gaps and develop ways of filling the gaps, and meet specific needs.

*Montgomery County (Maryland) Association for Retarded Citizens, 11600 Nebel Street, Rockville, Maryland 20852.*

A packet, called the *Down's Syndrome Kit* ($2.25), is addressed to new parents of a baby with Down's syndrome. It is filled with parent-to-parent guidance, information, exercise and stimulation suggestions, basic reading ideas, and photographs.

*National Apostolate with Mentally Retarded Persons, Post Office Box 4588, Trinity College, Washington, D. C. 20017.*

Membership includes *NAMRP Quarterly Publication* and a monthly newsletter.

*National Association of Private Residential Facilities for the Mentally Retarded, 6269 Leesburg Pike, Suite B-5, Falls Church, Virginia 22044.*

The newsletter of the NAPRFMR is called *Links*. It publicizes news about state and federal legislation and about new developments in residential services throughout the country. There is a special subscription rate for parents of $10.00 a year.

*National Association of State Mental Retardation Program Directors, 2001 Jefferson Davis Highway, Arlington, Virginia 22202.*

For parents who want to keep up with legislation, policy issues, and programs throughout the United States, NASMRPD distributes two newsletters -- *Capitol Capsules* and *New Directions*. The publications for those interested in policy issues are *Housing for Developmentally Disabled Citizens: An Analysis of Policy Issues* and *Income Maintenance and the Developmentally Disabled: An Analysis of Policy Issues*.

*National Down Syndrome Society, 146 East 57th Street, New York, New York 10022.*

Send one dollar for an information package which includes *This Baby Needs You Even More*, a brochure specifically for parents of newborn children with Down's syndrome.

*National Institute on Mental Retardation. Kinsmen NIMR Building, York University Campus, 4700 Keele Street, Downsview (Toronto) Ontario, Canada M3J 1P3.*

NIMR has good, updated bibliographies of books and reports on a variety of topics including education for severely and profoundly retarded children and integrating retarded students into regular schools. One practical pamphlet is called *Day by Day* ($.15). Its *Mental Retardation Health Care Series* includes reports on health care aspects of mental retardation and Alzheimer's disease. Send for its extensive publications list.

*New England Developmental Disabilities Communication Center, Eunice Kennedy Shriver Center, Walter E. Fernald State School, 200 Trapelo Road, Waltham, Massachusetts 02154.*

Send for *Toward Independent Feeding: The Young Child with Down's Syndrome* ($1.35), a booklet describing and illustrating methods for stimulating sucking, swallowing, biting, and chewing and for encouraging early cup drinking and finger feeding.

*Nisonger Center for Mental Retardation and Developmental Disabilities, The Ohio State University, 1580 Cannon Drive, Columbus, Ohio 43210.*

Several titles in the publications catalog are of interest to parents -- *Ready Set Go, Talk to Me, Infant Stimulation Curriculum,* and *Parent Involvement: For the Sake of All Children.*

*Parents' Campaign for Handicapped Children and Youth/Closer Look, 1201 - 16th Street, Northwest, Washington, D. C. 20036.*

Parents of retarded children can ask specifically for a packet of information on mental retardation. Specify the state in which you reside or intend to reside.

*President's Committee on Employment of the Handicapped, Washington, D. C. 20210.*

PCEH publishes a number of free pamphlets specific to mental retardation, among them *Guide to Placement of Mentally Retarded Workers, How to Get a Job . . . Preparing for Work, About Jobs and Mentally Retarded People, A Bright Future: Your Guide to Work* and *Affirmative Action to Employ Mentally Retarded People: A Pocket Guide.*

*President's Committee on Mental Retardation, Washington, D. C. 20201.*

The publications list includes these titles: *Hello World!*, a popular general information booklet, *The Problem of Mental Retardation: Century of Decision* which makes recommendations for the next 25 years on services for retarded persons, and *Mental Retardation: Past and Present* which reviews the history and treatment of retarded persons and assesses where we stand today.

*Public Affairs Committee, 381 Park Avenue, South, New York, New York 10016.*

Public Affairs pamphlets specific to mental retardation are *Securing the Legal Rights of Retarded Persons, How Retarded Children Can be Helped, New Hope for the Retarded Child,* and *The Retarded Child Gets Ready for School* ($.50 each).

*Research and Training Center in Mental Retardation, Box 4510, Texas Tech University, Lubbock, Texas 79409.*

Copies of *Citizen Advocacy Resources*, an annotated list of resource materials and organizations, are available at reasonable cost.

*U. S. Department of Education, Office of Special Education and Rehabilitative Services, Clearinghouse on the Handicapped, Washington, D. C. 20202.*

The Clearinghouse answers inquiries from individuals on government programs, legislation, and on voluntary consumer organizations concerned with handicapped children and adults. *Selected Federal Publications Concerning the Handicapped* is a good source of information on publications put out by the many bureaus, divisions, and administrations within the Department of Health and Human Services. Send for information on the 1982 edition of a *Directory of National Information Sources on Handicapping Conditions and Related Services* available at a reasonable charge to providers of information and services.

*U. S. Department of Health and Human Services, Office of Human Development Services. Administration on Developmental Disabilities, 330 C Street, Southwest, Room 3070, Washington, D. C. 20201.*

The administration can provide information on and addresses for state developmental disabilities offices and state protection and advocacy branches, which respond to inquiries from individuals.

*U. S. Department of Health and Human Services, Public Health Service, Health Services Administration, Bureau of Community Health Services, 5600 Fishers Lane, Rockville, Maryland 20857.*

The BCHS publications list includes a number of brochures and reports that pertain to mental retardation.

*U. S. Department of Health and Human Services, Public Health Service, Health Services Administration, Bureau of Community Health Services, National Clearinghouse for Human Genetic Diseases, 805 - 15th Street, Northwest, Suite 500, Washington, D. C. 20005.*

The clearinghouse responds to inquiries for information about human genetic diseases. It issues a number of publications, including a catalog series of current materials in the field; tracks State and Federal legislation related to genetics; and maintains lists of informational and clinical resources.

## MULTIPLE HANDICAPS

### *About Children and Adults Who Are Deaf and Blind*

*Eaton, Peggy; Eiring, Leslie.* **JOY OF LEARNING: CREATIVE INDIVIDUALIZATION FOR DEAF, MULTI-HANDICAPPED CHILDREN.** *Dormac, 1976. 110 pp. $10.50 (Paper).*

This book describes instructional activities designed to teach language and math concepts to multiply handicapped deaf children. Activities are designed for a classroom, but may be adapted for use at home, as the materials used are easily obtainable. The appendix to the book contains teaching aids (sign alphabet, number cut-outs, math cards, etc.). The authors are teachers at the California School for the Deaf.

*Freeman, Peggy.* **UNDERSTANDING THE DEAF-BLIND CHILD.** *International Ideas, 1975. 126 pp. $10.00 (Paper).*

The British author is the parent of a deaf and blind rubella child and one of the founders of the National Deaf-Blind and Rubella Children's Association. The book contains information and suggestions for the parent of such a child from birth through admission to a special school. The teaching of sign language, social, motor, and emotional development are all discussed.

*McInnes, J. M.; Treffry, J.A.* **DEAF-BLIND INFANTS AND CHILDREN.** *University of Toronto Press, 1982. 284 pp. $27.50.*

Much available information from various professionals and centers working with deaf-blind children is assembled in this guide which includes methods and activities to encourage development in the areas of social and emotional skills, communication, gross and fine motor ability, perceptual and cognitive-conceptual understandings, orientation and mobility, and life skills.

*Southwestern Region Deaf-Blind Center.* **LEARNING STEPS: A HANDBOOK FOR PERSONS WORKING WITH DEAF-BLIND CHILDREN IN RESIDENTIAL SETTINGS.** *S.R.D.B.C., 1976. 292 pp. Single copy free.*

This well-illustrated book gives general information on sight, health, and language problems of the deaf-blind child, as well as practical suggestions and activities to teach skills in body movement, eating, toilet training, dressing, hygiene, and use of leisure time. There is also a section on sign language.

*Yoken, Carol.* **LIVING WITH DEAF-BLINDNESS: NINE PROFILES.** *National Academy of Gallaudet College, 1979. 175 pp. $6.50 (Paper).*

This collection of true stories is based on interviews with deaf-blind adults recounting their experiences in living and coping with their handicaps.

***ABOUT CHILDREN AND ADULTS WHO ARE SEVERELY AND PROFOUNDLY HANDICAPPED***

*Dayan, Maurice; Harper, Beryl; Molloy, Julia S.; Witt, Byrn T.* **COMMUNICATION FOR THE SEVERELY AND PROFOUNDLY HANDICAPPED.** *Love, 1977. 115 pp. $4.95 (Paper).*

Behavior modification techniques for teaching communication are presented. Specific suggestions and exercises for gaining a child's attention, for helping him to use his tongue, lips, and jaw, for helping him to attach meaning to sound and to develop expressive language of some kind are included. The book is written for those persons -- whether parents or others entrusted to care -- who want to teach very severely handicapped children to understand and communicate.

*Deich, Ruth F.; Hodges, Patricia M.* **LANGUAGE WITHOUT SPEECH.** *Brunner Mazel, 1977. 256 pp. $17.50.*

Step-by-step procedures for training in the use of a system of symbols are meant for the parents or teacher of a nonvocal child. Using symbols may be a viable alternative to signing or gestural language if either is too difficult for the child to master.

*DeVore, M. Susan.* **INDIVIDUALIZED LEARNING PROGRAM FOR THE PROFOUNDLY RETARDED.** *Charles C Thomas, 1977. 250 pp. $18.50 (Paper).*

Designed for the use of parents or instructors, this manual offers over 60 lesson plans for teaching self-care, socialization, communication, cognitive skills, gross motor, and fine motor skills to severely or profoundly retarded children or adults.

*Doyle, Phyllis B.; Goodman, John F.; Grotsky, Jeffery N.; Mann, Lester.* **HELPING THE SEVERELY HANDICAPPED CHILD: A GUIDE FOR PARENTS AND TEACHERS.** *Thomas Y. Crowell, 1979. 150 pp. $10.00.*

This book speaks to parents of children with severe physical impairments who are also mentally retarded. Divided into five sections, it briefly discusses ways of helping a child get the most out of school, then deals at length with practical ways of helping the child at home. It suggests ways to communicate, to lift and carry, to teach motor skills and self-help skills. It tells how to find services, special equipment, and gives information on wills, trusts, insurance, and government benefits. Final

sections deal with the child's right to a free, appropriate education and suggest articles and books for further reading.

*Eddy, Junius.* **THE MUSIC CAME FROM DEEP INSIDE.** *McGraw-Hill, 1982. 178 pp. $16.95.*

This is a chronicle in words and photographs of what happened in three school settings when the National Committee, Arts for the Handicapped, sponsored a project to improve the quality of life of severely and profoundly retarded children and, through the use of arts strategies, their functional skills as well. It offers some interesting and significant messages.

*Kelley, Mary Jane (Ed.).* **YES THEY CAN! A PRIMER FOR EDUCATING THE SEVERELY AND PROFOUNDLY RETARDED.** *Bethesda Lutheran Home, 1978. 256 pp. $3.00 (Paper).*

This manual offers systematic steps for teaching severely retarded children and adults practical skills such as responding to simple commands, eating independently, dressing and undressing, independent grooming, and playing. It explains the rationale, terms, and procedures in each area. It does not include toilet training, but recommends Foxx and Azrin's *Toilet Training the Retarded* (Research Press, 1974) as the best teaching method. The "instructors" to whom the book is addressed can be parents or staff members of schools or institutions.

*Perske, Robert; Clifton, Andrew; McLean, Barbara M.; Stein, Jean Ishler.* **MEALTIMES FOR SEVERELY AND PROFOUNDLY HANDICAPPED PERSONS: NEW CONCEPTS AND ATTITUDES.** *University Park Press, 1977. 142 pp. $13.95 (Paper).*

Parents and professionals from all over contributed their ideas for making mealtimes a more successful experience for severely and profoundly handicapped persons, as well as for the people who care for them. The collection is a testimony to people's ingenuity and sensitivity. Martha Perske's illustrations are a great asset.

*Sherrill, Claudine (Ed.).* **CREATIVE ARTS FOR THE SEVERELY HANDICAPPED.** *Charles C Thomas, 1979 (2nd Ed.). 286 pp. $15.50.*

Dance, music, film, drama, movement, all of the arts are shown to be adaptable and very effective in working with the severely handicapped child.

*Sontag, Ed; Smith, Judy; Certo, Nick (Eds.).* **EDUCATIONAL PROGRAMMING FOR THE SEVERELY AND PROFOUNDLY HANDICAPPED.** *Council for Exceptional Children, 1977. 472 pp. $14.95 (Paper).*

This collection of articles was put together for educators, and some of them are either too technical or too theoretical to be of much interest to

the ordinary parent. But for those who want to gain a thorough understanding of all the issues, achievements, and problems involved in providing services for severely and profoundly handicapped children ages birth to 21, this is a very useful and interesting collection.

*Teaching Resource Center, The City University of New York.* **ACTIVITIES FOR THE SEVERELY HANDICAPPED CHILD: THE PARENT'S MANUAL.** *The City University of New York, n.d. 85 pp. $4.25.*

This manual is designed for parents' use in helping severely handicapped children increase their ability to learn more effectively. It describes games and activities, materials needed, and a step-by-step approach to each. It is divided into activities to develop preliminary learning skills, self-help skills, and simple visual, language, and math skills. Very explicit patterns for cutouts and drawings to color are included.

*Thomas, M. Angele (Ed.).* **DEVELOPING SKILLS IN SEVERELY AND PROFOUNDLY HANDICAPPED CHILDREN.** *Council for Exceptional Children, 1977. 37 pp. $5.00 (Paper).*

Parents may pick up some teaching techniques in this collection of essays, in particular from the articles on teaching eating skills, training to "look at" people and objects, and general advice on the need to help children to relax before any training.

*Thomas, M. Angele (Ed.).* **HEY, DON'T FORGET ABOUT ME! EDUCATION'S INVESTMENT IN THE SEVERELY, PROFOUNDLY AND MULTIPLY HANDICAPPED.** *Council for Exceptional Children, 1976. 197 pp. $7.50 (Paper).*

In 1976 the Council for Exceptional Children convened one of its "invisible colleges" to discuss the state of the art of educating severely, profoundly, and multiply handicapped children. Topics ranged from the role of the parent to federal leadership. The current state of the art is considerably advanced, but the collection lays out the basic problems in a clear and interesting fashion.

***PERSONAL ACCOUNTS -- FROM THOSE WHO HAVE LIVED IT***

*Burkig, Thomas O.; Edwards, Sherry Ann.* **ON THE INSIDE -- LOOKING OUT.** *Special Education Press, 1979. 132 pp. $6.00 (Paper).*

Sherry Ann Edwards is nonverbal and physically handicapped with congenital spastic quadriplegia. She has spent most of her life in institutions for mentally retarded persons. She and her co-author, a psychologist, were able to set up a unique communication system and as a result this remarkable book was written. Together they present a painfully honest and bleak description of life in institutions and how it affects the people who live and work inside them.

*Hales, Ann.* **THE CHILDREN OF SKYLARK WARD: TEACHING SEVERELY HANDICAPPED CHILDREN.** *Cambridge University Press, 1978. 134 pp. $12.95.*

Author Ann Hales writes about her experience as a teacher of ten severely handicapped children in a ward of a hospital for "subnormal" children in England. Getting to know the children and the staff with whom she works becomes a moving and absorbing experience for the reader, too.

*Schaefer, Nicola.* **DOES SHE KNOW SHE'S THERE?** *Doubleday, 1978. 239 pp. $9.95.*

The British-born author tells about day-to-day defeats and victories in her struggle to keep her very severely handicapped daughter out of an institution and at home. Her battles with the Canadian government to provide alternatives as Catherine grows older are persistently thwarted, but Mrs. Schaefer's perspective, humor, and determination remain intact.

## PHYSICAL HANDICAPS

### *BASIC READING*

*Anderson, Elizabeth M.; Spain, Bernie.* **THE CHILD WITH SPINA BIFIDA.** *Love, 1977. 352 pp. $14.95.*

Written by British authors, this comprehensive text on spina bifida will be of interest to all parents of children with spina bifida. Different aspects of the condition are defined and then coupled with aspects of the functioning problems of the child and his family. Other sections deal with the intellectual development and school problems of the handicapped child.

*Ayrault, Evelyn West.* **GROWING UP HANDICAPPED: A GUIDE FOR PARENTS AND PROFESSIONALS TO HELPING THE EXCEPTIONAL CHILD.** *Continuum, 1977. 216 pp. $9.95.*

This useful, sensitively written book deals with the feelings of family members toward a child is handicapped, the child's self-image, behavior and discipline, special problems of teenagers and adults, psychological concerns and evaluations, education, toys and play equipment, roles of doctors and therapists, and ten case histories. In addition, there are extensive appendices of agencies, organizations, self-help materials, and services for people who are handicapped.

*Cruickshank, William (Ed.).* **CEREBRAL PALSY: A DEVELOPMENTAL DISABILITY.** *Syracuse University Press, 1976 (Rev. Ed.). 623 pp. $26.00.*

This comprehensive text on cerebral palsy contains contributions from experts covering subjects ranging from the medical and therapeutic aspects of the condition to the effect on the family, educational planning, vocational guidance, and the team approach to professional intervention.

*Gallender, Carolyn Newton; Gallender, Demos.* **DIETARY PROBLEMS AND DIETS FOR THE HANDICAPPED.** *Charles C Thomas, 1979. 207 pp. $16.25.*

Basic nutritional needs, eating handicaps, and problems with digestion, constipation, and obesity are explained clearly and understandably in this book about the eating problems of persons with a special physical liability which limits or prevents usual activities such as walking, running, or exercising.

*Jeter, Katherine F.* **THESE SPECIAL CHILDREN.** *Bull, 1982. 192 pp. $19.95; $13.95 (Paper).*

Subtitled "The Ostomy Book for Parents of Children with Colostomies, Ileostomies and Urostomies," *These Special Children* discusses conditions that lead to ostomies, types of ostomies, details of ostomy management,

answers to the most often asked questions, and the unique parenting needs of the child with an ostomy. Comprehensive information, personal stories, and comforting guidance.

*Joel, Gil F.* **SO YOUR CHILD HAS CEREBRAL PALSY.** *University of New Mexico Press, 1975. 53 pp. $2.95 (Paper).*

This solid, realistic book by an adult born with cerebral palsy who spent many years counseling families with a physically handicapped member spells out guidelines for helping a child develop a positive self-image, offers many valuable insights into the feelings of a cerebral palsied individual, and suggests how parents can be most effective in coping with the problems of raising the child with a handicap.

*Myers, Gary J.; Cerone, Sharon Bidwell; Olson, Ardis L. (Eds.).* **A GUIDE FOR HELPING THE CHILD WITH SPINA BIFIDA.** *Charles C Thomas, 1981. 307 pp. $19.75.*

A reference book for parents provides general information on the family and social aspects of raising a child with spina bifida, a consideration of medical problems and personal accounts of involved individuals and families.

*Power, Paul W.; Orto, Arthur E. Dell (Eds.).* **ROLE OF THE FAMILY IN THE REHABILITATION OF THE PHYSICALLY DISABLED.** *University Park Press, 1980. 554 pp. $19.95.*

Written primarily for health professionals and rehabilitation counselors, this book addresses several issues of interest to parents -- the psychological and emotional effects of disability and chronic illness in children, the reaction of all family members to disability and chronic illness, and techniques for professionals to use in helping families adjust to trauma and crisis by developing effective coping styles. A number of personal statements by people with disabilities and parents of children with disabilities are included.

*Reid, Robert.* **MY CHILDREN, MY CHILDREN.** *Harcourt Brace Jovanovich, 1977. 188 pp. $8.95.*

This is a history of the development of treatments for spina bifida and stories of the people who discovered and worked on these treatments.

***PERSONAL ACCOUNTS -- FROM THOSE WHO HAVE LIVED IT***

*Berger, Clyde Cochran.* **GRANDPA'S BOY AND WHAT BECAME OF HIM.** *Rand, 1981. 159 pp. $6.00.*

Born with cerebral palsy over sixty years ago, the author writes of his life which included school mainstreaming before it was usual. Family, friends, hard work, and faith help along the way.

*Heymanns, Betty.* **BITTERSWEET TRIUMPH.** *Doubleday, 1977. 191 pp. (Out of Print.)*

Even though cerebral palsy severely affected her physical capacities, Betty Heymanns became a professional photographer and a writer who can write about herself with honesty and understanding. She speaks frankly of the emotional side effects of growing up with a handicap, while describing the day-by-day battle to achieve self-sufficiency in spite of it.

*Nolan, Christopher.* **DAM-BURST OF DREAMS.** *Ohio University Press, 1981. 128 pp. $11.95.*

This is a collection of the remarkable writings of a most remarkable person. Christy Nolan, now fifteen, was brain-damaged at birth and as a result has never been able to speak or control his body. A muscle-relaxant drug, first administered when he was eleven, allowed him, with the aid of a head device and in partnership with his mother, sufficient control to type his unique, incredible verse, short stories, plays, and autobiography. Royalties from the sale of his book are being shared with a trust fund established to help others with physical disabilities communicate. "Mankind meditates on lovely tear-making manners in other people . . . ."

*Pieper, Elizabeth.* **STICKS AND STONES: THE STORY OF LOVING A CHILD.** *Human Policy Press, 1977. 88 pp. $4.00 (Paper).*

In this well-done account of the birth and development of a baby with spina bifida, Mrs. Pieper describes her painful progress toward knowledge of her child's problems and the problems of dealing with doctors, authorities, educators, counselors, and government agencies. Betty Pieper is a fighter, and she presents a good case for more sensitivity on the part of professionals who care for people who are handicapped and more assertiveness on the part of parents of a child with a handicap.

*Zola, Irving Kenneth.* **MISSING PIECES: A CHRONICLE OF LIVING WITH A DISABILITY.** *Temple University Press, 1982. 246 pp. $14.95.*

A "socio-autobiography, a personal and social odyssey that chronicles not only my beginning acknowledgment of the impact of my physical differences on my life but also my growing awareness of the ways in which society invalidates people with a chronic disability" is the way the author describes his book. The framework is a visit to Het Dorp, a 65-acre village specifically designed to house 400 severely disabled adult Netherlanders.

### *AIDS FOR EASIER LIVING*

*Caston, Don.* **EASY-TO-MAKE AIDS FOR YOUR HANDICAPPED CHILD.** *Prentice-Hall, 1982. 144 pp. $6.95 (Paper).*

A practical guide with clear sketches and simple plans for building more than 60 multi-purpose aids for everyday living and physical therapy needs. They include chairs, back rests, tables, beds, walkers and parallel bars.

*Cruzic, Kathleen.* **DISABLED? YES. DEFEATED? NO.** *Prentice-Hall, 1982. 212 pp. $6.95 (Paper).*

This valuable resource guide is packed with information to help a person with a disability lead a full life. It describes aids for daily living and recreation, directs the reader to sources for products, clothing, and equipment, lists books, publications, and organizations, and offers tips for "stretching your dollars" and traveling.

*Goldsworthy, Maureen.* **CLOTHES FOR DISABLED PEOPLE.** *Batsford, 1981. 117 pp. $12.50 (Paper).*

Detailed instructions for making or adapting clothes to the needs of the user with a physical handicap carry references to English outlets; the information, however, is universally useful.

*Grainer, Stuart E.* **MAKING AIDS FOR DISABLED LIVING.** *Batsford, 1981. 87 pp. $15.95.*

This book, published in Great Britain, offers a collection of detailed instructions and designs for aids to make everyday activities easier.

*Hotte, Eleanor Boettke.* **SELF-HELP CLOTHING FOR CHILDREN WHO HAVE PHYSICAL DISABILITIES.** *National Easter Seal Society, 1979. 64 pp. $1.50 (Paper).*

This excellent booklet for parents describes the need for attractive, specially adapted clothing for handicapped children, and outlines considerations in selection, size, fabrics, types of clothing, and adaptation techniques. It includes a bibliography of books, pamphlets, and articles, as well as a list of commercial catalogs and customized clothing sources.

*Robinault, Isabel P. (Ed.).* **FUNCTIONAL AIDS FOR THE MULTIPLY HANDICAPPED.** *Lippincott, 1973. 233 pp. $23.00.*

Prepared under the auspices of the United Cerebral Palsy Association, this helpful resource book incorporates information on and pictures of hundreds of functional aids and pieces of equipment. The developmental range from infancy to maturity is covered.

## *THE EARLY YEARS -- HOW TO TEACH, TRAIN, AND PLAY AT HOME*

*Finnie, Nancie R.* **HANDLING THE YOUNG CEREBRAL PALSIED CHILD AT HOME.** *E. P. Dutton, 1975 (Rev. Ed.). 337 pp. $5.95 (Paper).*

This is an informative, helpful manual which includes drawings and explanations of methods for handling the everyday problems of management and development of the young cerebral palsied youngster. A "must" for new parents.

*Griswold, Patricia.* **PLAY TOGETHER, PARENTS AND BABIES.** *United Cerebral Palsy Association of Central Indiana, 1972. 73 pp. $3.00 (Paper).*

This booklet offers 30 activities for parents to use with young children having cerebral palsy. Clear descriptions with illustrations of the objectives, motivating activity, and necessary equipment are included.

*Nakos, Eva; Taylor, Susan.* **EARLY DEVELOPMENT OF THE CHILD WITH MYELOMENINGOCELE: A PARENTS' GUIDE.** *Children's Hospital Medical Center, Cincinnati, Ohio, 1977. 46 pp. Single copy free (Paper).*

Although prepared for use in the Cincinnati area, this spiral-bound book gives many sources of help for parents in any locale. Practical instructions are offered for the home care of the infant and child with spina bifida to encourage the fullest possible development of motor, social, and perceptual skills.

*Pieper, Elizabeth.* **WHEN SOMETHING IS WRONG WITH YOUR BABY . . . LOOKING IN AND REACHING OUT.** *Spina Bifida Association of America, 1977. 27 pp. $1.00 (Paper).*

This is a positive and useful pamphlet which deals with parental feelings when a handicapped child is born, reaching out to other people, finding help and comfort. A resource list of organizations, books, and periodicals is included.

## *THE SCHOOL YEARS -- SPECIAL EDUCATION*

*Adams, Ronald C.; Daniel, Alfred N.; Rullman, Lee.* **GAMES, SPORTS AND EXERCISES FOR THE PHYSICALLY HANDICAPPED.** *Lea & Febiger, 1982 (3rd Ed.). 400 pp. $14.50.*

This comprehensive work designed as a resource guide for the teacher of students who are physically handicapped emphasizes the need for physical activity in the daily life of people who are handicapped and describes specific activities, necessary adaptations of equipment, and appropriate activities for specific disabilities.

*Cratty, Bryant J.* **DEVELOPMENTAL GAMES FOR PHYSICALLY HANDICAPPED CHILDREN.** *Peek Publications, 1969. 52 pp. $2.95 (Paper).*

The author, a consultant to the Special Education Department of the Los Angeles school system, compiled these stories and games to fill the requests of teachers working with physically handicapped children. Activities for groups as well as individuals may be adapted by parents. Wheelchair and crutch activities are featured.

*Mitchell, Joyce Slayton.* **SEE ME MORE CLEARLY.** *Harcourt Brace Jovanovich, 1980. 284 pp. $8.95.*

The author speaks directly and honestly to teenagers in helping them to get beyond the stereotype of a disability label and plan for a future of financial and emotional independence. Excellent suggestions are presented to aid teens with physical disabilities develop and maintain positive self-concepts and teach teachers to understand their special classroom needs. The messages are practical and reassuring.

***WHEN CHILDREN BECOME ADULTS***

*Dickman, Irving R.* **NO PLACE LIKE HOME.** *United Cerebral Palsy Association, 1975. 111 pp. $3.00 (Paper).*

This is a report by a task force on a variety of living arrangements possible for teenagers and adults with cerebral palsy.

*Gary, Jane Randolph.* **HOW TO CREATE INTERIORS FOR THE DISABLED: A GUIDE FOR FAMILY AND FRIENDS.** *Pantheon, 1978. 127 pp. $15.00; $5.95 (Paper).*

In a beautifully-illustrated book designed to help make a liveable environment for a person who is physically handicapped, the author describes rooms, implements, and designs that make everyday living easier. She tells you what to buy or make, how much it should cost, how to measure and place appliances, and where they are available. She discusses where to go for help, how to go about finding an attendant, how to take the best care of yourself. All this and much more is expressed in the most practical of terms. Every room in the house is looked at from the viewpoint of a person who is disabled; furnishings, appliances, placement, accessibility are all described to help the disabled person live more comfortably and self-sufficiently.

*Hale, Glorya (Ed.).* **THE SOURCE BOOK FOR THE DISABLED: AN ILLUSTRATED GUIDE TO EASIER, MORE INDEPENDENT LIVING FOR PHYSICALLY DISABLED PEOPLE, THEIR FAMILIES AND FRIENDS.** *Harper & Row, 1982. 288 pp. $15.95.*

Addressed to both an American and British audience, this book attempts to be a comprehensive guide to easier and more independent living for physically disabled persons. It covers many subjects -- home adaptations,

leisure and recreation, personal needs, sexuality, emotions, and attitudes. An excellent section on resources is included.

*Laurie, Gini.* **HOUSING AND HOME SERVICES FOR THE DISABLED.** *Harper & Row, 1977. 431 pp. $32.00.*

The author has written an encyclopedic book covering the wide range of solutions to housing and home service problems of people with disabilities. The book includes summaries of legislation and the results of studies and surveys concerning housing and services, personal accounts by disabled persons who have managed independent living, descriptions of institutions, household adaptations, attendant care, and a comparison of international facilities.

*Lifchez, Raymond; Winslow, Barbara.* **DESIGN FOR INDEPENDENT LIVING: THE ENVIRONMENT AND PHYSICALLY DISABLED PEOPLE.** *Watson-Guptill Publications, 1979. 208 pp. $25.00. University of California Press, 1981. $9.95 (Paper).*

These very personal profiles of seven men and women from the community of disabled people in Berkeley, California, assess their needs in terms of specific activities such as housing, sleeping, sexuality, grooming, feeding, excreting, eliminating barriers, and gaining accessibility to work and recreation. The book discusses the support network necessary for these handicapped adults to participate in life as normally and as self-sufficiently as possible. Thoughtful design and personal adaptation make all the difference.

### *TRAVEL GUIDES*

*Atwater, Maxine H.* **ROLLIN' ON: A WHEELCHAIR GUIDE TO U. S. CITIES.** *Dodd, Mead, 1978. 290 pp. $9.95.*

This guide gives general information on travel for people who are handicapped with specific information on facilities and attractions in Chicago, Honolulu, New York, Philadelphia, San Antonio, San Diego, San Francisco, and Washington, D. C. It can be used both as a travel planner and a travel guide.

*National Park Service, U. S. Department of the Interior.* **ACCESS NATIONAL PARKS: A GUIDE FOR HANDICAPPED VISITORS.** *National Park Service, 1978. 198 pp. $3.50 (Paper).*

This guide details information about accessibility of facilities, about services, and about interpretive programs in almost 300 areas of the national park system. Order from the Superintendent of Documents, U. S. Government Printing Office, Washington, D. C. 20402. (Stock No. 024-005-00691-5.)

*Reamy, Lois.* **TRAVELABILITY: A GUIDE FOR PHYSICALLY DISABLED TRAVELERS IN THE UNITED STATES.** *MacMillan, 1978. 290 pp. $11.95.*

Among topics covered are trip planning with special suggestions for special needs, how to arrange and enjoy travel by various forms of transportation, where to go and stay in the United States, preparing to go, and how to alleviate medical problems while traveling. The appendix gives information on foreign travel for people who have handicaps.

*Weiss, Louise.* **ACCESS TO THE WORLD: TRAVEL GUIDE FOR THE HANDICAPPED.** *Chatham Square Press, 1977. 178 pp. $7.95.*

This comprehensive guide to travel facilities for people who are physically handicapped contains descriptions of special facilities available in airports, bus and train depots, and ship terminals, and information about specially-adapted rental cars. It gives sources of access guides published by other countries, names of hotels and motels throughout the world which provide accommodations and services for people who are handicapped, and names of tour and travel agencies offering special services. A practical chapter dealing with health problems which may bedevil the tourist is included. A potpourri of travel tips tops off this commendable book.

***WHERE TO WRITE FOR INFORMATION***

*Accent on Information, Post Office Box 700, Bloomington, Illinois 61701.*

Computer searches at reasonable cost are made on request on such topics as housing and architectural barriers, employment, mobility aids, legislation, organizations, and recreation. The organization publishes *Accent on Living* magazine and an annual *Buyer's Guide.*

*American Alliance for Health, Physical Education, and Recreation. 1900 Association Drive, Reston, Virginia 22091.*

Write for a list of publications. *Practical Pointers* is concerned with recreation and physical education activities for the disabled person.

*American Automobile Association. Consult phone book for address of local office.*

Call and ask for *The Handicapped Drivers Mobility Guide* (no charge).

*American Coalition of Citizens with Disabilities. 1200 Fifteenth Street, Northwest, Washington, D. C. 20005.*

ACCD provides information and referral services on handicapping conditions, education, employment, transportation, and activities of daily

living. It distributes publications on coalition building, advocacy, and rights.

*Architectural and Transportation Barriers Compliance Board, Washington, D. C. 20202.*

Write for *Access America: The Architectural Barriers Act and You* and for other information on standards, enforcement regulations, and the complaint process. Also available is a comprehensive, annotated *Resource Guide to Literature on Barrier-Free Environments.*

*Center for Independent Living, 2054 University Avenue, Berkeley, California 94704.*

Send for up-to-date information on independent living, housing, rights, and laws. The Center's quarterly journal is called *The Independent.*

*IMS Press, 426 Pennsylvania Avenue, Fort Washington, Pennsylvania 19034.*

An annual directory with supplements of products and services, called the *Rehab Purchasing Guide*, is available for $35.00.

*Mainstream, Inc. 1200 - 15th Street, Northwest, Washington, D. C. 20005.*

Mainstream promotes the mainstreaming of disabled people in employment and education. It maintains free telephone information service. Call (800) 424 - 8089, toll free. A bimonthly newsletter *In the Mainstream* on affirmative action for people who are handicapped is free of charge.

*Moss Rehabilitation Hospital Travel Information Center, 12th Street and Tabor Road, Philadelphia, Pennsylvania 19141.*

Write for a free packet of materials which includes the *International Directory of Access Guides*, a compendium of more than 450 travel guides for people with physical handicaps.

*National Center for a Barrier-Free Environment, Suite 1006, 1140 Connecticut Avenue, Northwest, Washington, D. C. 20036.*

The Center serves as a clearinghouse for information on accessibility. Its newsletter *Report* deals with barrier-free design topics. Ask for information pamphlets, including *Tools for Accessibility: A Selected List of Resources for Barrier-Free Design.*

*National Easter Seal Society, 2023 West Ogden Avenue, Chicago, Illinois 60612.*

Send for a listing of local chapters, publications lists, and lists of organizations, journals, and bibliographies on all handicapping conditions from the Society's library service. Its monthly journal called

*Rehabilitation Literature* includes reviews and abstracts of books and articles on disabilities.

*National Endowment for the Arts, 2401 E Street, Northwest, Washington, D. C. 20506.*

Write for a list of publications concerning museum accessibility, performing arts, and services for handicapped persons.

*National Fire Protection Association, 470 Atlantic Avenue, Boston, Massachusetts 02210.*

A brochure entitled *Fire Safety for You -- A Guide for Handicapped People* describes preventive measures and what to do in an emergency.

*National Information Center for Educational Media, University of Southern California, University Park, Los Angeles, California 90007.*

Send for a listing of publications and audio-visual materials. NICEM has published an annotated bibliography entitled *Cerebral Palsy and Related Developmental Disabilities -- Prevention and Early Care.*

*National Library Service for the Blind and Physically Handicapped, Library of Congress, Washington, D. C. 20542.*

Write for a publications list and for a listing of regional libraries which offer free library service for talking books, tapes, and other aids. Available on voice indexed cassette is the National Park Service publication called *Access National Parks: A Guide for Handicapped Visitors.* A printed guide to travel services and resources called *Information for Handicapped Travelers* is free.

*National Recreation and Park Association, 1601 North Kent Street, Arlington, Virginia 22209.*

The association's journal *The Parks and Recreation Magazine* has a special issue on leisure activities and handicapped people. The association also distributes *Access National Parks: A Guide for Handicapped Visitors.*

*National Rehabilitation Information Center, 4407 Eighth Street, Northeast, Catholic University of America, Washington, D. C. 20064.*

The information center supplies research reports, audio-visuals, bibliographies, and computer searches. Any disabled individual or any professional may use the services.

*President's Committee on Employment of the Handicapped, Washington, D. C. 20210.*

PCEH offers publications on job opportunities, affirmative action, worksite accommodations, and special training programs for disabled individuals. Titles include *Affirmative Action for Disabled People: A Pocket Guide, Housing for Handicapped People,* and *Clothing for Handicapped People: An Annotated Bibliography and Resource List.*

*Public Affairs Committee, 381 Park Avenue, South, New York, New York 10016.*

Send for pamphlets entitled *Cerebral Palsy -- More Hope than Ever,* and *Independent Living: New Goal for Disabled Persons.* 50 cents each.

*Sister Kenney Institute, 811 East 27th Street, Minneapolis, Minnesota 55407.*

This rehabilitation institute is a source of printed and audio-visual materials. Its publications list includes *Adaptations and Techniques for the Disabled Homemaker* and *Wheelchair Selection: More than Choosing a Chair with Wheels.*

*Special Learning Corporation, 42 Boston Post Road, Guilford, Connecticut 06437.*

*Readings in Physically Handicapped Education* contains selected articles from journals; updated periodically ($10.95).

*Spina Bifida Association of America, 343 South Dearborn Street, Chicago, Illinois 60604.*

Information is available about spina bifida, as well as a listing of local SBAA chapters and the association's publications list. *Insights* is the newsletter.

*United Cerebral Palsy Association, 66 East 34th Street, New York, New York 10016.*

UCPA provides listings of local chapters and distributes general information on cerebral palsy. Useful publications include *What Everyone Should Know about Cerebral Palsy, Help at the Door: A Manual on Home Services for Individuals with Cerebral Palsy and Other Developmental Disabilities,* and *Living Arrangements for People with Life-Long Disabilities.* A free newsletter on legislation called *Word from Washington* is available from the UCPA Governmental Activities Office, 425 I Street, Northwest, Washington, D. C. 20001.

Specific Disabilities -- Physical Handicaps

*U. S. Department of Education, Office of Special Education and Rehabilitative Services, Clearinghouse on the Handicapped, Washington, D. C. 20202.*

The Clearinghouse provides information on federal programs and activities related to handicapped individuals. Its bimonthly newsletter *Programs for the Handicapped* is distributed free of charge. There is a charge of $8.00 for the Clearinghouse's *Directory of National Information Sources on Handicapping Conditions and Related Services* which contains extensive information on hundreds of voluntary and consumer organizations providing services to persons with handicaps.

*U. S. Department of Health and Human Services, Public Health Service, Health Services Administration, Bureau of Community Health Services, Rockville, Maryland 20857.*

Several titles in the HSA publications list are of interest to parents of children with physical handicaps.

*University of Iowa, Campus Stores, Room 30, Iowa Memorial Union, Iowa City, Iowa 52242.*

Write for details and ordering information for their excellent booklets on spina bifida and hydrocephalus.

## SPEECH HANDICAPS

### *BASIC READING*

*Brookshire, Bonnie L.; Lynch, Joan I.; Fox, Donna R.* **A PARENT-CHILD CLEFT PALATE CURRICULUM: DEVELOPING SPEECH AND LANGUAGE.** *C. C. Publications, 1980. 123 pp. $15.95 (Paper).*

The authors developed this curriculum for clinicians to use in a pilot intervention program for infants and toddlers with cleft lip or palate and their parents. The language and activities can be understood by parents. A section on parent information discusses the professionals parents will meet, feeding considerations, surgery and other possible procedures and treatments, hearing, speech, language, and causes.

*Cooper, Eugene.* **UNDERSTANDING STUTTERING: INFORMATION FOR PARENTS.** *National Easter Seal Society, 1976. 30 pp. $.60 (Paper).*

A renowned speech pathologist has written this short, informatiave booklet suggesting ways parents may work with speech pathologists in treating their stuttering child. He discusses possible causes of stuttering and aims at alleviating the fear and guilt some parents may feel.

*Eisenson, Jon.* **IS YOUR CHILD'S SPEECH NORMAL?** *Addison-Wesley, 1976. 163 pp. $7.95; $3.95 (Paper).*

Dr. Eisenson describes normal speech development and suggests how to encourage it. Problems such as stuttering, cluttering, hearing loss, minimal brain damage, and delayed speech are discussed, and practical suggestions are made to deal with the problems. The book also contains a useful chapter on where to go for help.

*Haynes, William O.; Greenberg, Bonita Renee.* **GUIDE TO UNDERSTANDING APHASIA.** *Interstate Printers & Publishers, 1976. 63 pp. $1.95 (Paper).*

Although intended for professionals, this booklet contains an overview of aphasia and its treatment which would be of interest to the patient's family.

*Massengill, Jr., Raymond; Phillips, Phyllis P.* **CLEFT PALATE AND ASSOCIATED SPEECH CHARACTERISTICS.** *Cliffs Notes, 1975. 83 pp. $3.95 (Paper).*

The authors have addressed this book to the parents of children with cleft palates to provide them with an overview of the condition, its correction, and treatment of speech problems related to it.

*Wicka, Donna Konkel; Falk, Mervyn L.* **ADVICE TO PARENTS OF A CLEFT PALATE CHILD.** *Charles C Thomas, 1982 (2nd Ed.). 68 pp. $10.75.*

Compact and complete, this manual concentrates on the incidence and causes of cleft palate, speech characteristics, feeding management, plastic and reconstructive surgery, dental management, emotional considerations, hearing problems, and techniques for speech and language development.

*Zwitman, Daniel H.* **THE DISFLUENT CHILD: A MANAGEMENT PROGRAM.** *University Park Press, 1978. 80 pp. $15.00.*

This book describes a parent-administered, professionally directed program for the behavior management of a stuttering child. The purpose of the program is to provide a fair, loving, and consistent home environment which will produce a minimum of stress on the child and reduce parental concern over the child's speech. Results of a pilot program are given, specific management techniques are described, and questionnaires and checklists for parents to complete are included.

***WHERE TO WRITE FOR INFORMATION***

*American Speech-Language-Hearing Association, 10801 Rockville Pike, Rockville, Maryland 20852.*

The Association has a listing of clinical facilities throughout the United States. A helpful brochure is called *Speech and Language Disorders and the Speech and Language Pathologist.*

*Loma Linda University, School of Medicine, Department of Pediatrics, Loma Linda, California 92354.*

Send for *An Introduction to Your Child Who Has a Speech Disorder* ($.50).

*Mead Johnson and Company, Nutritional Division, Evansville, Indiana 47721.*

Available free from the company are *The Road to Normalcy for the Cleft Lip and Palate Child* and *Your Cleft Lip and Palate Child: A Basic Guide for Parents.*

*National Association for Hearing and Speech Action, 10801 Rockville Pike, Rockville, Maryland 20852.*

Write for their series of brochures which includes *How Does Your Child Hear and Talk* and *The Speech Language Pathologist in the Schools.*

*Special Learning Corp., 42 Boston Post Road, Guilford, Connecticut 06437.*

*Readings in Speech and Hearing,* a collection of reprints from lay and professional journals, is updated periodically ($10.95).

## VISUAL HANDICAPS

### *BASIC READING*

*Kastein, Shulamith; Spaulding, Isabelle; Scharf, Battia.* **RAISING THE YOUNG BLIND CHILD.** *Human Sciences Press, 1980. 208 pp. $19.95.*

Three specialists in the education of children with visual handicaps discuss how children with visual impairments grow and how parents can help their child cope with each developmental milestone. Insights into the emotional reactions of children and families are also presented.

*Koestler, Frances A.* **THE UNSEEN MINORITY: A SOCIAL HISTORY OF BLINDNESS IN THE UNITED STATES.** *American Foundation for the Blind, 1976. 559 pp. $14.95.*

This comprehensive history of the status of people who are blind in the United States was commissioned by the American Foundation for the Blind.

*Lowenfeld, Berthold.* **OUR BLIND CHILDREN: GROWING AND LEARNING WITH THEM.** *Charles C Thomas, 1971 (3rd Ed.). 244 pp. $17.75; $11.75 (Paper).*

Written for parents, this book presents both facts on blindness and practical advice on teaching the skills of daily living to blind infants and children through adolescence. Parent concerns are addressed in this helpful book.

*Lowenfeld, Berthold.* **THE CHANGING STATUS OF THE BLIND -- FROM SEPARATION TO INTEGRATION.** *Charles C Thomas, 1975. 336 pp. $31.75.*

This is an interesting overview by a noted professional offering an historical perspective on the social status of people who are blind.

*Scott, Eileen P.; Jan, James E.; Freeman, Roger D.* **CAN'T YOUR CHILD SEE?** *University Park Press, 1977. 201 pp. $9.95.*

The authors draw on 30 years of experience to write this excellent book designed to help parents raise a visually handicapped child. The effect of blindness on the developing child is discussed from infancy through the school years and adolescence, and the book is filled with practical suggestions to help child and parents through the different stages of growth. A chapter is included which discusses the multiply-handicapped blind child. A "must" for parents.

***PERSONAL ACCOUNTS — FROM THOSE WHO HAVE LIVED IT***

*Ching, Lucy.* **ONE OF THE LUCKY ONES.** *Doubleday, 1982. 323 pp. $17.95.*

Born in China in 1937 and blinded in infancy, Lucy Ching considered herself lucky not to have been abandoned or sold into slavery because of her handicap. Her autobiography tells of her determination against all odds to get an education and help others. She gives much of the credit for her attainment to Ah Wor, her servant-companion since infancy.

*Hocken, Sheila.* **EMMA AND I.** *E. P. Dutton, 1978. 211 pp. $8.95; $2.25 (Paper).*

Blind as the result of congenital cataracts, Sheila Hocken describes her life with Emma, her remarkable Seeing-Eye dog. She finds a job, keeps an apartment, falls in love, marries, and eventually has her sight restored through surgery.

*Krentz, Harold.* **TO RACE THE WIND.** *Bantam, 1972. 282 pp. (Out of Print.)*

This is the powerful autobiography of the young man who inspired the Broadway hit *Butterflies are Free.* In tracing his route from infancy through Harvard Law School, he allows us many glimpses of a helping and supportive family, an often unsympathetic and hostile world, and a spirit and sense of humor that blindness has not dulled.

*Morgan, Barbara Kysor.* **OBSTACLE COURSE.** *Chronicle Books, 1979. 176 pp. $8.95.*

A caring and involved mother relates the story of a marriage and a family which includes a child born blind. Dan is taught independence early. Interesting experiences in sighted school situations outline his ability to overcome obstacles.

*Read, Ralph.* **WHEN THE COOK CAN'T LOOK.** *Continuum, 1981. 113 pp. $9.95.*

Written by a once-sighted person and designed to be read aloud to people without sight by family and friends, this book will teach people who are blind to cope in the kitchen. Practical techniques and incidental and anecdotal material about blindness, written with good humor and encouragement, accompany the meal preparations which are grouped according to levels of difficulty. Good learning for everyone.

*Resnick, Rose.* **SUN AND SHADOW.** *Atheneum, 1975. 274 pp. (Out of Print.)*

This is the autobiography of a gifted musician, blinded by congenital glaucoma in early childhood, who counts among her accomplishments the founding of the first camp and year-round recreation programs for blind children and the California League for the Handicapped. Her intent is "to

show how a blind child acquires her impressions of the objective world, and how attitudes, rather than lack of sight, are the real agony of blindness."

*Ulrich, Sharon, with Anna W. M. Wolf.* **ELIZABETH.** *University of Michigan Press, 1972. 122 pp. $5.95.*

Elizabeth's mother describes the first five years in the live of "a normal child who is blind;" many practical and useful ideas for home training are part of her heartening, helpful family story. Framing her detailed account is an introduction by Selma Fraiberg, then Director of the University of Michigan Child Development Project for the Department of Psychiatry, who describes the project for blind children and their families, and a lengthy commentary by Edna Adelson, research psychologist with the project, who discusses the psychology of the blind infant and the early education of the blind child.

***THE EARLY YEARS -- HOW TO TEACH, TRAIN, AND PLAY AT HOME***

*Fraiberg, Selma; Fraiberg, Louis.* **INSIGHTS FROM THE BLIND: COMPARATIVE STUDIES OF BLIND AND SIGHTED INFANTS.** *New American Library, 1977. 297 pp. $4.95 (Paper).*

An important report on a study of blind infants over a ten-year period resulted in these findings on how the blind baby differs from the sighted child in learning, ego development, and relations with other people, and what adaptations are helpful in overcoming developmental deficits resulting from blindness.

*Illinois Office of Education.* **PRESCHOOL LEARNING ACTIVITIES FOR THE VISUALLY IMPAIRED CHILD: A GUIDE FOR PARENTS.** *Illinois Office of Education, Instructional Materials Center, 1972. 98 pp. Single copy free (Paper).*

This well-organized, practical book gives suggestions for selected skill-teaching games and activities for parents to use with young visually impaired children.

*Maloney, Patricia L.* **PRACTICAL GUIDANCE FOR PARENTS OF THE VISUALLY HANDICAPPED PRESCHOOLER.** *Charles C Thomas, 1981. 78 pp. $10.75 (Paper).*

This compact, commonsensical guide offers both help in coping with the emotions of having a child who is blind and instruction in his care, training, and education. Written by a mother who has obviously weathered the early years successfully, the book provides valuable and practical advice to parents just beginning.

*Raynor, Sherry; Drouillard, Richard.* **GET A WIGGLE ON.** *American Alliance for Health, Physical Education and Recreation, 1975. 78 pp. $2.25 (Paper).*
*Raynor, Sherry; Drouillard, Richard.* **MOVE IT.** *American Alliance for Health, Physical Education and Recreation, 1977. 94 pp. $2.25 (Paper).*

Both are excellent booklets designed to help parents of visually handicapped infants guide their development by helping the babies enhance their sense of touch and ability to listen.

*Warren, David H.* **BLINDNESS AND EARLY CHILDHOOD DEVELOPMENT.** *American Foundation for the Blind, 1977. 308 pp. $5.75 (Paper).*

This scholarly work by an associate professor in the Department of Psychology at the University of California reviews the available knowledge of the effects of visual impairment on child development, including motor, perceptual, language and cognition, social, emotional, and personality development. Measures to counter developmental lag are discussed.

*Webster, Richard.* **THE ROAD TO FREEDOM: A PARENT'S GUIDE TO PREPARE THE BLIND CHILD TO TRAVEL INDEPENDENTLY.** *Katan Publications, 1977. 115 pp. $5.00 (Paper).*

This book is designed to instruct parents of a congenitally blind infant how to prepare the child so that he may receive the greatest benefit from mobility training. The author expresses his belief that a blind child reaches maximum intelligence depending on how much sensory and intellectual stimulation he gets in the first five years of his life. The book is filled with practical instructions to parents on how to provide such stimulation.

*Zegers ten Horn, Henriette.* **TOUCH TOYS AND HOW TO MAKE THEM.** *Touch Toys, 1978. 78 pp. $3.00 (Paper).*

Simple pictures and directions are presented for constructing 90 toys designed for use by the mentally and/or visually handicapped child. Directions sometimes include suggestions for specific educational use of the toy.

## *THE SCHOOL YEARS -- SPECIAL EDUCATION*

*Gallagher, Patricia A.* **EDUCATIONAL GAMES FOR VISUALLY HANDICAPPED CHILDREN.** *Love, 1978. 126 pp. $6.50 (Paper).*

This book attempts to fill a long-standing need for educational board and card games for elementary school-age children with visual handicaps. Over 100 games are described and suggestions are given for their construction and for variations in ways of playing each game. Each is designed to

improve academic skills such as English, math, and geography, or sensory and life skills. The games may be played with sighted children as well as visually impaired children in school or at home.

***WHERE TO WRITE FOR INFORMATION***

*American Council of the Blind, 1211 Connecticut Avenue, Northwest, Washington, D. C. 20036.*

ACB is a source of information on education, employment, health, government benefits, transportation, special aids, and legislation.

*American Foundation for the Blind, 15 West 16th Street, New York, New York 10011.*

AFB publishes and revises annually the *International Guide to Aids and Appliances for Blind and Visually Handicapped Persons.* A basic pamphlet for parents is entitled *Is Your Child Blind?* Two very useful books are *A Resource Guide for Parents and Educators of Blind Children* ($4.95) and *Show Me How: A Manual for Parents of Preschool Visually Impaired and Blind Children* ($4.00).

*American Printing House for the Blind, 1839 Frankfort Avenue, Louisville, Kentucky 40206.*

The Printing House publishes and distributes talking books, books in braille, and large type books. Send for a list of publications. Some titles are of interest to parents.

*Council for Exceptional Children, 1920 Association Drive, Reston, Virginia 22091.*

CEC has a Division for the Visually Handicapped. CEC members may join the Division and receive its quarterly newspaper.

*National Association for Visually Handicapped, 305 East 24th Street, New York, New York 10010.*

The NAVH is an organization devoted solely to the partially seeing person. It prepares and distributes large print books free upon request, does public education, acts as a clearinghouse of information for services, and provides information on optical aids. The Association distributes two newsletters -- *In Focus* for children and *Seeing Clearly* for adults.

*National Library Service for the Blind and Physically Handicapped, Library of Congress, Washington, D. C. 20542.*

The National Library Service offers free talking books, tapes, and other aids to children and adults with visual handicaps. Send for its publications list and for its listing of regional libraries.

*National Society to Prevent Blindness, 79 Madison Avenue, New York, New York 10016.*

Basic pamphlets on eye care for children and adults are available from the Society. Write for a publications list.

*Public Affairs Committee, 381 Park Avenue, South, New York, New York 10016.*

Send for *What Can We Do about Limited Vision?* and *Living with Blindness* ($.50 each).

*Special Learning Corporation, 42 Boston Post Road, Guilford, Connecticut 06437.*

Various theories about education of visually handicapped children are offered in a collection of articles reprinted from professional and lay journals in *Visually Handicapped Education*, updated periodically ($10.95).

# PART III

## SPECIFIC TOPICS OF INTEREST

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### *ATTITUDES*

*Bowe, Frank.* **HANDICAPPING AMERICA.** *Harper & Row, 1978. 254 pp. $14.95.*

In this important work, Frank Bowe, first Director of the American Coalition of Citizens with Disabilities, writes about the architectural, attitudinal, occupational, legal, and personal barriers that handicap the ability of disabled people to be productive citizens in our society. Appendices list organizations of and for disabled people and pertinent government programs.

*DeLoach, Charlene: Greer, Bobby G.* **ADJUSTMENT TO SEVERE PHYSICAL DISABILITY: A METAMORPHOSIS.** *McGraw-Hill, 1981. 310 pp. $19.95.*

The authors are professors of special education and rehabilitation at Memphis State University and have physical disabilities themselves. They have written this text on "the issues, the attitudes, the barriers, and the debates" of the psycho-social aspects of disability for students, professionals, and families of disabled persons. Vignettes add to the readability of this interesting book that discusses those societal misconceptions that impede the physical, psychological, and social adjustment of people who are disabled.

*Eisenberg, Myron G.; Griggins, Cynthia; Duval, Richard J. (Eds.).* **DISABLED PEOPLE AS SECOND-CLASS CITIZENS.** *Springer, 1982. 300 pp. $26.95.*

This interesting compilation of articles focusing on the discrimination experienced by people who are physically disabled suggests some solutions for remediation.

*Jones, Reginald L. (Ed.)* **REFLECTIONS ON GROWING UP DISABLED.** *Council for Exceptional Children, 1983. 103 pp. $7.50 (Paper).*

These firsthand perspectives by people with handicapping conditions, as well as the views of parents, are meant to "fill a real void in the attitudinal literature" about children with special needs. Several contributors make compelling arguments against the differential treatment and lowered expectations of sheltered experiences. The final chapter, tracing "the distance traveled" in attitude change by parents over the last two decades, was authored by the late Kathryn A. (Gorham) Morton, to whom this READER'S GUIDE is dedicated.

*Kleinfield, Sonya.* **THE HIDDEN MINORITY.** *Little, Brown, 1979. 213 pp. $9.95.*

The author uses a series of vignettes of visits with people with disabilities to illustrate examples of societal discrimination and demonstrates how some people, individually or in groups, are changing the attitudes of others, living lives in the mainstream, and assisting other people with handicaps to do the same.

*Lippman, Leopold.* **ATTITUDES TOWARD THE HANDICAPPED.** *Charles C Thomas, 1972. 118 pp. $10.50.*

Subtitled "A Comparison Between Europe and the United States," this early book contrasts "the attitudinal 'set' in the United States which is so different from the respect for human interdependency" seen by the author on a research tour of Europe. Lippman does not stop at merely citing the contrasts but points toward what can be done to make services for people with disabilities more effective and appropriate.

*Loring, James; Burn, Graham (Eds.).* **INTEGRATION OF HANDICAPPED CHILDREN IN SOCIETY.** *Routledge & Kegan Paul, 1975. 217 pp. $16.00.*

This far-ranging and interesting group of papers presented at a conference by professionals from England, Sweden, Wales, and France, deals with the primary issues of the integration of children with physical handicaps into normal school and community settings. Attitudinal and physical problems are posed and some solutions are suggested by the contributors.

*Regional Rehabilitation Research Institute on Attitudinal, Legal, and Leisure Barriers, George Washington University.* **BARRIER AWARENESS SERIES.** *RRRI-ALLB, 1978-81. $1.00 each (Paper).*

Titles in this consciousness-raising series include:

*The Invisible Battle.* Attitudinal barriers faced by the disabled community in general.

*Beyond the Sound Barrier.* Attitudes toward people with hearing impairments.

*Free Wheeling.* Attitudes toward wheelchair users.

*Counterpoint.* Attitudes of disabled people toward nondisabled people.

*Dignity.* Attitudes toward people with mental retardation.

*Sense Ability.* Attitudes toward visually impaired persons.

*Inside Out.* Attitudes toward persons with hidden disabilities.

*Perspectives.* Attitudes toward people with specific learning disabilities.

A synthesis of some of the preceding booklets is called *Barrier Awareness: Attitudes Toward People With Disabilities* ($4.50).

*Ward, Michael J.; Arkell, Robert N.; Dahl, Harry G.; Wise, James H.* **EVERYBODY COUNTS!** *Council for Exceptional Children, 1979. 73 pp. $12.50 (Paper).*

Directions and materials for planning, organizing, and conducting a workshop for adults to increase sensitivity to and awareness of the frustrations experienced by people with disabilities are presented. Twenty-five simulation activities are outlined; a tape cassette, "An Unfair Hearing Test," is included.

*Woodlin, Donna.* **HANDICAPISM.** *Region 1 Protection and Advocacy Newsletter (Center for Law and Health Sciences, 209 Bay State Road, Boston, Massachusetts 02215), 1978. 13 pp. Single copy free (Paper).*

This is a consciousness-raising booklet which points out some common stereotypes associated with disabled children and adults and gives suggestions for combatting them.

***WHERE TO WRITE FOR INFORMATION***

*Center on Human Policy, 216 Ostrom Avenue, Syracuse University, Syracuse, New York 13210.*

The Center offers publications, films, posters, and slide shows, including a very effective one called *Handicapism* which deals with discriminatory attitudes and the need to change them.

*National Easter Seal Society, 2023 West Ogden Avenue, Chicago, Illinois 60612.*

Publications designed to be "attitude shapers" include *Disabling Myths About Disability, Portraying Persons with Disabilities in Print,* and *Meeting and Introducing Persons with Disabilities*. Write for ordering information.

*President's Committee on Employment of the Handicapped, Washington, D.C. 20210.*

Among its many free publications is *The Handicapped--Changing Attitudes or Acceptance?* Articles in the PCEH journal *Disabled USA* frequently deal with attitudinal barriers.

Specific Topics of Interest

*Regional Rehabilitation Research Institute on Attitudinal, Legal, and Leisure Barriers, George Washington University, 603 Park Lane Building, 2025 Eye Street, N.W., Washington, D.C. 20052.*

In addition to its *Barrier Awareness Series*, RRRI-ALLB has prepared bibliographies of books and articles on a variety of topics; among those available is *Attitudes and Disability: A Selected Annotated Bibliography January 1975 to August 1977.*

*The Woman's Action Alliance, Inc., 370 Lexington Avenue, New York, New York 10017.*

The Non-Sexist Child Development Project of the Woman's Action Alliance is a national resource center for educational equity at the early childhood level. Two double-issues of *Equal Play*, its quarterly resource magazine for adults who are guiding young children beyond stereotypes, feature the work of Project R.E.E.D. (Resources in Educational Equity for the Disabled) which has been developing materials depicting disabled children and adults interacting with their nondisabled peers. The issues are Vol. II, Nos. 1 and 2, and Vol. III, Nos. 1 and 2 ($5 each).

## BEHAVIOR MODIFICATION

There is no shortage of books on behavior modification. Most of them are written for the use of parents and teachers encountering "normal" but nonetheless difficult to manage behavior problems with children in the home or in the classroom. In general, the books outline the principles of behavior change, tell how to collect baseline data, how to choose and use reinforcers, and how to carry out the strategies for changing the troublesome behaviors. Some are books for trainers of parents; others are written expressly for parents. A few were designed specifically for parents of children with special needs. Any of the following titles are good resources for parents interested in learning about behavior modification.

*Baker, Bruce L.; Brightman, Alan J.; Heifetz, Louis J.; Murphy, Diane M.* **STEPS TO INDEPENDENCE: A SKILLS TRAINING SERIES FOR CHILDREN WITH SPECIAL NEEDS.** *Research Press, 1977-79. $7.95 each (Paper).*

Titles include: *Early Self-Help Skills, Intermediate Self-Help Skills, Advanced Self-Help Skills, Toilet Training, Toward Independent Living, Speech and Language: Level 1, Speech and Language: Level 2, Behavior Problems.*

*Baldwin, Victor L.; Fredericks, H.D. Bud; Brodsky, Gerry.* **ISN'T IT TIME HE OUTGREW THIS? A TRAINING PROGRAM FOR PARENTS OF RETARDED CHILDREN.** *Charles C Thomas, 1973. 230 pp. $13.50.*

*Becker, Wesley C.* **PARENTS ARE TEACHERS: A CHILD MANAGEMENT PROGRAM.** *Research Press, 1971. 194 pp. $7.95 (Paper).*

*Heward, William L.; Dardig, Jill C.; Rossett, Allison.* **WORKING WITH PARENTS OF EXCEPTIONAL CHILDREN.** *Charles E. Merrill, 1979. 299 pp. $18.95.*

*Long, Kate.* **PARENTS BECOMING TEACHERS.** *Valley Community Mental Health Center, 1981. 125 pp. $2.50 (Paper).*

*Macht, Joel.* **TEACHING OUR CHILDREN.** *Jem, 1981. 143 pp. $7.95 (Paper).*

*Mash, Eric J.; Handy, Lee C.; Hamerlynck, Leo A.* **BEHAVIOR MODIFICATION AND FAMILIES.** *Brunner Mazel, 1976. 234 pp. $20.00.*

*Patterson, Gerald R.* **FAMILIES: APPLICATIONS OF SOCIAL LEARNING TO FAMILY LIFE.** *Research Press, 1975 (Rev. Ed.). 171 pp. $6.95 (Paper).*

*Patterson, Gerald R.* **LIVING WITH CHILDREN: NEW METHODS FOR PARENTS AND TEACHERS.** *Research Press, 1976. 130 pp. $6.95 (Paper).*

*Special Learning Corporation.* **READINGS IN BEHAVIOR MODIFICATION.** *Special Learning Corporation, 1978. 208 pp. $10.95 (Paper).*

*Wright, Logan.* **PARENT POWER: A GUIDE TO RESPONSIBLE CHILDREARING.** *William Morrow, 1980. 164 pp. $7.95.*

## DEATH AND DYING

*Borg, Susan; Lasker, Judith.* **WHEN PREGNANCY FAILS.** *Beacon, 1981. 252 pp. $6.95 (Paper).*

Parents write with insight and understanding to help families cope with the tragedy of miscarriage, stillbirth, or infant death.

*Burton, Lindy (Ed.).* **CARE OF THE CHILD FACING DEATH.** *Routledge & Kegan Paul, 1974. 225 pp. $18.50.*

This book illuminates the problems of parents and others involved in the care of a dying child. Personal accounts illustrate the devastation inflicted on a family by the loss of a child, but the authors also concentrate attention on the positive contributions which can be made by loving parents towards helping the dying child experience the most in the life that remains to him. The book is divided into sections dealing with fatal diseases of childhood, specific problems of such illnesses, helping the child, and, finally, helping the parent.

*Friedman, Rochelle; Gradstein, Bonnie.* **SURVIVING PREGNANCY LOSS.** *Little, Brown, 1982. 244 pp. $13.95.*

An empathetic and helpful book for those who live through the overwhelming experience of losing a pregnancy. National and local support organizations are listed in an appendix.

*Grollman, Earl A.* **TALKING ABOUT DEATH: A DIALOGUE BETWEEN PARENT AND CHILD.** *Beacon, 1976. 98 pp. $4.50 (Paper).*

Written to help parents explain death to a child, the main text is meant to be read to or with the child. The parents' portion of the book covers various topics such as a child's loss of a sibling, suicide, and how adults can face bereavement. The book includes lists of helpful organizations, books, tapes, and films.

*Klaus, Marshall H.; Kennell, John H.* **PARENT-INFANT BONDING: THE IMPACT OF EARLY SEPARATION OR LOSS ON FAMILY DEVELOPMENT.** *C.V. Mosby, 1982 (2nd ed.) 314 pp. $19.95; $14.95 (Paper).*

The potential for closeness, richness, and beauty of the bond formed between a mother or father and his or her newborn baby and the impact of separation or loss are the topics of this study. Chapters on caring for parents of infants with congenital malformations, of premature or sick infants, or of infants who die, describe the continuum of reactions and how sensitive and understanding physicians and other medical professionals can ease the impact and help families deal with their distress.

*Martinson, Ida Marie (Ed.).* **HOME CARE FOR THE DYING CHILD: PROFESSIONAL AND FAMILY PERSPECTIVES.** *Appleton-Century-Crofts, 1976. 332 pp. $11.95 (Paper).*

This is a collection of essays on various aspects of home care of a dying child, including descriptions of specific cases and model programs for care. One section deals with the family's reaction to death. The essays are sensitively written, comprehensive, and practical.

*Stinson, Robert and Peggy.* **THE LONG DYING OF BABY ANDREW.** *Little, Brown, 1983. 375 pp. $16.50.*

Andrew Stinson was born sixteen weeks prematurely and, through a succession of medical calamities, was kept alive for nearly six months. His parents chronicle the long days and their individual reactions. Brutal, painful, and honest, their book raises important ethical questions about the routine use of sophisticated neonatal technology, doctor decisions, and parent rights.

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*Kushner, Harold S.* **WHEN BAD THINGS HAPPEN TO GOOD PEOPLE.** *Avon, 1981. 149 pp. $3.50 (Paper).*

*Leach, Christopher.* **LETTER TO A YOUNGER SON.** *New American Library, 1981. 137 pp. $2.25 (Paper).*

*Schiff, Harriet Sarnoff.* **THE BEREAVED PARENT.** *Penguin, 1978. 146 pp. $3.95 (Paper).*

Three parents of children who died young attempt to find some answers or reasons for their own pain. Their moving and intensely personal searches may help others.

## GENETICS AND GENETIC COUNSELING

*Haffner, Debra.* **LEARNING TOGETHER: A GUIDE FOR FAMILIES WITH GENETIC DISORDERS.** *U.S. Department of Health and Human Services, Health Services Administration, Bureau of Community Health Services, 1980. 37 pp. Single copy free (Paper).*

*Learning Together* is written for parents of children with genetic diseases. It encourages parents to join parent groups; it tells how to form a support group of parents whose children have the same genetic disorder and suggests the kinds of activities which will make members better informed and better able to cope with whatever problems arise in the course of raising the child. A list of existing organizations for specific genetic disorders is included. Copies are available from the Bureau of Community Health Services, HSA, HHS, 5600 Fishers Lane, Rockville, Maryland 20857 (Publication No. (HSA) 80-5131).

*Hendin, David; Marks, Joan.* **THE GENETIC CONNECTION: HOW TO PROTECT YOUR FAMILY AGAINST HEREDITARY DISEASE.** *New American Library, 1978. 251 pp. $1.95.*

This book provides facts about heredity and genetic disorders and guidelines indicating who should seek the help of a genetic counselor and when they should. It discusses prenatal tests, physical examinations, reviews of family health, and the counseling that is available to help reduce the possibility of genetic disease. Clear and understandable, for the lay reader.

*Milunsky, Aubrey.* **KNOW YOUR GENES.** *Houghton Mifflin, 1977. 335 pp. $9.95. Avon, $1.95 (Paper).*

Dr. Milunsky begins his book by pointing out that one in ten individuals has or will later develop some inherited disorder and that each of us is a carrier of four to eight different hereditary diseases. That being the case, he argues persuasively that it pays to know one's family history and to take advantage of genetic counseling and the new technologies that can prevent genetic diseases. Chromosomes and genes, birth defects and counseling, prenatal diagnosis and the ethical, moral, and legal issues associated with it, heredity, disease, and aging are all discussed in nontechnical language.

*Nyhan, William L.* **THE HEREDITY FACTOR.** *Grosset & Dunlap, 1976. 320 pp. (Out of Print).*

Geneticist Nyhan has written a book that provides facts and information about all the major genetic diseases, including Down's syndrome, Tay-Sachs disease, cystic fibrosis, and sickle cell anemia. He also outlines clearly how genes and chromosomes figure in heredity and hereditary

diseases, and he describes some developments in preventing genetic disorders.

*Smith, David W.; Wilson, Ann Asper.* **THE CHILD WITH DOWN'S SYNDROME (MONGOLISM): FOR PARENTS, PHYSICIANS AND PERSONS CONCERNED WITH HIS EDUCATION AND CARE.** *W.B. Saunders, 1973. 106 pp. $7.95 (Paper).*

An opening chapter gives a clear explanation of the genetic causes and risks of Down's syndrome. What follows is a realistic yet optimistic overview of the growth and development of children with Down's syndrome into adulthood. Illustrated with photographs of children and adults.

## *WHERE TO WRITE FOR INFORMATION*

*March of Dimes Birth Defects Foundation, 1275 Mamaroneck Avenue, White Plains, New York 10605.*

Write for a publications list, information on genetic counseling, or information on any specific genetic disorder.

*National Clearinghouse for Human Genetic Diseases, 805 Fifteenth Street, Northwest, Washington, D.C. 20005.*

Established by the U.S. Department of Health and Human Services, Bureau of Community Health Services, as a result of the National Genetic Diseases Act, this clearinghouse develops catalogs of educational and informational materials (print and nonprint), compiles and distributes bibliographies, maintains a directory of informational and clinical resources, and responds to inquiries about genetic disorders from parents, professionals, or other interested persons. The catalogs include annotated listings of books, pamphlets, brochures, and audio-visuals. A very good resource for information on genetic disorders, counseling, and education.

*National Genetics Foundation, 9 West 57th Street, New York, New York 10019.*

This organization can answer requests for names of specialists, treatment centers, and genetic counselors across the country. Two useful brochures distributed by the foundation are *How Genetic Disease Can Affect You and Your Family* and *Can Genetic Counseling Help You?*

## LANGUAGE DEVELOPMENT

*Brooks, Mary; Engmann, Deedra; Johnson, Merrily.* **YOUR CHILD'S SPEECH AND LANGUAGE.** *H & H Enterprises, 1978. 52 pp. $5.95 (Paper).*

This breezily-written guide is intended to help parents to encourage normal speech development and to aid in the early detection of communication disorders. The guide covers infancy through preschool years, giving indications of normal development and suggesting parent activities to stimulate and respond to language development.

*Curran, Jean Stabenow; Cratty, Bryant J.* **SPEECH AND LANGUAGE PROBLEMS IN CHILDREN.** *Love, 1978. 146 pp. $4.95 (Paper).*

An overview of children's speech and language problems will help parents and teachers to identify them and to work with professionals to correct them. Techniques and activities for enriching language are described.

*de Villiers, Peter; de Villiers, Jill G.* **EARLY LANGUAGE.** *Harvard University Press, 1979. 160 pp. $7.95; $3.95 (Paper).*

A brief and very readable description explains how language is first learned by the developmentally "normal" child. The book also covers obstacles to language development such as deafness, aphasia, and autism.

*Heasley, Bernice E.; Groskios, Jacqueline R.* **PROGRAMMED LESSONS FOR YOUNG LANGUAGE DISABLED CHILDREN: A HANDBOOK FOR THERAPISTS, EDUCATORS AND PARENTS.** *Charles C Thomas, 1976. 172 pp. $12.75 (Paper).*

This handbook is designed to help parents and teachers help young children with language development at home. Part I provides discussion and suggestions for parents who are undertaking a home program of language development. "Do's and don'ts" are emphasized. Part II consists of language lessons to be presented as a daily program. Lessons include play and motor activities as well as objectives and procedures.

*Houghton, Janaye Matteson.* **HOMESPUN LANGUAGE.** *Whitehaven, 1982. 68 pp. $5.95 (Paper).*

The 35 easy-to-do lessons will help parents of young children with language delays to stimulate appropriate language learning by using common objects and familiar surroundings.

*Jeffree, Dorothy M.; McConkey, Roy.* **LET ME SPEAK.** *Taplinger, 1977. 176 pp. $7.95 (Paper).*

Games and activities designed to help parents aid children who are slow in acquiring language skills are collected. Language development charts pinpoint developmental needs and relate them to specific learning activities described in the text.

*Karnes, Merle B.* **HELPING YOUNG CHILDREN DEVELOP LANGUAGE SKILLS: A BOOK OF ACTIVITIES.** *Council for Exceptional Children, 1973 (Rev. Ed.). 144 pp. $5.15 (Paper).*

This book was developed by teachers to improve the language skills of preschool children. Exercises, games, stories, and projects are intended to help children improve listening skills, understand visually presented materials, use good verbal and motor expression, make verbal and visual associations, and develop good speech patterns. These are practical suggestions which can be adapted by a parent for home training.

*Karnes, Merle B.* **LEARNING LANGUAGE AT HOME: LEVEL I AND LEVEL II.** *Council for Exceptional Children, 1977. $35.00 each.*

The Level I kit contains 200 activity cards to stimulate language for preschoolers or for somewhat older handicapped children. They are designed for use by parents to teach language skills at home. Level II has 200 cards designed for children ages six to nine or for an older handicapped child. The activities are sequenced in order of difficulty. Manuals that accompany the kits give instructions for keeping track of progress.

*Kent, Louise R.* **LANGUAGE ACQUISITION PROGRAM FOR THE RETARDED OR MULTIPLY IMPAIRED.** *Research Press, 1974. 198 pp. $10.95.*

A structured language program, "LAP" outlines a progression of skills in various areas -- pre-verbal, receptive language, and expressive language. It also deals with sign language and total communication which can be effective means of communicating for children with language handicaps and delay. Clear and adaptable to an individual's needs, the program will be of use to parents as well as professionals.

*Murphy, John F.; O'Donnell, Charles A.* **DEVELOPING ORAL LANGUAGE WITH YOUNG CHILDREN.** *Educators Publishing Service, 1978. Books I-VI, $11.50 (Paper).*

Six workbooks offer a structured program for oral language development with children with special needs. The workbooks can be used by parents or teachers. Titles include *Speech, Listening, Self-Image, Vocabulary and Perception, Number Concepts*, and *Motor Activities and Fun and Games.* Titles may be purchased individually.

*Pushaw, David R.* **TEACH YOUR CHILD TO TALK: A PARENT GUIDE.** *Dantree, 1977. 248 pp. $9.95.*

Intended to chart normal speech development and to encourage parents to work with their children, this book may also be helpful to the parent of a handicapped child. Games and things to do to help speech development are described. Guidelines are provided on normal development at specific ages from birth to age five.

*Weiss, Curtis E.; Lillywhite, Herold S.* **COMMUNICATIVE DISORDERS: A HANDBOOK FOR PREVENTION AND EARLY INTERVENTION.** *C. V. Mosby, 1976. 289 pp. $6.95 (Paper).*

Written for educators, this handbook covers the field of communication and communication disorders, emphasizing early recognition of problems. It has an especially useful chapter of ways to help a child learn to talk which a parent may use with good results.

## PLANNING FOR THEIR FUTURE

Children with disabilities who will remain dependent require special provisions for their years as adults. The following sources of information should be helpful in considering various avenues of protection -- guardianship, estate planning, wills, trusts, and insurance -- as well as government benefits such as Social Security, Supplemental Security Income, Medicaid, and Medicare. Some of the publications are written with regard to a particular disability, but much of the information is applicable to all disabilities.

### *GENERAL HANDBOOKS*

*Association for Retarded Citizens.* **HOW TO PROVIDE FOR THEIR FUTURE.** *ARC, 1978 (Rev. Ed.). 52 pp. $.75.*

*Association for Retarded Citizens, Governmental Affairs Office.* **THE GUIDE TO FEDERAL BENEFITS AND PROGRAMS FOR HANDICAPPED CITIZENS AND THEIR FAMILIES.** *ARC, 1980. 450 pp. $30 (Loose leaf binder).*

*Ogg, Elizabeth.* **SECURING THE LEGAL RIGHTS OF RETARDED PERSONS.** *Public Affairs Committee, 1973. 28 pp. $.50.*

### *WHERE TO WRITE FOR INFORMATION*

Social Security Benefits

The following pamphlets can be obtained by calling or visiting local Social Security Administration offices. Most of the literature is also available in Spanish.

*U.S. Department of Health and Human Services, Social Security Administration, 6401 Security Boulevard, Baltimore, Maryland 21235.*

Write for pamphlets entitled *Your Social Security, Disability Benefits for Blind People, Social Security: Information for Young Families* and for the book entitled *Social Security Handbook.*

*United Cerebral Palsy Association, Governmental Activities Office, 425 Eye Street, Northwest, Suite 141, Washington, D.C. 20001.*

Write to UCPA for *Social Security and Cerebral Palsy.* Up to 10 copies are free of charge.

## Supplemental Security Income

SSI is administered by the Social Security Administration. Pamphlets can be obtained by calling or visiting local Social Security offices or by writing to the following address: SSA, 6401 Security Boulevard, Baltimore, Maryland 21235.

*U.S. Department of Health and Human Services, Social Security Administration, 6401 Security Boulevard, Baltimore, Maryland 21235.*

Helpful brochures include the following: *A Guide to Supplemental Security Income, SSI for Retarded People,* and *Your Right to Question the Decision Made on Your SSI Claim.*

## Medicaid and Medicare

The following pamphlets can be obtained by writing to the Health Care Financing Administration in Baltimore, Maryland. Many are also available in local Social Security Administration offices (in English and in Spanish).

*U.S. Department of Health and Human Services, Health Care Financing Administration, Publications Management, D-3, Gwynn Oak Building, Baltimore, Maryland 21235.*

Ask for *Medicaid-Medicare: Which is Which?, Medicaid Makes the Difference, A Brief Explanation of Medicare, Your Medicare Handbook, A Guide to Medicare,* and others.

## Aid for Dependent Children

Write to the following agency or inquire in local welfare or social service agencies for brochures and basic information on AFDC. Eligibility for AFDC entitles children to government benefits such as Medicaid, Maternal and Child Health Services, and others.

*U.S. Department of Health and Human Services, Social Security Administration, Office of Family Assistance, 6401 Security Boulevard, Baltimore, Maryland 21235.*

Ask for *AFDC: Aid to Families with Dependent Children.*

Specific Topics of Interest

Crippled Children's Services and Maternal Child Health Services

Inquire at your local health department or write to the following agency for basic information:

*U.S. Department of Health and Human Services, Health Services Administration, Bureau of Community Health Services, Office for Maternal and Child Health, Crippled Children's Services, 5600 Fishers Lane, Rockville, Maryland 20857.*

## PREVENTION

*Linedecker, Clifford; with Ryan, Michael and Maureen.* **KERRY: AGENT ORANGE AND AN AMERICAN FAMILY.** *St. Martin's Press, 1982. 240 pp. $12.95.*

The story of the loving and supportive family of Kerry, born with numerous birth defects, accompanies the carefully documented chronicle of the defoliant Agent Orange, used extensively in Vietnam and claimed by the authors to be the cause of serious illness in veterans and birth defects in their children.

### *WHERE TO WRITE FOR INFORMATION*

The following agencies and organizations are sources of information on prevention of handicaps. See also the information provided in the section on **Genetics and Genetic Counseling.** Organizations concerned with specific handicapping conditions are also a source of information. Write to those mentioned in the Where to Write for Information section following each disability.

*American College of Obstetricians and Gynecologists, 600 Maryland Avenue, Southwest, Suite 300 East, Washington, D.C. 20024.*

Write for free booklets on prenatal care, genetic counseling, methods of childbirth, and family planning.

*Association for Retarded Citizens, Prevention and Public Health Committee, 2501 Avenue J, Arlington, Texas 76011.*

Prevention of mental retardation is one of ARC's major commitments in the 1980's. A series of publications called *Prevention Notes* is available for distribution to physicians, social workers, and other professionals, and to interested parents. Individual titles include *The Fetal Alcohol Syndrome, Screening for Phenylketonuria (PKU) and Other Inborn Errors of Metabolism, Lead Poisoning in Children . . . A Preventive Illness*, and *Genetic Counseling.*

*Infant Metabolic Diagnostic Laboratory, 2233 Wisconsin Avenue, N.W., Suite 400, Washington, D.C. 20007.*

The Laboratory has a newsletter called *Infant Screening Newsletter* established as a mechanism for sharing information about infant screening with persons or organizations actively interested in such programs.

*Institute for Child Behavior Research, 4157 Adams Avenue, San Diego, California 92116.*

The purpose of the Institute is to conduct research on methods of preventing, diagnosing, and treating children with severe behavioral disorders, particularly infantile autism and childhood schizophrenia. It accepts case study referrals from either parents or from professionals. A newsletter reports its research findings.

*March of Dimes Birth Defects Foundation, 1275 Mamaroneck Avenue, Box 2000, White Plains, New York 10605.*

Several of the pamphlets and brochures distributed by the Foundation are concerned with prevention. Write for a publications list or for the following relevant titles: *Guide to Human Chromosome Defects, Are You Positive about Your RH Blood Factor, Tay-Sachs Disease--A Birth Defect* and others.

*Mental Health Association, 1800 North Kent Street, Arlington, Virginia 22209.*

Write to the MHA for its publications list. Several items deal directly or tangentially with prevention of mental illness.

*Muscular Dystrophy Association, 810 Seventh Avenue, New York, New York 10019.*

MDA offers a series of fact sheets on various neuro-muscular and skeletal muscle disorders, with brief descriptions of research in progress. Also available is a brochure called *The CPK Test for the Detection of Female Carriers of Duchenne Muscular Dystrophy.*

*National Society to Prevent Blindness, 79 Madison Avenue, New York, New York 10016.*

Write for basic pamphlets and brochures on eye care for children and adults.

*President's Committee on Mental Retardation, Seventh and D Streets, Southwest, Washington, D.C. 20201.*

Write for general information on prevention. Two PCMR publications of particular interest are available through the U.S. Government Printing Office: *Screening and Assessment of Young Children at Developmental Risk* (Stock No. (040-000-00294-4) for $2.65 and *What Are We Waiting For?* (Stock No. 040-000-00336-3) for $.80.

*United Cerebral Palsy Association, 66 East 34th Street, New York, New York 10016.*

UCPA has a number of good brochures on prevention. Among them are *Do's and Don'ts for the Most Important Nine Months in Life* (Available in Spanish or English), *Helping Women Have Healthy Babies, Prenatal Precautions, Special Report: Preventing Cerebral Palsy*, and *Two Kinds of Measles: Two Vaccines for Prevention.*

*U.S. Department of Health and Human Services, Public Health Service, Alcohol, Drug Abuse and Mental Health Administration, National Clearinghouse for Mental Health Information, Public Inquiries Section, 5600 Fishers Lane, Rockville, Maryland 20857.*

The Clearinghouse publications list has a number of titles which deal with prevention. Titles includes *Research on Disorders of the Mind* and the *Science Reports* series: *A Long-Range Study of Schizophrenia, Developing a Sense of Competence in Young People, Genes and Mental Health--The Mechanisms of Heredity in Major Mental Illnesses, New Light on Autism and Other Puzzling Disorders of Childhood*, and *Understanding Neurotic Disorders*. Single copies are free.

*U.S. Department of Health and Human Services, Public Health Service, Centers for Disease Control, Environmental Health Services Division, Atlanta, Georgia 30333.*

An important area in preventing brain damage is dealt with in *Preventing Lead Poisoning in Young Children: A Statement by the Center for Disease Control.*

*U.S. Department of Health and Human Services, Public Health Service, Health Services Administration, Bureau of Community Health Services, 5600 Fishers Lane, Rockville, Maryland 20857.*

Single copies of the following pamphlets are available free of charge from BCHS: *Watch Out for Lead Paint Poisoning*, a selected bibliography called *Lead Poisoning in Children, Vision Screening in Children, Planning Your Future Includes Family Planning*, and others. Send for a publications list.

*U.S. Department of Health and Human Services, Public Health Service, National Institute of Child Health and Human Development, Bethesda, Maryland 20205.*

Write for information on publications concerned with prevention. Of particular interest is a report on a conference sponsored by NICHHD in 1979 called *Antenatal Diagnosis*. It makes recommendations for current practice in the use of amniocentesis, sonography, fetoscopy placental aspiration and other techniques. Although the subject matter is technical in nature, the style is clear and understandable.

Specific Topics of Interest

*U.S. Department of Health and Human Services, Public Health Service, National Institute of Neurological and Communicative Disorders and Stroke, 9000 Rockville Pike, Bethesda, Maryland 20205.*

NINCDS puts out a special series for patients, their families, and paramedical workers called the *Hope Through Research* Series. Individual titles are as follows: *Acoustic Neuroma, Amyotrophic Lateral Sclerosis, Aphasia, Brain Tumors and Spinal Cord Tumors, Dizziness, Epilepsy, Headache, Hearing Loss, Huntington's Disease, Learning Disabilities Due to Minimal Brain Dysfunction, Multiple Sclerosis, Muscular Dystrophy, Myasthenia Gravis, Parkinson's Disease, Shingles, Spina Bifida,* and *Spinal Cord Injury.*

## RIGHTS OF CHILDREN

*Biklen, Douglas.* **LET OUR CHILDREN GO: AN ORGANIZING MANUAL FOR ADVOCATES AND PARENTS.** *Human Policy Press, 1974. 144 pp. $3.50 (Paper).*

This is a very effectively presented handbook for parents and others advocating for children on how to change the system when the child is not getting what he needs from it.

*Children's Defense Fund.* **CHILDREN OUT OF SCHOOL IN AMERICA.** *CDF, 1974. 366 pp. $4 (Paper).*

The staff of a Children's Defense Fund project conducted a survey to determine how many children in the United States have been excluded from school and for what reasons. The report presents an eye-opening description of how various social, political, and classroom postures have permitted schools to deny children their right to an education.

*Goldstein, Joseph; Freud, Anna; Solnit, Albert J.* **BEYOND THE BEST INTERESTS OF THE CHILD.** *Free Press, 1979 (Rev. Ed.). 203 pp. $12.95; $4.95 (Paper).*

Applying psychoanalytic theory to questions of placement of children when it is contested, i.e., when a child is found to be "neglected" or "delinquent" or when his parents are found to be "unfit", the authors emphasize the child's psychological needs to be a member of a family in which he feels wanted, can receive and return affection, and feels free to express anger. The book criticizes existing laws and recommends changes which would focus on safeguarding a child's need for continuity.

*Goldstein, Joseph; Freud, Anna; Solnit, Albert J.* **BEFORE THE BEST INTERESTS OF THE CHILD.** *Free Press, 1979. 288 pp. $3.95 (Paper).*

Written after *Beyond the Best Interests*, this book carefully defines the circumstances under which intrusion by the state into the problems of families is acceptable. Grounds for intervention include the request by a separating parent for the court to decide custody, the request by long-term caretakers of a child to become or remain his parents, gross failures of parental care such as the disappearance of a single parent or both parents, sexual offense against one's child, bodily injuries or failure to prevent such injuries, and refusal by parents to authorize medical care for a child under certain circumstances.

*Gross, Beatrice; Gross, Ronald (Eds.).* **THE CHILDREN'S RIGHTS MOVEMENT: OVERCOMING THE OPPRESSION OF YOUNG PEOPLE.** *Anchor, 1977. 390 pp. (Out of Print).*

This collection of articles exposes the violation of children's civil rights which appear to occur almost routinely in some homes, schools, and institutions. It establishes the clearcut need of children for far

greater concern and protection than they have received in the past. Articles range in subject matter from the physical and mental torture endured by some children in homes, in detention facilities, and in institutions, to a child's lack of choice or options within the process of schooling. The book concludes with a Bill of Rights for Children and a good annotated listing of books and organizations dealing with children's rights.

*Paul, James L.; Neufeld, G. R.; Pelozi, John.* **CHILD ADVOCACY WITHIN THE SYSTEM.** *Syracuse University Press, 1977. 165 pp. $9.95.*

Awareness of the failure of any of our major institutions which are there to give services to children -- health, education, recreation, welfare -- begins with parents who are engaged in the daily management of their children's well-being. That premise lends urgency to the authors' definition of advocacy, their discussion of individual and systems advocacy, of ways to effect change, and of the personal effects such work has on the individual, whether parent, professional, or paraprofessional.

## *WHERE TO WRITE FOR INFORMATION*

*Children's Defense Fund, 122 C Street, Northwest, Washington, D.C. 20001.*

CDF specializes in advocacy for children's rights, exposing federal and state policies and programs which fail children or put them at risk. It has established a Children's Public Policy Network of persons and organizations throughout the country to work towards building a better national environment for our children. Send for *Building a House on the Hill* ($1.50). Other publications include *EPSDT: Does it Spell Health Care for Poor Children?, How to Look at Your State's Plan for Educating Handicapped Children,* and *Your School Records.* The organization's newsletter is called *CDF Reports.*

*National Committee for Citizens in Education, Suite 410, Wilde Lake Village Green, Columbia, Maryland 21044.*

NCCE is an education-advocacy organization which has organized a Parents' Network open to any individuals or groups interested in improving education for all children. The newsletter is called *Network.* NCCE has a toll-free number (800-NETWORK) for parents to call and request help with problems they may be having in dealing with school systems. Publications of interest include *The Rights of Parents in the Education of Their Children* by David Schimmel and Louis Fischer and *Children, Parents and School Records* by William Rioux and Stuart Sandow. Send for a complete listing.

*Office of Civil Rights, Department of Education, 330 C Street, Northwest, Washington, D.C. 20202.*

Write for information on the rights of students with handicapping conditions and their parents.

*Reed Martin, 2437 1/2 University, Houston, Texas 77005.*

Write for information on workshops on legal challenges in educating handicapped children. Reed Martin distributes a newsletter called *Educational Rights of Handicapped Children.*

*U.S. Department of Health and Human Services, Administration for Children, Youth and Families, Children's Bureau, Program Development and Innovation Division, 400 Sixth Street, Southwest, Washington, D.C. 20201.*

Write to the Center's Publications Unit for a listing of child advocacy programs by state.

*Urban Information Interpreters, P. O. Box AH, College Park, Maryland 20740.*

This company has put out a very useful directory of groups, organizations, and agencies concerned with improving conditions for children and youth, including handicapped children and youth, in the United States. It includes profiles of public and private organizations and agencies, preceded by articles discussing major current issues in child advocacy.

## RIGHTS OF PERSONS WITH DISABILITIES

*Bruck, Lilly.* **ACCESS: THE GUIDE TO A BETTER LIFE FOR DISABLED AMERICANS.** *Random House, 1978. 251 pp. (Out of Print).*

An expert on consumerism, Dr. Bruck has applied what she knows to the problems encountered by handicapped people as consumers. The book provides much information on the marketplace, arts, libraries, sports, barrier-free travel, government benefits, voting, civil rights, and other areas in which persons with disabilities meet obstacles.

*Burgdorf, Robert L. (Ed.).* **THE LEGAL RIGHTS OF HANDICAPPED PERSONS: CASES, MATERIALS, AND TEXT.** *Paul H. Brookes, 1979. 1125 pp. $27.95.*

This is an invaluable reference for anyone interested in the milestones of litigation and the progress made towards assuring the rights of persons with disabilities through the courts.

*Des Jardins, Charlotte.* **RIGHTS HANDBOOK FOR HANDICAPPED CHILDREN AND ADULTS.** *Coordinating Council for Handicapped Children, revised periodically. 97 pp. $2 (Paper).*

Federal and state (Illinois) laws with regard to education, employment, housing, transportation, architectural barriers, civil rights, and government benefits are outlined in a clear and simple format.

*Edwards, Jean Parker.* **WE ARE PEOPLE FIRST.** *Ednick, 1982. 90 pp. $12.50 (Paper).*

People First is an international self-help and self-advocacy organization of people with handicaps. This book is a documentary in text and photographs of People First: its beginnings -- by two staff workers and three residents of an Oregon facility for persons with retardation, its conventions, its goals, its members, and its helpers. Much is to be learned about people and rights and values from this book.

*Ennis, Bruce J.; Emery, Richard D.* **THE RIGHTS OF MENTAL PATIENTS: AN AMERICAN CIVIL LIBERTIES UNION HANDBOOK.** *Avon Books, 1978. 220 pp. $2.50 (Paper).*

The authors give basic facts about mental illness and psychiatry, present arguments against involuntary hospitalization, define and discuss voluntary hospitalization, discuss standards and procedural rights in the civil commitment process, deal with the rights of mentally ill persons in institutions and in the community, and outline the appropriate role for lawyers of mental patients.

*Friedman, Paul R. (Ed.).* **LEGAL RIGHTS OF MENTALLY DISABLED PERSONS.** *Practicing Law Institute, The Mental Health Law Project, 1979. Vols. I, II, and III. 2306 pp. $20 for the set.*

The editor has compiled three volumes of information on laws, litigation, and decrees in all areas in which mentally disabled persons have rights.

*Friedman, Paul R. (Ed.).* **THE RIGHTS OF MENTALLY RETARDED PERSONS: AN AMERICAN CIVIL LIBERTIES UNION HANDBOOK.** *Avon Books, 1976. 186 pp. $2.50 (Paper).*

Friedman outlines some of the problems and consequences of classifying people as mentally retarded, and deals with civil commitment, competency, and guardianship proceedings, the rights of retarded persons in institutions and in the community, and the rights of retarded persons in the criminal system.

*Halloran, William; Foley, II, Theodore Thomas; Mazeghi, Jane Ann; Hull, Marc.* **VOCATIONAL EDUCATION FOR THE HANDICAPPED: RESOURCE GUIDE TO FEDERAL REGULATIONS.** *Texas Regional Resource Center, 1978. 267 pp. $3 (Paper).*

This is a "road map" to the three major Federal laws affecting vocational education for people who are handicapped: The Rehabilitation Act of 1973 (in particular, Section 504); The Education for All Handicapped Children Act of 1975 (P.L. 94-142); and The Vocational Education Amenments of 1976 (P.L. 94-482). The laws are analyzed and the regulations to implement them are compared. A helpful guide to understanding legislation affecting vocational education.

*Haskins, James.* **THE QUIET REVOLUTION: THE STRUGGLE FOR THE RIGHTS OF DISABLED AMERICANS.** *Harper & Row, 1979. 141 pp. $7.95.*

The various rights of people who are disabled -- to treatment, to education, to employment and compensation, to a barrier-free environment, to have choices -- and what is being done to secure them are set down very effectively by the author.

*Hull, Kent.* **THE RIGHTS OF PHYSICALLY HANDICAPPED PEOPLE: AN AMERICAN CIVIL LIBERTIES UNION HANDBOOK.** *Avon Books, 1979. 253 pp. $2.25 (Paper).*

This concise, question-and-answer handbook covers the right to access as it deals with architectural barriers and transportation, the right to education, the right to employment, and the right to live in the world for people with physical handicaps.

*National Center for Law and the Deaf.* **LEGAL RIGHTS OF HEARING-IMPAIRED PEOPLE.** *Gallaudet College Press, 1982. 193 pp. $8.95 (Paper).*

This is a comprehensive resource on legal rights and remedies for people of all ages with hearing impairments.

*Ogg, Elizabeth.* **SECURING THE LEGAL RIGHTS OF RETARDED PERSONS.** *Public Affairs Committee, 1973. 28 pp. 50 cents (Paper).*

This pamphlet gives a brief outline of guardianship, trust funds, citizen advocacy, the rights of retarded children and adults in the community and in institutions, and civil rights.

*Roberts, Joseph; Hawk, Bonnie.* **LEGAL RIGHTS PRIMER FOR THE HANDICAPPED: IN AND OUT OF THE CLASSROOM.** *Academic Therapy Publications, 1980. 141 pp. $5.00 (Paper).*

This practical booklet presents an overview of the laws affecting persons who are handicapped in the areas of education, public assistance, appropriate treatment, parenthood, employment, and accessibility.

*Taylor, Steven J; Biklen, Douglas.* **UNDERSTANDING THE LAW.** *Human Policy Press, 1980. 67 pp. $3.25 (Paper).*

This advocate's guide to the law and developmental disabilities provides valuable background for the nonlawyer on how the legal system is set up, how it works, how to research the law, and how to build a case.

*Turnbull, III, H. Rutherford (Ed.).* **CONSENT HANDBOOK.** *American Association on Mental Deficiency, 1977. 80 pp. $4.40 (Paper).*

The booklet outlines the issues central to understanding consent as a legal concept, who may give consent, when it is informed and voluntary, and the application of consent to specific areas such as medical treatment or behavioral treatment programs.

*Turnbull, III, H. Rutherford; Turnbull, Ann.* **FREE APPROPRIATE PUBLIC EDUCATION: LAW AND IMPLEMENTATION.** *Love, 1978. $8.50 (Paper).*

The authors define and give techniques for implementing six major principles present in Public Law 94-142, the Education for All Handicapped Children Act: Zero reject, guidelines in testing, classification and placement, what constitutes an individualized and appropriate education, what constitutes the least restrictive appropriate placement, procedural due process, and parent participation in decision making.

***WHERE TO WRITE FOR INFORMATION***

*American Bar Association, Commission on the Mentally Disabled, 1800 M Street, Northwest, Washington, D.C. 20036.*

The Commission's bimonthly journal *Mental Disability Law Reporter* gives case law developments, with information on new and pending cases. Available too are state statutory surveys and model acts on Advocacy, Zoning for Community Homes, Guardianship and Conservatorship, and Eliminating Environmental Barriers.

*American Coalition of Citizens with Disabilities, 1200 Fifteenth Street, Northwest, Washington, D.C. 20005.*

The ACCD states its purpose to be "enhancing the human and civil rights of America's 36 million disabled citizens." Services include advocacy, information and referral, and the distribution of publications. Newsletters include *The Coalition* and *ACCD Action*. Guides on *Coalition Building* and *Self-Help Groups in Rehabilitation* are among the publications.

*Center for Independent Living, Disability Law Resource Center, 2439 Telegraph Avenue, Berkeley, California 94704.*

The Center was started by a group of severely disabled college students looking for alternatives to institutions and has become a major organization advocating for housing, services, and rights.

*Center on Human Policy, 216 Ostrom Avenue, Syracuse, New York 13210.*

Write for a list of publications. They include *Vocational Rights* and *Observing Community Residences.*

*Council for Exceptional Children, Legislative Information, 1920 Association Drive, Reston, Virginia 22091.*

CEC provides information on federal and state laws applying to the education of handicapped children.

*Disability Rights Center, 1346 Connecticut Avenue, Northwest, Washington, D.C. 20036.*

The Center advocates for the rights of all disabled people by monitoring the federal government's effectiveness in implementing legislation, managing programs, and drafting regulations and guidelines.

*Mainstream, Inc., 1200 Fifteenth Street, Northwest, Washington, D.C. 20005.*

Mainstream provides information on the progress of affirmative action for handicapped persons. Send for the series of booklets called *There Oughta be a Law . . . There is.* A subscription to its newsletter *In the Mainstream* is free of charge.

*Mental Health Law Project, 1220 Nineteenth Street, Northwest, Washington, D.C. 20036.*

MHLP distributes a quarterly newsletter called *Summary of Activities* and responds to inquiries on legal issues. A publication entitled *Combating Exclusionary Zoning: The Right of Handicapped People to Live in the Community* is available for $3.50.

*National Center for Law and the Deaf, Gallaudet College, Seventh and Florida Avenues, Northeast, Washington, D.C. 20002.*

The Center serves as a clearinghouse for information about legal problems associated with deafness. It also provides legal representation, legal services, and education on laws and legislation to the deaf community. It answers individual inquiries and distributes brochures and fact sheets giving basic information.

*Office of Civil Rights, U.S. Department of Health and Human Services, 330 Independence Avenue, Southwest, Washington, D.C. 20201.*

Write for information on the rights of persons with handicaps and on complaint procedures.

*President's Committee on Mental Retardation, Washington, D.C. 20201.*

*Mental Retardation and the Law* is a quarterly compilation of legal cases affecting the rights of retarded persons. *The Future of Legal Services for Mentally Retarded Persons* presents the findings of a conference on the topic. The PCMR publications list includes several titles on the mentally retarded offender and the law.

*Regional Rehabilitation Research Institute on Attitudinal, Legal, and Leisure Barriers, George Washington University, 603 Park Lane Building, 2025 Eye Street, Northwest, Washington, D.C. 20052.*

RRRI-ALLB has available a pamphlet called *Overdue Process: Providing Legal Services to Disabled Clients*, a bibliography entitled *Disability: A Selected, Annotated Bibliography of Articles in Legal Periodicals 1976-78*, and other useful references.

NOTE: Most American states have their own Protection and Advocacy systems which respond to individual inquiries and provide legal assistance. Many provide their own publications and newsletters. Check with the information office in your state government.

## SEXUALITY AND SEX EDUCATION

*Attwell, Arthur A.; Jamison, Colleen B.* **THE MENTALLY RETARDED: ANSWERS TO QUESTIONS ABOUT SEX.** *Western Psychological Services, 1977. 153 pp. $9.90 (Paper).*

This book is based on the premise that, like anyone, the retarded person has the right to attain his or her potential in sexual development, that sexual development cannot be denied (although it has been in the past), and that it should be encouraged rather than thwarted. The questions posed and answered cover the full range of information likely to be needed by parents, educators, or by retarded persons themselves.

*Ayrault, Evelyn West.* **SEX, LOVE, AND THE PHYSICALLY HANDICAPPED.** *Continuum, 1981. 150 pp. $11.95.*

The author, a clinical psychologist and an activist for the rights of people with handicaps, contends that a child is born with the capacity to love and be loved, that sexuality is a growth process which begins at birth and continues throughout life, and that how well one adjusts sexually is dependent upon how much he knows about himself and how sexually conscious he is of others. Her book is "an attempt to sexually liberate the physically handicapped by broadening the attitude and acceptance of them by the nonhandicapped," which includes both families and professionals.

*Blum, Gloria; Blum, Barry.* **FEELING GOOD ABOUT YOURSELF.** *Academic Therapy Publications, 1977. 48 pp. $5 (Paper).*

The relationship between self-image and sexuality is discussed in this guide. All areas of sexuality are discussed, and parents (or professionals) are shown how to deal with their feelings and attitudes toward their own sexuality and towards the sexuality of disabled persons.

*Cornelius, Debra A.; Chipouras, Sophia; Makas, Elaine; Daniels, Susan M.* **WHO CARES? A HANDBOOK ON SEX EDUCATION AND COUNSELING SERVICES FOR DISABLED PEOPLE** *(2nd Ed.) University Park Press, 1982. 260 pp. $16.95.*

Addressing the sexual concerns of persons with all handicapping conditions, this handbook provides specialized information for parents, counselors, and for disabled persons. Chapters on "Myths, Attitudes, and Rights", on the "Need for Sexuality Services", where services should be provided and who should provide them, appendices providing survey and literature summaries, listings of consultants and organizations, books and journals, make this a very comprehensive and helpful resource.

*Duffy, Yvonne.* **ALL THINGS ARE POSSIBLE.** *A. J. Garvin & Associates, 1981. 179 pp. $8.95 (Paper).*

The author, who is herself "differently abled" as a result of polio when she was two years old, has interviewed 77 women who are orthopedically disabled and shares their honest and intimate thoughts about all phases of sexuality from menstruation and sex education to marriage and lesbianism. Of particular value to parents is the articulate, sensitive discussion of how parents influence their children's self-images.

*Edwards, Jean Parker.* **SARA AND ALLEN: THE RIGHT TO CHOOSE.** *Edwards Communications, 1976. 85 pp. $5 (Paper).*

The author presents a straightforward, uncluttered discussion of attitudes, sexual needs, sexual behaviors, menstruation, wet dreams, sterilization, contraception, marriage, and parenthood. The chapter on moral and ethical concerns is especially good. This book is written specifically for parents.

*Enby, Gunnel.* **LET THERE BE LOVE: SEX AND THE HANDICAPPED.** *(Translated from the Swedish). Taplinger, 1975. 65 pp. $7.50.*

This is a mind-opening account of the author's personal experience with archaic and repressive attitudes towards sex in institutions for people who are handicapped and the isolation and other problems experienced by a disabled person in a society which is not only ignorant of the needs of people who are handicapped, but often unmindful of their capabilities as well. Helpful insights into feelings of the people with disabilities and ways parents can help their own physically handicapped child are offered.

*Fischer, Henry L.; Krajicek, Marilyn J.; Borthick, William A.* **SEX EDUCATION FOR THE DEVELOPMENTALLY DISABLED: A GUIDE FOR PARENTS, TEACHERS, AND PROFESSIONALS.** *University Park Press, 1974. 59 pp. $9.95 (Paper).*

This manual explains concepts of sexual development to disabled children, adolescents, and adults. Drawings relating to sexual identification, body parts, emotional and bodily functions, pregnancy and birth are printed upside-down to face the learner; pages facing the interviewer include suggested questions and hints. Practical suggestions for parents are included.

*Hopper, C. Edmund; Allen, William A.* **SEX EDUCATION FOR PHYSICALLY HANDICAPPED YOUTH.** *Charles C Thomas, 1980. 130 pp. $9.75.*

Written directly to teenagers, this book deals honestly and realistically with all aspects of sexuality as it would affect young people with physical disabilities. It could be a valuable resource for parents in helping them discuss issues with their children.

*Johnson, Warren R.; Kempton, Winifred.* **SEX EDUCATION AND COUNSELING OF SPECIAL GROUPS.** *Charles C Thomas, 1981. 255 pp. $24.75.*

Guidelines for the sex education of people with mental and physical handicaps as well as those who are ill or elderly are provided in this direct and honest discussion. Specific behaviors examined include physical contact, nudity, masturbation, sex play, menstruation, noctural emissions, "dirty" words, sexual intercourse, homosexuality, contraception, abortion, dating, paid sexual compansions, marriage, and parenthood.

*Kempton, Winifred.* **LOVE, SEX AND BIRTH CONTROL FOR THE MENTALLY RETARDED: A GUIDE FOR PARENTS.** *Planned Parenthood of Southeastern Pennsylvania, 1972 (Rev. Ed.). $2 (Paper).*

Although an early publication of Winifred Kempton, the advice given continues to be sound and useful to parents.

*McKee, Lyn; Blacklidge, Virginia.* **AN EASY GUIDE FOR CARING PARENTS: SEXUALITY AND SOCIALIZATION.** *Research Press, 1981. 64 pp. $5.95 (Paper).*

Written specifically for parents of people with mental handicaps, this booklet presents an excellent overview for parents to help "guide their sons and daughters toward greater responsibility, sexually and socially." The authors acknowledge parents as the "most influential teachers" and offer them practical suggestions and realistic advice spanning childhood to the adult years.

*Robinault, Isabel P.* **SEX, SOCIETY, AND THE DISABLED: A DEVELOPMENTAL INQUIRY INTO ROLES, REACTIONS, AND RESPONSIBILITIES.** *Harper & Row, 1978. 273 pp. $20.*

This scholarly discussion deals with the developmental stages of sexuality--early psychosexual development, adolescence and youth, dating, courtship and marriage, parenting, and the specific problems of the aging disabled person.

***WHERE TO WRITE FOR INFORMATION***

*Association for Retarded Citizens, 2501 Avenue J, Arlington, Texas 76011.*

Two publications useful to parents are *Puberty in the Girl Who is Retarded* ($1) and *Sex Education of the Mentally Retarded Child in the Home* ($.55).

*Center on Human Policy, 216 Ostrom Avenue, Syracuse University, Syracuse, New York 13210.*

Send for a booklet by Sol Gordon, Number 6 in the *Notes from the Center* series entitled *Sexual Rights for the People Who Happen to be Handicapped.*

*Planned Parenthood Federation, 810 Seventh Avenue, New York, New York 10019.*

Planned Parenthood has offices throughout the United States, and many are good sources of information and counseling for persons with disabilities. Call your local office or write to the Federation in New York for information on family planning, on various methods of birth control including sterilization, and on abortion. Some local Planned Parenthood offices have publications specifically for parents of children with disabilities or for disabled teenagers and adults themselves. Planned Parenthood of Southeastern Pennsylvania, 1220 Sansom Street, Philadelphia, Pennsylvania 19107, has been one of the pioneers in the development of information for and about children and adults who are mentally retarded or who have other disabilities. Planned Parenthood of Contra Costa, 1431 Oakland Boulevard, Walnut Creek, California 94596, offers an excellent booklet called *An Easy Guide to Loving Carefully for Men and Women* ($5.95).

*Public Affairs Committee, 381 Park Avenue South, New York, New York 10016.*

Request Irving R. Dickman's *Sex Education for Disabled Persons* ($.50).

*Regional Rehabilitation Research Institute on Attitudinal, Legal, and Leisure Barriers (RRRI-ALLB), 603 Park Lane Building, 2025 Eye Street, Northwest, Washington, D.C. 20052.*

A revised and enlarged *Bibliography on Sexuality and Disability* is available from RRRI-ALLB.

*Sex Education for Disabled People, 477 Fifteenth Street, Oakland, California 94612.*

Request their comprehensive 1981 resource guide to books, pamphlets, articles, audio, visual, and tactile materials called *Sex and Disability* ($8).

*Sex Information and Education Council of the United States, 72 Fifth Avenue, New York, New York 10011.*

Among its many helpful publications on sexuality and sex education, SIECUS puts out a *Resource Guide in Sex Education for the Mentally Retarded* ($3.50).

Specific Topics of Interest

*United Cerebral Palsy Association, 66 East 34th Street, New York, New York 10016.*

UCP has prepared and distributes an annotated bibliography of resources on the physical, mental, and psychological dimensions of sexuality and disability. Ask for *Human Sexuality* ($2).

# PART IV

## FOR THE YOUNGER READER

## BOOKS FOR CHILDREN ABOUT CHILDREN WITH HANDICAPS

## *ALL DISABILITIES*

*Adams, Barbara.* **LIKE IT IS: FACTS AND FEELINGS ABOUT HANDICAPS FROM KIDS WHO KNOW.** *Walker, 1979. 96 pp. $8.95. (Ages 8-12)*

Children with handicaps discuss their disabilities, their fears, their successes, and how they would like to be treated by their nonhandicapped peers. Areas include hearing and speech impairment, visual impairment, orthopedic handicaps, developmental disabilities, mental retardation, learning disabilities, and behavior disorders. Many black and white photographs illustrate the text.

*Baskin, Barbara H.; Harris, Karen H.* **NOTES FROM A DIFFERENT DRUMMER, A GUIDE TO JUVENILE FICTION PORTRAYING THE HANDICAPPED.** *R.R. Bowker, 1977. 375 pp. $17.50.*

Detailed annotations of 311 books written between 1940 and 1975 are presented. Lengthy plot summaries and thoughtful analyses evaluating the treatment of the handicaps as well as the literary qualities of each work follow a discussion that places children's literature about people with handicaps in historical, social, and cultural contexts.

*Berger, Gilda.* **PHYSICAL DISABILITIES.** *Franklin Watts, 1979. 119 pp. $7.45. (Ages 10-14)*

This compact yet comprehensive book examines a number of physical disabilities and provides information about each condition and its treatment. Included are nerve and muscle disorders (cerebral palsy, epilepsy, multiple sclerosis, muscular dystrophy, spina bifida, polio), bone and joint disorders (amputations, scoliosis, arthritis), chronic health problems (hemophilia, heart disease, diabetes, cystic fibrosis, asthma, anemia), and sensory impairments (blindness, deafness, multiple handicaps). An overview of "The Disabled Through History" and a discussion of problems with family and the outside world is included.

*Biklen, Douglas; Sokoloff, Michele (Eds.).* **WHAT DO YOU DO WHEN YOUR WHEELCHAIR GETS A FLAT TIRE?** *Scholastic's Feeling Free, 1978. 59 pp. $2.60 (Paper). (Payment must accompany order; please specify Processing Number K25521.) (Ages 10-14)*

This is a collection of questions frequently asked about disabilities with answers provided by children with a variety of disabilities. The booklet is one of a series developed in conjunction with the television series "Feeling Free" to increase awareness and understanding.

Books for Children About Children With Handicaps

*Bisshopp, Patricia.* **BOOKS ABOUT HANDICAPS.** *The Meeting Street School, Rhode Island Easter Seal Society, 1978. 64 pp. Write for ordering information.*

An annotated bibliography of books for children and young adults developed at the Meeting Street School evaluates books on the basis of positive, realistic portrayal of persons with handicaps and the quality of the work as literature.

*Bookbinder, Susan.* **MAINSTREAMING: WHAT EVERY CHILD NEEDS TO KNOW ABOUT DISABILITIES.** *Exceptional Parent Press, 1978. 94 pp. $6.95 (Paper).*

Intended as a resource for teachers, this booklet is a detailed and exciting overview of a model curriculum designed to help children in the early grades understand what it means to have a disability. The history of the program and clear concrete examples of how to guide children in learning about blindness, deafness, physical and mental disabilities are presented.

*Dreyer, Sharon Spredemann.* **THE BOOKFINDER.** *American Guidance Service, 1981. 1031 pp. $69.50 (set); $37.50 per volume.*

Subtitled "A Guide to Children's Literature About the Needs and Problems of Youth Aged 2-15," this reference work for adults summarizes more than 1,000 children's books on over 450 psychological, behavioral, and developmental topics.

*Edrington, Melva Jackson; Moss, Susan Autry; Young, Josie.* **FRIENDS.** *Instructional Development Corporation, 1978. 68 pp. $6.75 (Paper). (Ages ?-11)*

The friends are children with disabilities; the booklet was designed to teach their nonhandicapped peers to understand and better appreciate their problems and successes in daily living activities. Simulation exercises for young readers are included.

*Haskins, James S.* **WHO ARE THE HANDICAPPED?** *Doubleday, 1978. 109 pp. (Out of Print) (Ages 10-14)*

This important, consciousness-raising book provides information on the specifics of various disabling conditions: their probable causes, symptoms, progress, and treatment. While not always totally accurate (as in the case of mental retardation), the work's real value lies in its debunking of the myths and false perceptions regarding disabilities often held by the nonhandicapped population, and its vivid insights into the feelings of people with disabilities who must cope with societal prejudice. A provocative approach that sponsors true understanding of people who happen to have disabilities.

*Kamien, Janet.* **WHAT IF YOU COULDN'T . . . ?** *Charles Scribner's Sons, 1979. 83 pp. $9.95. (Ages 7-10)*

Intended to help children understand and accept the "differentness" of people with disabilities, this book provides information about how it feels to have a hearing, visual, or other physical handicap, to be mentally retarded, emotionally disturbed, or learning disabled.

*Krauss, Bob (Ed.).* **AN EXCEPTIONAL VIEW OF LIFE: THE EASTER SEAL STORY.** *Island Heritage Limited, 1977. 64 pp. $7.95. (Ages 10-14)*

Thoughts about themselves, their experiences, and life in general are shared by young writers with disabilities. Handsome original paintings and drawings accompany the varied comments.

*Myers, Caroline C.; Barbe, Walter B. (Compilers).* **CHALLENGE OF A HANDICAP--UNDERSTANDING DIFFERENCES, ACCEPTING LIMITATIONS.** *Highlights for Children, 1977. 32 pp. $1.95 (Paper). (Ages 8-12)*

This well-intentioned collection of stories, articles, and biographical sketches about people with disabilities originally appeared in issues of the magazine *Highlights for Children.*

*President's Committee on Employment of the Handicapped, Committee on Youth Development.* **PEOPLE--JUST LIKE YOU: ABOUT HANDICAP AND HANDICAPPED PEOPLE (AN ACTIVITY GUIDE).** *PCEH, 1978. 36 pp. Single copy free (Paper).*

Parents may want to bring this booklet to the attention of principals and teachers of "regular" classrooms. Activities for every age group are aimed at promoting understanding of handicapped children and adults. The goal is to promote positive self-images for those who are handicapped as well as for those who aren't.

*Rosenberg, Maxine B.* **MY FRIEND LESLIE: THE STORY OF A HANDICAPPED CHILD.** *Lothrop, Lee & Shepard, 1983. Unpaginated. $9.50. (Ages 5-8)*

Leslie is a child with multiple handicaps and several talents. Told from the point of view of the author's daughter, Karin, the book describes in words and photographs how she, her friend Leslie, and their kindergarten classmates spend their days.

*Siegel, Dorothy Schainman.* **WINNERS: EIGHT SPECIAL YOUNG PEOPLE.** *Messner, 1978. 189 pp. $9.95. (Ages 14-18)*

Eight people who live with a form of disability share how they came to terms with their problems with strength and courage. Their handicaps include chronic illness, drug addiction, deafness, blindness, orthopedic differences, hemophelia, and paralysis.

Books for Children About Children With Handicaps

*Slepian, Jan.* **THE ALFRED SUMMER.** *MacMillan, 1980. 119 pp. $7.95. (Ages 11-14)*

Four teenagers share a summer project. The feelings of a young person with cerebral palsy, reactions of people to someone who is mentally retarded, and the families of these two special people are described with great skill and engaging humor.

*Sullivan, Mary Beth; Brightman, Alan J.; Blatt, Joseph.* **FEELING FREE.** *Addison-Wesley, 1979. 192 pp. $5.95 (Paper). (Ages 8-14)*

Activities, short stories, games, and accounts of real children explaining their feelings about their own learning problem or physical disability fill the pages of this book. Many black and white photographs of the children, who were originally on the award-winning television series "Feeling Free" are included.

## *AUTISM*

*Gold, Phyllis.* **PLEASE DON'T SAY HELLO.** *Human Sciences Press, 1975. 47 pp. $9.95. (Ages 9-12)*

This is an absorbing, sensitive introduction to autism; more broadly, a book that generates real thinking about people who are "different" and people who are "normal" and how they can find a comfortable meeting ground.

*Spence, Eleanor.* **THE DEVIL HOLE.** *Lothrop, Lee & Shepard, 1977. 215 pp. $9.50. (Ages 10-14)*

This engaging and well-written novel of an Austrilian family spans the four-year period beginning shortly before the birth of Carl who is autistic. Carl's different behavior, the reactions of observers, and the consequent and disruptive effect and emotional problem for parents and siblings are skillfully and perceptively presented.

## *CHRONIC ILLNESS*

*Center for Attitudinal Healing.* **THERE IS A RAINBOW BEHIND EVERY DARK CLOUD.** *Celestial Arts, 1978. 96 pp. $6.95 (Paper). (Ages 8 and older)*

In words and pictures, children with terminal illnesses share their feelings and experiences. A helpful, revealing look into young minds dealing with difficult prospects.

*Frazier, Claude A.* **SNIFF, SNIFF, AL-ER-GEE.** *Johnny Reads, 1978. 36 pp. $6.55; $3.20 (Paper). (Ages 5-9)*

Written for children with allergy problems by a specialist in the field, this pleasant story describes what allergies are and how doctors diagnose and treat them.

*Kipnis, Lynne; Adler, Susan.* **YOU CAN'T CATCH DIABETES FROM A FRIEND.** *Triad, 1979. 62 pp. $9.95. (Ages 9-12)*

Many fine black and white photographs of four children at their normal daily activities help the interesting text to explain what diabetes is and its effect on those who have it and their families.

*Silverstein, Alvin; Silverstein, Virginia B.* **ALLERGIES.** *Harper & Row, 1977. 128 pp. $7.95; $2.95 (Paper). (Ages 9-12)*

In nontechnical language, the authors explain various allergies and how they are diagnosed and treated.

*Silverstein, Alvin; Virginia B.* **RUNAWAY SUGAR.** *J. B. Lippincott, 1981. 34 pp. $8.95. (Ages 6-10)*

Diabetes may be hard to understand for young children; the Silversteins have done an admirable job in dealing with a difficult subject factually and yet as simply as possible. The possible cause of diabetes, what happens to the body when it occurs, its symptoms, and different treatments are all included. A helpful book for parents explaining diabetes to the young.

*Slote, Alfred.* **HANG TOUGH, PAUL MATHER.** *Avon, 1973. 156 pp. $1.75 (Paper). (Ages 8-12)*

Paul had a great record as a Little League pitcher back in California, but Paul now has leukemia. Family, peers, and hospital staff are portrayed in believable fashion; Paul himself is a convincing and unforgettable 12 year old.

## *EMOTIONAL AND BEHAVIORAL HANDICAPS*

*Green, Phyllis.* **WALKIE-TALKIE.** *Addison-Wesley, 1978. 96 pp. $6.95. (Ages 10-14)*

This is a powerfully told story of the strange relationship of two friendless boys: Richie, 14 years old, two years behind in school, hyperactive and frequently inclined to unmotivated malicious actions, and Norman, 13, with severe cerebral palsy that confines him to a wheelchair and garbles his speech.

*Hamilton-Paterson, James.* **THE HOUSE IN THE WAVES.** *S. G. Phillips, 1970. 157 pp. $9.95. (Ages 12-15)*

The struggle of a severely withdrawn 14-year-old boy to regain contact with reality is described in this sensitive story. Although not necessarily developmentally disabled (his past history includes a mother early dead and an abusive father), the book is well worth reading for its knowledgeable account of hospital life, staff, and therapy.

*Windsor, Patricia.* **MAD MARTIN.** *Harper & Row, 1976. 119 pp. $8.95; $1.95 (Paper). (Ages 10-14)*

Martin, who has lived with his grandfather in a lonely world of self-imposed sameness, blankness, and rules, temporarily moves in with the lively Crimp family and learns how to express feelings.

## *EPILEPSY*

*Girion, Barbara.* **A HANDFUL OF STARS.** *Charles Scribner's Sons, 1981. 179 pp. $10.95. (Ages 12-15)*

Julie Meyers discovers early in high school that her memory lapses are caused by epilepsy. The problems of adolescence, coupled with having to deal with societal fears and ignorance, are realistically described; a significant amount of information about epilepsy, its diagnosis, and treatment are shared.

*Hermes, Patricia.* **WHAT IF THEY KNEW?** *Harcourt Brace Jovanovich, 1980. 121 pp. $6.95. (Ages 9-12)*

Ten-year-old Jeremy learns what friendship is really all about when she has a seizure in her new school. The author understands Jeremy's feelings and concerns; she, too, kept her epilepsy a secret.

## *HEARING HANDICAPS*

*Arthur, Catherine.* **MY SISTER'S SILENT WORLD.** *Children's Press, 1979. 32 pp. $5.95. (Ages 5-8)*

Heather celebrates her eighth birthday in words and photographs. Her older sister talks about Heather and her hearing impairment.

*Bloom, Freddy.* **THE BOY WHO COULDN'T HEAR.** *Merrimack Book Service, 1977. 29 pp. $4.95. (Ages 4-8)*

A small book with pleasant pictures is about Mark, a boy who hears only some sounds but can lip read.

*Charlip, Remy; Miller, Mary Beth; Ancona, George.* **HANDTALK: AN ABC OF FINGER SPELLING AND SIGN LANGUAGE.** *Scholastic Book Service, 1974. Unpaginated. $10.95. (Ages 5-10)*

Actors from the National Theatre of the Deaf illustrate in charming photographs signing and finger spelling for the letters of the alphabet. An award-winning picture book.

*Glazzard, Margaret H.* **MEET CAMILLE AND DANIELLE, THEY'RE SPECIAL PERSONS.** *H & H Enterprises, 1978. 53 pp. $9.50 with record. (Ages 5-9)*

Camille and Danielle, identical twins who are hearing impaired, are shown in the class they attend with hearing children. Hearings aids are illustrated; speech training and lip reading are described. Full page black and white photographs accompany the clear large type. (One in a series intended to explain handicaps to nonhandicapped young children.)

*Hanlon, Emily.* **THE SWING.** *Bradbury, 1979. 209 pp. $8.95. Dell, 1981. $1.95 (Paper). (Ages 10-14)*

Events of a summer involving 11-year-old Beth whose mother's attitude toward her deafness precludes her understanding of Beth's dreams and wishes, Danny, a 13-year-old boy resentful of his stepfather's expectations, two bears on a mountain, and a lie that involves them all. The novel explores the pain and confusion of people who view themselves as set apart from others and examines relationships that are both complex and believable.

*Hlibok, Bruce.* **SILENT DANCER.** *Messner, 1981. 64 pp. $8.95. (Ages 8-12)*

Text and photographs describe the experiences of a real ten year old girl who is studying ballet at the Joffrey Ballet School and just happens to be deaf. A description of her day provides useful information about deafness; the book was written by Nancy's brother who is also deaf.

Books for Children About Children With Handicaps

*Peter, Diana.* **CLAIRE AND EMMA.** *Harper & Row, 1976. Unpaginated. $9.95. (Ages 5-9)*

The true story of Claire, four years old, and Emma, two years old, who were both born deaf was written by their mother. Hearing aids, speech lessons, and the problems of lip-reading are described. Appealing color photographs.

*Peterson, Jeanne Whitehouse.* **I HAVE A SISTER, MY SISTER IS DEAF.** *Harper & Row, 1977. Unpaginated. $9.95. (Ages 5-9)*

A young girl describes what her little sister who is deaf can and cannot do in this gentle, feeling story.

*Riskind, Mary.* **APPLE IS MY SIGN.** *Houghton Mifflin, 1982. 146 pp. $8.95. (Ages 8-12)*

It is the turn of the century and Harry Berger, a spirited ten-year-old who, like everyone else in his family, had been born deaf, is attending a special boarding school in Philadelphia and learning about the world and himself. The author is a hearing person who grew up with deaf parents. She writes in a way that helps to make the language of signing real to her reader.

*Sullivan, Mary Beth; Bourke, Linda.* **A SHOW OF HANDS.** *Addison-Wesley, 1980. 96 pp. $6.95. (Ages 9-13)*

This pleasant introduction to sign language will also help readers to understand what it is like to be deaf in a hearing world.

*Zelonky, Joy.* **I CAN'T ALWAYS HEAR YOU.** *Raintree, 1980. 31 pp. $10.65. (Ages 5-8)*

After some initial difficulties with her classmates and with some help from adults, Kim adjusts to being the only student in her classroom who is hearing-impaired.

## *LEARNING DISABILITIES*

*Albert, Louise.* **BUT I'M READY TO GO.** *Bradbury, 1976. 230 pp. $8.95. (Ages 10-14)*

Through the eyes of a 15-year-old girl with learning disabilities, a poignant look at the social, school, and family problems caused by her "invisible handicap" is presented.

*Glazzard, Margaret H.* **MEET SCOTT, HE'S A SPECIAL PERSON.** *H & H Enterprises, 1978. 46 pp. $9.50 with record. (Ages 5-9)*

Scott is a first-grader with a learning disability. Differences in learning styles and the various techniques used to help Scott are well described. Full-page black and white photographs accompany the clear, large type. (One in a series intended to explain handicaps to nonhandicapped young children.)

*Lasker, Joe.* **HE'S MY BROTHER.** *Albert Whitman, 1974. 36 pp. $7.50. (Ages 3-8)*

An older brother talks realistically, yet sympathetically, about Jamie, a boy whose physical and mental development are uneven -- a boy with "the invisible handicap".

*Motiar, Ahmed.* **I AM NOT DUMB.** *Z.A.N. Press, 1979. 40 pp. $3.75 (Paper). (Ages 8-12)*

Two boys talk about what a learning disability is. The booklet includes questions, activities, and suggestions for further understanding.

*Pevsner, Stella.* **KEEP STOMPIN' TILL THE MUSIC STOPS.** *Seabury, 1977. 136 pp. $7.95. Scholastic Book Service, $1.95 (Paper). (Ages 9-12)*

Twelve-year-old Richard, a boy with learning disabilities, gains in self-esteem and understanding during a family reunion at the home of his great-grandfather. Richard's perceptual problems are described with accuracy and sensitivity.

*Smith, Doris Buchanan.* **KELLY'S CREEK.** *Harper & Row, 1975. 69 pp. $9.95. (Ages 9-12)*

The thoughts and feelings of nine-year-old Kelly, who has motor and perceptual problems, are explored with insight and understanding; the teaching techniques used to help him are clearly described. How Kelly gains more self-confidence and approval from others through his interest in a Georgia marsh and with the help of a college student makes an interesting story.

## *MENTAL RETARDATION*

*Baldwin, Anne Norris.* **A LITTLE TIME.** *Viking, 1978. 96 pp. $8.95. (Ages 8-12)*

From the point of view of 10-year-old Sara, life in a family which includes a 4-year-old with Down's syndrome is described. The reactions of others, the long-term issues, as well as the daily problems and rewards of living with a child who is retarded, are simply and honestly presented.

*Carpelan, Bo.* **DOLPHINS IN THE CITY.** *(Translated from the Swedish by Sheila La Farge). Delacorte, 1976. 145 pp. (Out of Print). (Ages 12-15)*

In *Dolphins in the City*, a sequel to the unusual, lyrical *Bow Island* (Delacorte, 1971), Johan's friend Marvin, who is mentally retarded, and Marvin's mother have had to leave their island and move to the city. Marvin fears his new surroundings and the different way of life.

*Clifton, Lucille.* **MY FRIEND JACOB.** *E.P. Dutton, 1980. Unpaginated. $7.95. (Ages 5-8)*

Jacob and Sam live next door to one another and even though they are different ages and have different abilities, they are very good friends. This simple, sensitive story illustrates how friends can help one another; one of its charms is in never labeling Jacob as mentally retarded.

*Glazzard, Margaret H.* **MEET DANNY, HE'S A SPECIAL PERSON.** *47 pp.* **MEET LANCE, HE'S A SPECIAL PERSON.** *48 pp. H & H Enterprises, 1978. Each $9.50 with record. (Ages 5-9)*

Danny, who has language, visual, and mental disabilities, is in a class for children with multiple handicaps. Their daily routine and learning goals are clearly described.

Lance, who has Down's syndrome, is shown in his classroom. The idea that "mentally retarded" means "slow to learn" is clearly and appropriately presented. (Full page black and white photographs accompany the clear, large type in both books which are two in a series intended to explain handicaps to nonhandicapped children.)

*Grollman, Sharon Hya.* **MORE TIME TO GROW: EXPLAINING MENTAL RETARDATION TO CHILDREN, A STORY.** *Beacon Press, 1977. 98 pp. (Out of Print). (Ages 4-8)*

This small, helpful book can be used by parents and teachers to help young children understand mental retardation. In addition to its simple story, it provides questions to think about, activities for children to help them imagine how it feels to have a disability, and "A Guide for Parents and Teachers" by Robert Perske to aid in the process of stimulating discussion. Recommended resources on retardation are also included.

*Larsen, Hanne.* **DON'T FORGET TOM.** *(Translated from the Danish by Peggy Blakely). John Day, 1978. Unpaginated. $5.95. (Ages 5-9)*

The daily life of Tom who is six years old and mentally retarded is explored in a clear, easy-to-understand text with excellent and appealing color photographs. An honest and helpful book for young readers.

*Long, Judy.* **VOLUNTEER SPRING.** *Dodd, Mead, 1976. 111 pp. Archway, $1.50 (Paper). (Ages 10-14)*

Fourteen-year-old Jill learns maturity and acceptance through three months of volunteer work at a state hospital for people who are mentally retarded. Although the focus of the book is on Jill, the portrayal of institutionalized retarded persons is realistic.

*Mancini, Pat McNees (Ed.).* **FRIDAY'S CHILD.** *New American Library, 1977. 165 pp. $1.50 (Paper). (Ages 12 and older)*

A collection of short stories about people who are mentally retarded is presented. The book also includes Dr. Francis King's annotated bibliography describing the "Treatment of the Mentally Retarded Character in Modern American Fiction" which spans the years 1900 to 1970.

*Ominsky, Elaine.* **JON O: A SPECIAL BOY.** *Prentice-Hall, 1977. Unpaginated. $8.95. (Ages 4-9)*

This is a photographic essay of an attractive child with Down's syndrome. Jon O is pictured at school, at home, and at play. The simple text explains the difficulties Jon O experiences and emphasizes all the things he can do.

*Rodowski, Colby F.* **WHAT ABOUT ME?** *Franklin Watts, 1976. 132 pp. $5.90; Dell. $1.50 (Paper). (Ages 12-15)*

A frank, sometimes unrelievedly honest account of the difficulties and problems of 15-year-old Dorrie whose younger brother has Down's syndrome clearly delineates the negative feelings that siblings of a retarded child may experience.

*Shyer, Marlene Fanta.* **WELCOME HOME, JELLYBEAN.** *Charles Scribner's Sons, 1978. 152 pp. $9.95. Scholastic Book Services. $1.50 (Paper). (Ages 12-15)*

Twelve-year-old Neil writes of the drastic changes faced by his family when his sister who has spent nearly all of her 13 years in institutions comes home to live. The events are sometimes amusing and usually believable.

*Smith, Gene.* **THE HAYBURNERS.** *Dell, 1975. 64 pp. (Out of Print). (Ages 9-14)*

A superficially simple yet powerful story is told about Will, a spoiled, self-centered teenager, Joey, a gentle, hardworking man who has spent most of his life in an institution for people who are mentally retarded, and a summer 4-H project that teaches Will some important lessons. No message is stated and yet the reader is directly confronted with a basic insight regarding societal attitudes toward people with mental retardation.

*Smith, Lucia B.* **A SPECIAL KIND OF SISTER.** *Holt, Rinehart & Winston, 1977. Unpaginated. $5.95. (Ages 5-9)*

Seven-and-1/4-year-old Sarah shares her feelings about life with Andy, her younger brother. "It's not easy having a brother who is retarded. But we are trying to make it into a good thing instead of a bad thing."

*Sobol, Harriet Langsman.* **MY BROTHER STEVEN IS RETARDED.** *MacMillan, 1977. 26 pp. $8.95. (Ages 6-10)*

Eleven-year-old Beth talks frankly about life with her older brother Steven who was brain-damaged during the birth process. Black and white photographs illustrate the simple, truthful text.

*Wright, Betty Ren.* **MY SISTER IS DIFFERENT.** *Raintree, 1981. 31 pp. $10.65. (Ages 5-8)*

Carlo learns some important truths about all his feelings toward his older sister Terry, who is mentally retarded, when he loses her in a department store.

## *PHYSICAL HANDICAPS*

*Allen, Anne.* **SPORTS FOR THE HANDICAPPED.** *Walker, 1981. 80 pp. $9.95. (Ages 8-12)*

The real stories of real people with disabilities who have become winners in a variety of adapted sports--skiing, wheelchair basketball, swimming, track and field, football, and horseback riding--are told. The book lists resources and sports organizations for children and adults with physical disabilities.

*Bennett, Carol J.* **GIANT STEPS FOR STEVEN.** *After School Exchange, 1980. Unpaginated. $2.95 (Paper). (Ages 4-8)*

Five-year-old Steven was born with spina bifida. His mother records in words and photographs what it means to live with this birth defect.

*Blume, Judy.* **DEENIE.** *Dell, 1976. 143 pp. $1.95 (Paper). (Ages 10-14)*

A young teenager confronts her own feelings about disability when scoliosis (curvature of the spine) is diagnosed. This temporary but serious orthopedic handicap interferes with her mother's plans for a modeling career for Deenie and allows the reader to watch an adolescent cope with typical social and emotional fears, along with family pressures.

*Brightman, Alan J.; Storey, Kim Susan (Eds.).* **GINNY.** *Scholastic's Feeling Free, 1978. 31 pp. $2.33 (Paper). (Payment must accompany order; please specify Processing Number K25524.) (Ages 9-12)*

Twelve-year-old Ginny, who happens to be a dwarf, was a regular cast member of the television series "Feeling Free." In this small booklet she shares in photographs and words her joy of life, her interest in her friends, and the difficulties of a world that too often stares and teases.

*Brightman, Alan J.; Storey, Kim Susan (Eds.).* **HOLLIS.** *Scholastic's Feeling Free, 1978. 31 pp. $2.33 (Paper). (Payment must accompany order; please specify Processing Number K25522.) (Ages 9-12)*

An intimate and successful introduction, through conversations and photographs, to "a real person" who has cerebral palsy. During the time 12-year-old Hollis was a regular cast member of the television series "Feeling Free", he shared his thoughts about the ways in which others react to him and his disability.

*Fanshawe, Elizabeth.* **RACHEL.** *Bradbury, 1977. Unpaginated. $4.95. (Ages 4-8)*

Rachel uses a wheelchair. She participates fully in school, at play, and with her family. Excellent illustrations add to this simple story about

the true integration of a child who happens to have a disability. A tiny book with a big message.

*Fassler, Joan.* **HOWIE HELPS HIMSELF.** *Albert Whitman, 1975. 32 pp. $8.25. (Ages 4-8)*

Howie, confined to a wheelchair, makes his wish come true. A story for the young that deals with the frustration--and the triumph--of coming to terms with a handicap.

*Grealish, Charles; Grealish, Mary Jane.* **HACKETT McGEE.** *Scholastic's Feeling Free, 1978. 32 pp. $2 (Paper). (Payment must accompany order; please specify Processing Number K25520.) (Ages 10-14)*

While Hackett McGee has been in a wheelchair since the age of three as a result of an automobile accident rather than a developmental disability, the experience of leaving his special school to be mainstreamed into a regular eighth-grade class makes pertinent reading. Some familiar physical and attitudinal barriers are described.

*Greenfield, Eloise.* **DARLENE.** *Methuen, 1980. Unpaginated. $7.95. (Ages 4-7)*

Darlene really wants to go home; her uncle and her cousin help to change her mind. Darlene just happens to use a wheelchair.

*Greenfield, Eloise; Revis, Alesia.* **ALESIA.** *Philomel, 1981. 61 pp. $9.95. (Ages 11-15)*

Alesia was physically disabled in a car accident. In her own words, she tells of her family and friends, her high school activities, and her feelings and insights about living with a disability. Photographs and drawings complement the text.

*Harries, Joan.* **THEY TRIUMPHED OVER THEIR HANDICAPS.** *Franklin Watts, 1981. 88 pp. $8.50. (Ages 7-11)*

Profiles of a skydiver, a singer, a private eye, a runner, a skier, and a rocket-car driver are featured. All have serious physical disabilities -- no legs, blindness, no hands, brain damage from a car accident, one leg, and a hearing impairment -- and none of them has let the handicap get in the way of their lives or their dreams.

*Honeyman, Arthur.* **SAM AND HIS CART.** *EMC, 1980. 56 pp. $6.95. (Ages 8-12)*

Sam has cerebral palsy and he cannot hold steady but he can think and he can work. Some people are friendly and some are not.

*Litchfield, Ada B.* **CAPTAIN HOOK, THAT'S ME.** *Walker, 1982. 32 pp. $8.95. (Ages 6-9)*

Judy has a steel hook instead of a left hand. It doesn't interfere with her life too much but now she has moved to a new town and a new school. Fortunately, her teacher has a good idea. A positive, upbeat, and realistic story about dealing with new situations.

*Mack, Nancy.* **TRACY.** *Raintree, 1976. Unpaginated. $12.85. (Ages 5-9)*

Tracy has cerebral palsy. Through actual photographs and her own words, Tracy illustrates both the restrictions caused by her physical disability and all the activities in which she can and does participate. A simple, positive, and realistic account.

*Nadas, Betsy P.* **DANNY'S SONG.** *Hubbard, 1975. Unpaginated. $3.29. (Ages 4-8)*

Danny Mason is slow to do some things because of leg braces and crutches, but there are many things he can do -- and do well. A colorful story for very young children; one of the *I Am, I Can, I Will* series of video, audio, and print materials developed by the producers of "Mister Roger's Neighborhood."

*Rabe, Berniece.* **THE BALANCING GIRL.** *Dutton, 1981. 29 pp. $10.25. (Ages 4-7)*

Margaret uses a wheelchair and sometimes crutches at school, has a problem with Tommy, and is quite adept at balancing things. She and her classmates work together to make a successful school carnival; even Tommy can share in the triumph.

*Robinet, Harriette Gillem.* **RIDE THE RED CYCLE.** *Houghton Mifflin, 1980. 34 pp. $6.95. (Ages 7-10)*

Jerome has a dream -- he wants to ride a red cycle. But Jerome can't even walk. Making a dream come true takes courage, pride, and a stubborn determination.

*Sallis, Susan.* **AN OPEN MIND.** *Harper & Row, 1978. 139 pp. $8.95. (Ages 12-15)*

David must adjust to his divorced father's intention to remarry. His new brother will be a boy with cerebral palsy who lives at an English school where David is doing volunteer work. The plot is not wholly credible but the book deals in an interesting way with a teenager learning about himself and his reactions to others.

Books for Children About Children With Handicaps

*Savitz, Harriet May.* **WHEELCHAIR CHAMPIONS.** *Harper & Row, 1978. 117 pp. $8.95. (Ages 12-15)*

A well-researched history of wheelchair sports, with photographs, spanning 1940 to the late 1970's.

*Savitz, Harriet May.* **RUN, DON'T WALK.** *Accent Special Publications, 1979. 122 pp. $2.00 (Paper). (Ages 12-15)*

This interesting and contemporary novel tells the story of two wheelchair-bound teenagers and their struggles with personal, social, and political barriers. Putting laws to work at an immediate level, opening doors both literally and figuratively, and finding out about oneself and others, makes a gripping and very real story.

*Stein, Sara Bonnett.* **ABOUT HANDICAPS: AN OPEN FAMILY BOOK FOR PARENTS AND CHILDREN TOGETHER.** *Walker, 1974. 47 pp. $8.95. (Ages 4-8)*

This unique book has separate texts for adults and children. Vivid photographs and a reassuring, honest story explore the relationship between two young boys, one of whom has cerebral palsy. The text for parents provides specific detail and is designed to help adults prepare their children for the realities of the world about them.

*White, Paul.* **JANET AT SCHOOL.** *Harper & Row, 1978. Unpaginated. $9.95. (Ages 5-9)*

An honest, caring account of five-year-old Janet who has spina bifida and uses a wheelchair to move around is presented in excellent color photographs and a text describing her experiences at school, at home, and on a camping trip.

*Wolf, Bernard.* **DON'T FEEL SORRY FOR PAUL.** *Harper & Row, 1974. 96 pp. $9.50. (Ages 5-8)*

Fine photographs illustrate the true story of two weeks in the life of seven-year-old Paul, born with hands and feet incompletely formed. Paul and his family have adapted well to his physical handicaps; his experiences indicate the need for attitudinal changes on the part of outsiders.

## *SPEECH HANDICAPS*

*Kelley, Sally.* **TROUBLE WITH EXPLOSIVES.** *Bradbury, 1976. 117 pp. $8.95. (Ages 10-14)*

When Polly Banks moves, "for the umpteenth time", to a new fifth grade in another new town, a series of events helps her overcome her stuttering. A fast-paced commentary on a tyrannical teacher, a helpful psychiatrist, people, and today's world, written from the point of view of a perceptive, modern-day 11-year-old.

*Lee, Mildred.* **THE SKATING RINK.** *Seabury, 1969. 126 pp. $7.95. (Ages 10-14)*

Fifteen-year-old Tuck Faraday has locked himself into a silent and isolated world because of his stammering; the understanding owner of a new skating rink helps him break out.

*Stanek, Muriel.* **GROWL WHEN YOU SAY R.** *Albert Whitman, 1979. 32 pp. $8.25. (Ages 5-8)*

Robbie does not pronounce the "r" sound correctly. When he moves to a new town, his classmates make fun of his mispronunciations. With the help of a speech teacher and lots of practice, Robbie successfully overcomes his problem.

*White, E. B.* **THE TRUMPET OF THE SWAN.** *Harper & Row, 1970. 210 pp. $8.95.; $1.95 (Paper). (All ages)*

Real facts of wildlife and nature blend with delightful fantasy in the charming story of Louis, a trumpeter swan who came into the world lacking a voice and learned to play a trumpet. E. B. White writes for all ages about the conquest of a disability.

## *VISUAL HANDICAPS*

*Delaney, Ned.* **TWO STRIKES, FOUR EYES.** *Houghton Mifflin, 1976. 32 pp. $6.95. (Ages 4-8)*

Toby is a mouse who loves baseball but cannot see without his glasses. A fantasy for young children that deals with the problems of teasing and social fears.

*Dickerson, Peter.* **ANNERTON PIT.** *Little, Brown, 1977. 175 pp. $7.95. (Ages 12-15)*

A lively, contemporary adventure story of two brothers who set off to find their grandfather who is investigating reports of ghosts in Northern England. Jake's blindness is not emphasized but fits naturally into the telling of this exciting tale.

*Eyerly, Jeannette.* **THE SEEING SUMMER.** *J. B. Lippincott, 1981. 153 pp. $9.50. (Ages 10-14)*

The girl who moves next door is blind. Ten-year-old Carey learns much about adaptations and friendship in a story that includes a kidnapping adventure.

*Gill, Derek L. T.* **TOM SULLIVAN'S ADVENTURES IN DARKNESS.** *New American Library, 1976. 106 pp. $1.95 (Paper). (Ages 10-14)*

A version of Tom Sullivan's autobiography, *If You Could See What I Hear*, for younger readers. Included are Tom's account of his childhood and youth, his education at Perkins School for the Blind, Providence College, and Harvard, and his present life with his wife and two children. Positive and informative.

*Greig, Diane; Brightman, Alan J.* **LAURIE.** *Scholastic's Feeling Free, 1978. 31 pp. $2.33 (Paper). (Payment must accompany order; please specify Processing Number K25523.) (Ages 10-14)*

Laurie, a former cast member of the television series "Feeling Free," describes being 14 and being blind. Her honest reporting of real experiences and feelings provides meaningful insight into her world.

*Heide, Florence Parry.* **SOUND OF SUNSHINE, SOUND OF RAIN.** *Parents' Magazine Press, 1970. 34 pp. (Out of Print.) (AGes 5-9)*

The special world of a blind child, where sound and touch are important but color is not, is described with understanding and sensitivity. Noteworthy illustrations by Kenneth Longtemps complement the text.

*Kent, Deborah.* **BELONGING.** *Ace Books, 1979. 100 pp. $1.95 (Paper). (Ages 12-15)*

Fifteen-year-old Meg has chosen to go to a regular high school rather than the special school for blind students. The difficulties and challenges she encounters in her desire for normal acceptance and her relationships with peers and teachers are described convincingly; the author was herself the only blind student in a regular public school.

*Little, Jean.* **LISTEN FOR THE SINGING.** *E. P. Dutton, 1977. 215 pp. $9.95. (Ages 9-12)*

This book presents further happenings of the family met in *From Anna* (Harper & Row, 1972). Anna, who has an acute vision problem, is now entering a regular high school. It is 1939; her new country, Canada, is at war with Germany, the land of Anna's birth. (As a person with cerebral palsy and visual handicaps who has been a teacher of children with intellectual and motor impairments, Jean Little writes with special insight and understanding of the world of people with a handicap.)

*Marcus, Rebecca.* **BEING BLIND.** *Hastings House, 1981. 119 pp. $6.95. (Ages 8-12)*

This interesting and informative book traces the history of attitudes towards people with visual handicaps as well as treatments and training techniques. Good photographs illustrate the topics of how a blind baby learns, how education has changed, how sight is lost, living day to day, and earning a living.

*McPhee, Richard.* **TOM & BEAR.** *Thomas Y. Crowell, 1981. 149 pp. $10.50. (Ages 10-14)*

A factual account of the complete 26-day training process of a guide dog team by Guiding Eyes for the Blind is detailed. The author-photographer provides much additional information about blindness, the people being trained, and the early history of one guide dog.

*Newth, Philip.* **ROLY GOES EXPLORING.** *Philomel, 1981. Unpaginated. $12.95 (Paper). (Ages 5-8)*

Roly explores the geometric shapes in the book in which he lives. The unique format is described as a "book for blind and sighted children, in Braille and standard type, with pictures to feel as well as to see."

*Peterson, Palle.* **SALLY CAN'T SEE.** *(Translated from the Danish by Peggy Blakely.) John Day, 1977. Unpaginated. $5.75. (Ages 5-9)*

Twelve-year-old Sally, who was born blind, appears in vivid color photographs of many activities at school and at home. This positive and

helpful book can guide children in understanding how Sally's other senses can substitute for vision.

*Wahl, Jan.* **THE LITTLE BLIND GOAT.** *Stemmer House, 1981. 33 pp. $10.95. (Ages 4-8)*

The little goat Casimiro cannot see but he learns to use his other senses with some help from his friends. Beautiful graphics by Antonio Frasconi.

*Wolf, Bernard.* **CONNIE'S NEW EYES.** *Harper & Row, 1976. 96 pp. $10.95. Archway. $1.75 (Paper). (Ages 10-14)*

A photographic essay details both the training of Blythe, a Seeing-Eye dog, and that of her new mistress, Connie, who has been blind for all of her 22 years. Connie and Blythe are also shown together in the school for children with handicaps where Connie is a new teacher. Informative and factually complete.

*Woemek, Frances.* **A BOWL OF SUN.** *Children's Press, 1976. 47 pp. $8.65. (Ages 5-9)*

Megan lives a sheltered life with her father until they move to a big city with a special school for Megan, who is blind. A warm, contemporary story.

# PART V

# REFERENCES SPECIFICALLY BY PERSONS WITH DISABILITIES -- A LISTING

REFERENCES SPECIFICALLY BY PERSONS WITH DISABILITIES -- A LISTING


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# PART VI

# JOURNALS, DIRECTORIES, AND INDEXES

## JOURNALS

### *FOR ALL DISABILITIES*

**CHILDREN TODAY.** *U. S. Department of Health and Human Services, Office of Human Development Services, Administration for Children, Youth, and Families, Children's Bureau. 6 issues a year, $14.00. (Send payment to the Superintendent of Documents, U. S. Government Printing Office, Washington, D. C. 20402.)*

**DISABLED USA.** *President's Committee on Employment of the Handicapped, Washington, D. C. 20210. Bimonthly, no charge.*

**EXCEPTIONAL CHILDREN.** *Council for Exceptional Children, 1920 Association Drive, Reston, Virginia 22091. 6 issues a year, $25.00, or with membership.*

**EXCEPTIONAL PARENT.** *Psy-Ed Corporation, 296 Boylston Street, Third Floor, Boston, Massachusetts 02116. 6 issues a year, $14.00.*

**FOCUS ON EXCEPTIONAL CHILDREN.** *Love Publishing Company, 1777 South Bellaire Street, Denver, Colorado 80222. 9 issues a year, $10.00.*

**JOURNAL OF REHABILITATION.** *National Rehabilitation Association, 633 South Washington Street, Alexandria, Virginia 22314. 4 issues a year, $20.00, or with membership.*

**REHABILITATION LITERATURE.** *Easter Seal Society, 2023 West Ogden Avenue, Chicago, Illinois, 60612. 6 issues a year, $15.00.*

**TEACHING EXCEPTIONAL CHILDREN.** *Council for Exceptional Children, 1920 Association Drive, Reston, Virginia 22091. 4 issues a year, with membership.*

**UP FRONT.** *UPF, Inc., 90 Cherry Street, Box 19, Johnstown, Pennsylvania 15907. 6 issues a year, $15.00; two years, $20.00.*

### *FOR AUTISM*

**JOURNAL OF AUTISM AND DEVELOPMENTAL DISORDERS.** *Plenum Publishing Corporation, 233 Spring Street, New York, New York 10013. 4 issues a year, $25.00 for individuals.*

### *FOR HEARING HANDICAPS*

**THE DEAF AMERICAN.** *National Association of the Deaf, 814 Thayer Avenue, Silver Spring, Maryland 20910. 8 issues a year, $10.00.*

**THE VOLTA REVIEW.** *Alexander Graham Bell Association for the Deaf, 3417 Volta Place, Northwest, Washington, D. C. 20007. 7 issues a year, $35.00 with membership.*

### *FOR LEARNING DISABILITIES*

**ACADEMIC THERAPY.** *Academic Therapy Publications, Inc. 20 Commercial Boulevard, Novato, California 94947. 5 issues a year, $9.00.*

**JOURNAL OF LEARNING DISABILITIES.** *The Professional Press, Inc. 101 East Ontario Street, Chicago, Illinois 60611. 10 issues a year, $24.00.*

**LEARNING DISABILITIES QUARTERLY.** *Council for Exceptional Children, 1920 Association Drive, Reston, Virginia 22091. 4 issues a year, $12.50, or with membership.*

### *FOR MENTAL RETARDATION*

**AMERICAN JOURNAL OF MENTAL DEFICIENCY.** *American Association on Mental Deficiency, 5101 Wisconsin Avenue, Northwest, Washington, D. C. 20016. 6 issues a year, $20.00.*

**EDUCATION AND TRAINING OF THE MENTALLY RETARDED.** *Council for Exceptional Children, 1920 Association Drive, Reston, Virginia 22091. 4 issues a year, $16.00, or with membership.*

**JOURNAL FOR SPECIAL EDUCATORS.** *American Association of Special Educators, 179 Sierra Vista Lane, Valley Cottage, New York 10989. 4 issues a year, $15.00 with membership.*

**MENTAL RETARDATION.** *American Association on Mental Deficiency, 5101 Wisconsin Avenue, Northwest, Washington, D. C. 20016. 6 issues a year, $26.00, or with membership.*

**SHARING OUR CARING.** *Caring, Post Office Box 400, Milton, Washington 98354. 5 issues a year, $10.00.*

### *FOR PHYSICAL HANDICAPS*

**ACCENT ON LIVING.** *Cheever Publishing, Inc., Post Office Box 700, Gillum Road and High Drive, Bloomington, Illinois 61701. 4 issues a year, $5.00.*

### *FOR VISUAL IMPAIRMENTS*

**JOURNAL OF VISION IMPAIRMENT AND BLINDNESS.** *American Foundation for the Blind, 15 West 16th Street, New York, New York 10011. 10 issues a year, $15.00.*

### *FOR SEVERE AND MULTIPLE HANDICAPS*

**JASH.** *The Association for the Severely Handicapped, 7010 Roosevelt Way Northeast, Seattle, Washington 98115. 4 issues a year, $30.00, or with membership.*

## DIRECTORIES

NOTE: Consult current edition; number of pages are approximate.

### *FOR ALL DISABILITIES*

**COLLEGE GUIDE FOR STUDENTS WITH DISABILITIES.** *Abt Books. 545 pp. $32.50 (Hardback); $18.50 (Paper).*

**DIRECTORY FOR EXCEPTIONAL CHILDREN: A LISTING OF EDUCATIONAL AND TRAINING FACILITIES.** *Porter Sargent. 1300 pp. $25.00.*

**DIRECTORY OF AMERICAN ASSOCIATION OF UNIVERSITY AFFILIATED PROGRAMS FOR THE DEVELOPMENTALLY DISABLED.** *AAUAP. 58 pp. Free.*

**DIRECTORY OF NATIONAL INFORMATION SOURCES ON HANDICAPPING CONDITIONS AND RELATED SERVICES.** *Clearinghouse on the Handicapped. 200 pp. $8.00.*

**DIRECTORY OF ORGANIZATIONS INTERESTED IN THE HANDICAPPED.** *People-to-People Committee for the Handicapped. 64 pp. $2.00 (for handicapped individuals and families); $3.00 (all other parties).*

**DIRECTORY OF PRIVATE SCHOOLS FOR EXCEPTIONAL CHILDREN.** *National Association of Private Schools for Exceptional Children. 90 pp. Free.*

**DISABILITY AND REHABILITATION HANDBOOK.** *McGraw-Hill. 846 pp. $24.50.*

**EASTER SEAL DIRECTORY OF RESIDENT CAMPS FOR PERSONS WITH SPECIAL HEALTH NEEDS.** *National Easter Seal Society. 71 pp. $3.00.*

**GETTING THROUGH COLLEGE WITH A DISABILITY: A SUMMARY OF SERVICES AVAILABLE ON 500 CAMPUSES FOR STUDENTS WITH HANDICAPPING CONDITIONS.** *President's Committee on Employment of the Handicapped. 64 pp. Free.*

**HANDICAPPED FUNDING DIRECTORY.** *Research Grant Guides. 165 pp. $16.50.*

**INTERNATIONAL DIRECTORY: BIRTH DEFECTS, GENETIC SERVICES.** *March of Dimes Birth Defects Foundation. 58 pp. Free.*

**LISTING OF DISABILITY-ORIENTED CONSUMER AND SUPPORT ORGANIZATIONS.** *Regional Rehabilitation Research Institute on Attitudinal, Legal, and Leisure Barriers. 9 pp. Free.*

**YEARBOOK OF SPECIAL EDUCATION.** *Marquis Who's Who. 600 pp. $37.50.*

### *FOR EMOTIONAL HANDICAPS*

**DIRECTORY OF HALFWAY HOUSES AND COMMUNITY RESIDENCES FOR THE MENTALLY ILL.** *U. S. Department of Health and Human Services, National Clearinghouse for Mental Health Information. $1.80.*

**MENTAL HEALTH DIRECTORY.** *U. S. Department of Health and Human Services, National Clearinghouse for Mental Health Information. Single copy free.*

**U. S. FACILITIES AND PROGRAMS FOR CHILDREN WITH SEVERE MENTAL ILLNESSES.** *U. S. Department of Health and Human Services, National Clearinghouse for Mental Health Information. 504 pp. Single copy free.*

### *FOR HEARING AND SPEECH HANDICAPS*

**DIRECTORY.** *Alexander Graham Bell Association for the Deaf. 120 pp. Free.*

**AMERICAN ANNALS OF THE DEAF: APRIL, NO. 2 (REFERENCE) ISSUE** *(yearly directory of programs and services for deaf persons). American Annals of the Deaf. 259 pp. $6.50.*

**GUIDE TO CLINICAL SERVICES IN SPEECH PATHOLOGY AND AUDIOLOGY.** *American Speech-Language-Hearing Association. 215 pp. $8.00.*

### *FOR LEARNING DISABILITIES*

**DIRECTORY OF FACILITIES AND SERVICES FOR THE LEARNING DISABLED.** *Academic Therapy Publications. 64 pp. $1.00 (postage and handling).*

**DIRECTORY OF SUMMER CAMPS FOR CHILDREN WITH LEARNING DISABILITIES.** *Association for Children and Adults with Learning Disabilities. 36 pp. $1.00.*

**NATIONAL DIRECTORY OF FOUR YEAR COLLEGES, TWO YEAR COLLEGES AND POST HIGH SCHOOL TRAINING PROGRAMS FOR YOUNG PEOPLE WITH LEARNING DISABILITIES.** *Partners in Publishing. 41 pp. $11.45.*

### *FOR MENTAL RETARDATION*

**CLINICAL PROGRAMS FOR MENTALLY RETARDED CHILDREN.** *U. S. Department of Health and Human Services, Health Services Administration, Bureau of Community Health Services. 43 pp. Single copy free.*

**INTERNATIONAL DIRECTORY OF MENTAL RETARDATION RESOURCES.** *President's Committee on Mental Retardation and the International League of Societies for the Mentally Handicapped. 360 pp. Single copy free from PCMR. Publication No. (OHDS) 79-21019.*

### *FOR PHYSICAL HANDICAPS*

**ACCENT ON LIVING BUYER'S GUIDE: YOUR NUMBER ONE SOURCE OF INFORMATION ON PRODUCTS FOR THE DISABLED.** *Cheever Publishing. 125 pp. $10.00.*

**ACCESS AMTRAK: A GUIDE TO AMTRAK SERVICES FOR ELDERLY AND HANDICAPPED TRAVELERS.** *Western Folder Distributing Company. Free.*

**ACCESS NATIONAL PARKS: A GUIDE FOR HANDICAPPED VISITORS.** *National Park Service. 197 pp. $3.50. (Available from the U. S. Government Printing Office, Stock No. 024-005-00691-5.)*

**HIGHWAY REST AREAS FOR HANDICAPPED TRAVELERS.** *President's Committee on Employment of the Handicapped. Free.*

**INTERNATIONAL DIRECTORY OF ACCESS GUIDES.** *Rehabilitation International U.S.A. Free to disabled and elderly persons.*

**REHAB PURCHASING GUIDE.** *IMS Press. $35.00.*

### *FOR VISUAL HANDICAPS*

**ADDRESS LIST: REGIONAL AND SUBREGIONAL LIBRARIES FOR THE BLIND AND PHYSICALLY HANDICAPPED.** *National Library Service for the Blind and Physically Handicapped. Published twice a year. About 30 pp. Free.*

**DIRECTORY OF AGENCIES SERVING THE VISUALLY HANDICAPPED IN THE UNITED STATES.** *American Foundation for the Blind. 437 pp. $10.00.*

### *FOR PRIVATE SCHOOLS AND CAMPS*

**GUIDE TO SUMMER CAMPS AND SUMMER SCHOOLS.** *Porter Sargent. $12.00 (Hardback); $9.00 (Paper).*

**HANDBOOK OF PRIVATE SCHOOLS.** *Porter Sargent. $25.00.*

**PARENTS' GUIDE TO ACCREDITED CAMPS.** *American Camping Association. $5.95.*

**PRIVATE INDEPENDENT SCHOOLS.** *Bunting & Lyon. 854 pp. $35.00.*

## ORGANIZATIONS AND AGENCIES

Abbott Laboratories, Public Affairs, Department 383P, North Chicago, Illinois 60064.

Accent on Information, Post Office Box 700, Bloomington, Illinois 61701.

Alexander Graham Bell Association for the Deaf, 3417 Volta Place, Northwest, Washington, D. C. 20007.

American Alliance for Health, Physical Education, and Recreation, 1900 Association Drive, Reston, Virginia 22091.

American Annals of the Deaf, 5034 Wisconsin Avenue, Northwest, Washington, D. C. 20016.

American Association of Special Educators, 107-20 125th Street, Richmond Hill, New York 11419.

American Association of University Affiliated Programs for the Developmentally Disabled, 2033 M Street, Northwest, Suite 406, Washington, D. C. 20036.

American Association on Mental Deficiency, 5101 Wisconsin Avenue, Northwest, Washington, D. C. 20016.

American Automobile Association. Consult phone directory for local office.

American Bar Association, Commission on the Mentally Disabled, 1800 M Street, Northwest, Washington, D. C. 20036.

American Camping Association, 110 Bradford Woods, Martinsville, Indiana 46151.

American Cancer Society, 777 Third Avenue, New York, New York 10017.

American Cleft Palate Educational Foundation, 331 Salk Hall, University of Pittsburgh, Pittsburgh, Pennsylvania 15261.

American Coalition of Citizens with Disabilities, 1200 Fifteenth Street, Northwest, Washington, D. C. 20005.

American College of Obstetricians and Gynecologists, 600 Maryland Avenue, Southwest, Suite 300 East, Washington, D. C. 20024.

American Council of the Blind, 1211 Connecticut Avenue, Northwest, Washington, D. C. 20036.

American Foundation for the Blind, 15 West 16th Street, New York, New York 10011.

Organizations and Agencies

American Heart Association, 7320 Greenville Avenue, Dallas, Texas 75231.

American National Red Cross, 431 Seventeenth Street, Northwest, Washington, D. C. 20006.

American Printing House for the Blind, 1839 Frankfort Avenue, Louisville, Kentucky 40206.

American Speech-Language-Hearing Association, 10801 Rockville Pike, Rockville, Maryland 20852.

Architectural and Transportation Barriers Compliance Board, Washington, D. C. 20202.

Arthritis Foundation, 3400 Peachtree Road, N.E., Atlanta, Georgia 30326.

Association for the Care of Children's Health, 3615 Wisconsin Avenue, Northwest, Washington, D. C. 20016.

Association for Children and Adults with Learning Disabilities, 4156 Library Road, Pittsburgh, Pennsylvania 15234.

Association for Retarded Citizens, 2501 Avenue J, Arlington, Texas 76011.

The Association for the Severely Handicapped, 7010 Roosevelt Way Northeast, Seattle, Washington 98115.

Asthma and Allergy Foundation of America, 19 West 44th Street, New York, New York 10036.

Autism Services Center, 101 Richmond Street, Huntington, West Virginia 25702.

Benhaven, 9 St. Ronan Terrace, New Haven, Connecticut 06511.

Bethesda Lutheran Home, 700 Hoffman Drive, Watertown, Wisconsin 53094.

Brian's House, Inc., Box 802, West Chester, Pennsylvania 19380.

California Association for Neurologically Handicapped Children, 645 Odin Drive, Pleasant Hill, California 94523.

Canadian Association for the Mentally Retarded, Kinsmen NIMR Building, York University Campus, 4700 Keele Street, Downsview (Toronto), Ontario, Canada M3J 1P3.

Candlelighters Foundation, 123 C Street, Southeast, Washington, D. C. 20003.

Center for Independent Living, 2054 University Avenue, Berkeley, California 94704.

Center for Independent Living, Disability Law Resource Center, 2539 Telegraph Avenue, Berkeley, California 94704.

Center on Human Policy, 216 Ostrom Avenue, Syracuse University, Syracuse, New York 13210.

Charlottesville Center for Dyslexia, 170 Rugby Road, Madison House, Charlottesville, Virginia 22903.

Children's Defense Fund, 122 C Street, Northwest, Washington, D. C. 20001.

Children's Hospital Medical Center, Elland and Bethesda Avenues, Cincinnati, Ohio 45229.

Children's Television Workshop, Community Educational Services Division, One Lincoln Plaza, New York, New York 10023.

City University of New York, Teaching Resource Center, The Graduate School and University Center, Room 122, 33 West 42nd Street, New York, New York 10036.

Commonwealth Mental Health Foundation, 4 Marlboro Road, Lexington, Massachusetts 02173.

Comprehensive Epilepsy Program, University of Minnesota, 2829 University Avenue, S.E., #318, Minneapolis, Minnesota 55414.

Consumer Information Center, Pueblo, Colorado 81009.

Coordinating Council for Handicapped Children, Parent Information Center, 407 South Dearborn Street, Chicago, Illinois 60605.

Council for Exceptional Children, 1920 Association Drive, Reston, Virginia 22091.

Cystic Fibrosis Foundation, 6000 Executive Boulevard, Suite 309, Rockville, Maryland 20852.

Disability Rights Center, 1346 Connecticut Avenue, Northwest, Washington, D. C. 20036.

Down's Syndrome Center, Department of Pediatrics, University of Maryland Hospital, 22 South Greene Street, Baltimore, Maryland 21201.

Down's Syndrome Congress, c/o Penny Schimpler, 706 South Bunn Street, Bloomington, Illinois 61701.

Educational Services Division, Children's Television Workshop, Department A, One Lincoln Plaza, New York, New York 10023.

Organizations and Agencies

El Paso Rehabilitation Center, 2630 Richmond Avenue, El Paso, Texas 79930.

Epilepsy Foundation of America, 1828 L Street, Northwest, Washington, D. C. 20036.

ERIC Clearinghouse on Elementary and Early Childhood Education, University of Illinois, College of Education, Urbana, Illinois 61810.

Feingold Association of the United States, 1029 Jerico Turnpike, Smithtown, New York 11787.

Gallaudet College Bookstore, Kendall Green, Washington, D. C. 20002.

Gallaudet College, Public Services Division, Washington, D. C. 20002.

Marc Gold Associates, ICBD, 51 Gerty Drive, Champaign, Illinois 61820.

HEATH Resource Center, American Council on Education, One Dupont Circle, Washington, D. C. 20036.

Illinois Office of Education, Instructional Materials Center, 100 North 1st Street, Springfield, Illinois 62777.

Infant Metabolic Diagnostic Laboratory, 2233 Wisconsin Avenue, Northwest, Suite 400, Washington, D. C. 20007.

Institute for Child Behavior Research, 4157 Adams Avenue, San Diego, California 92116.

Institute for Information Studies, 200 Little Falls Street, Suite 104, Falls Church, Virginia 22046.

Institute of Rehabilitation Medicine, New York University Medical Center, 400 East 34th Street, New York, New York 10016.

International Association of Parents of the Deaf, 814 Thayer Avenue, Silver Spring, Maryland 20910.

International League of Societies for the Mentally Handicapped, 13 Rue Forestiere, B, 1050 Bruxelles, Belgium.

Iowa Association for Children with Learning Disabilities, 920 Highwood Street, Iowa City, Iowa 52240.

The John F. Kennedy Institute for Handicapped Children, Nutrition Division, Room 20, 707 North Broadway, Baltimore, Maryland 21205.

Joseph P. Kennedy, Jr., Foundation, 1701 K Street, Northwest, Washington, D. C. 20006.

Junior League of Spartanburg, Post Office Box 2811, Spartanburg, South Carolina 29304.

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Research and Training Center in Mental Retardation, Box 4150, Texas Tech University, Lubbock, Texas 79409.

Research Grant Guides, Post Office Box 357, Oceanside, New York 11572.

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